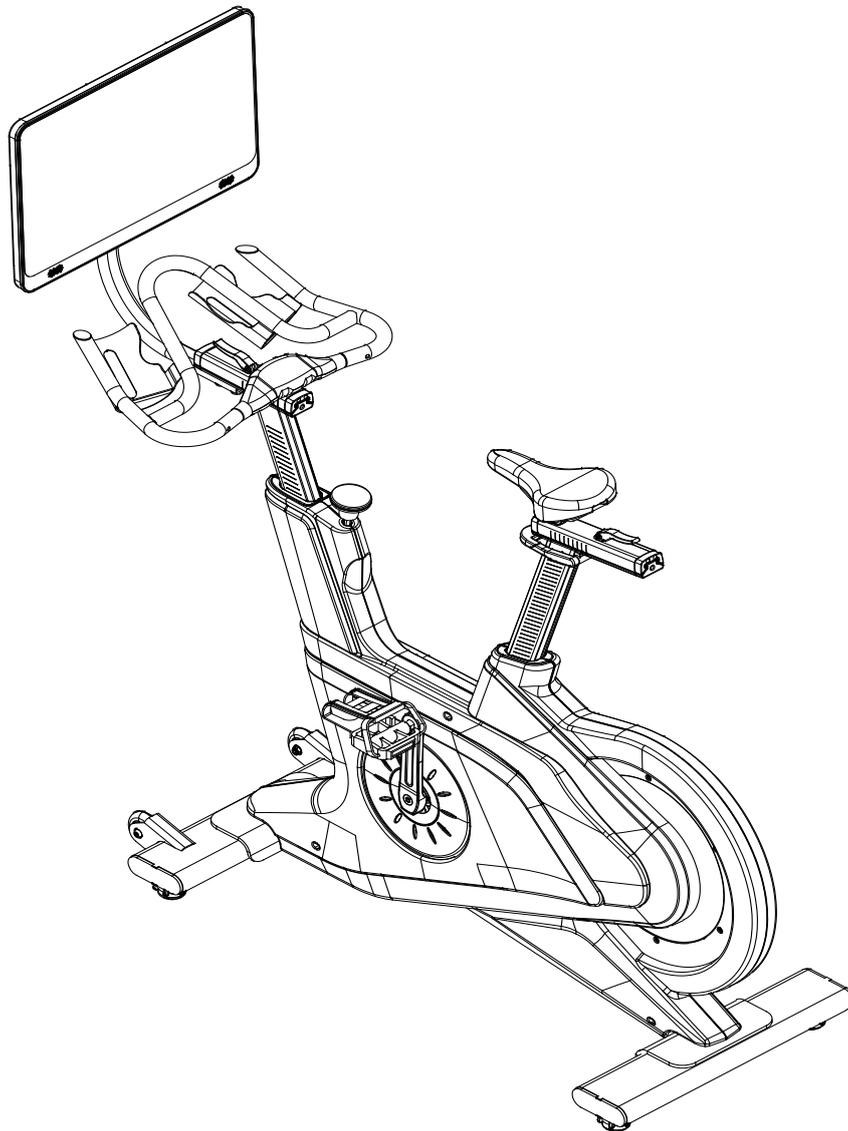


# TAURUS®

## Assembly and Operating Instructions



max. 150 kg



~ 60 Min.



66 kg

L 153 | W 52 | H 158

CVEB2517.01.05

SKU: CVEB2517

**Taurus Smart Bike Z9.9 Pro**



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## Dear customer,

Thank you for choosing a high-quality equipment of the brand Taurus®. Taurus® offers sports and fitness equipment for the sophisticated home sport and the equipment of fitness studios and business customers. With Taurus® fitness equipment, the focus is on what sport is all about: maximum performance! Therefore, the equipment is developed in close consultation with athletes and sports scientists. Because athletes know best what makes perfect fitness equipment.

Further information can be found at [www.sport-tiedje.com](http://www.sport-tiedje.com).

### Intended Use

The equipment may only be used for its intended purpose.

The equipment is suitable for home use and semi-professional use (e.g. hospitals, clubs, hotels, schools, etc.). The equipment is not suitable for commercial or professional use (e.g. fitness studio).

## Legal Notice

Sport-Tiedje GmbH  
Europe's No. 1 for home fitness

International Headquarters  
Flensburger Straße 55  
24837 Schleswig  
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Management:  
Christian Grau  
Sebastian Campmann  
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No. HRB 1000 SL  
Local Court Flensburg  
European VAT Number: DE813211547

## Disclaimer



©2011 Taurus® is a registered brand of the company SportTiedje GmbH. All rights reserved. Any use of this trademark without the explicit written permission of Sport-Tiedje is prohibited.

Product and manual are subject to change. Technical data can be changed without advance notice.

## ABOUT THIS MANUAL

Please carefully read the entire manual before installation and first use. The manual will help you to quickly set up the system and explains how to safely use it. Make sure that all persons exercising with the equipment (especially children and persons with physical, sensory, mental or motor disabilities) are informed about this manual and its contents in advance. In case of doubt, responsible persons must supervise the use of the equipment.



Due to ongoing changes and software optimisations, the manual may have to be updated. If you notice any discrepancies during assembly or use, please refer to the manual uploaded to the webshop. The latest manual is always available there.

This equipment has been manufactured according to the latest safety knowledge. As far as possible, potential safety hazards which could cause injury have been eliminated. Make sure to carefully follow the instructions and that all parts are securely in place. If required, read through the instructions again to correct any mistakes.

Please pay close attention to the safety and maintenance instructions given here. The contract partner cannot be held liable for damage to health, accidents or damage to the equipment when it is not used in accordance with these instructions.

The following safety instructions may appear in this manual:

► **ATTENTION**

This notice indicates potentially hazardous situations which, if not avoided, may result in property damage.

⚠ **CAUTION**

This notice indicates potentially hazardous situations which, if not avoided, may result in slight or minor injuries!

⚠ **WARNING**

This notice indicates potentially hazardous situations which, if not avoided, may result in death or serious injuries!

⚠ **DANGER**

This notice indicates potentially hazardous situations which, if not avoided, will result in death or serious injuries!

ⓘ **NOTICE**

This notice indicates further useful information.

Retain these instructions in a safe place for future reference, maintenance or when ordering replacement parts.

**Check your TFT console regularly for possible software updates.  
If available, make sure to carry out the updates.**

## 1.1 Technical Data

### TFT Display of

- + Speed in km/h
- + Rotations per minute
- + Training time in min
- + Training distance
- + Calorie consumption in kcal
- + Heart rate (when using the chest strap)
- + Watt

Resistance system: electrical magnetic brake system  
Resistance levels: 32  
Flywheel mass: 15 kg

Wattage  
Min. and max. Watt at 60 RPM: 25-330 W  
Min. and max. Watt at 100 RPM: 53-750 W  
Adjustable range in the Watt programme: 20-350 W

Total training programmes: 20  
Quick Start programmes: 1  
Target programmes: 1  
Pre-set programmes: 12  
Interval programmes: 1  
HRC programmes: 4  
Watt programmes: 1

### Weight and Dimensions:

Article weight (gross, incl. packaging) approx.: 73 kg  
Article weight (net, without packaging) approx.: 66 kg  
Packaging dimensions (L x W x H) approx.: 126 cm x 33 cm x 90 cm  
Set up dimensions (L x W x H) approx.: 153 cm x 52 cm x 158 cm

Maximum user weight: 150 kg

## 1.2 Personal Safety

### **DANGER**

- + Before you start using the equipment, you should consult your physician that this type of exercise is suitable for you from a health perspective. Particularly affected are persons who: have a hereditary disposition to high blood pressure or heart disease, are over the age of 45, smoke, have high cholesterol values, are overweight and/or have not exercised regularly in the past year. If you are under medical treatment that affects your heart rate, medical advice is absolutely essential.
- + Note that excessive training can seriously endanger your health. Please also note that heart rate monitoring systems can be inaccurate. If you notice any signs of weakness, nausea, dizziness, pain, shortness of breath, or other abnormal symptoms, stop exercising immediately and seek advice from your doctor if necessary.

### **WARNING**

- + This equipment may not be used by children under the age of 14.
- + Children should not be allowed unsupervised access to the equipment.
- + Persons with disabilities must have a medical license and must be under strict observation when using the equipment.
- + The equipment is strictly for use by one person at a time.
- + If your equipment provides a safety key, the clip of the safety key must be attached to your clothing before starting your training. In the event of a fall, the EMERGENCY STOP of the equipment can be initiated.
- + Keep your hands, feet and other body parts, hair, clothing, jewellery and other objects well clear of moving parts.
- + During use, wear suitable sports clothing rather than loose or baggy clothing. When wearing sports shoes, make sure they have suitable soles, preferably made of rubber or other non-slip materials. Shoes with heels, leather soles, studs or spikes are unsuitable. Never exercise barefoot.

### **CAUTION**

- + If your equipment needs to be connected to the power supply with a mains cable, make sure that the cable is not a potential tripping hazard.
- + Make sure that nobody is within the range of motion of the equipment during training so as not to endanger you or other persons.

### **ATTENTION**

- + Do not insert any objects of any kind into the openings of the device.

## 1.3 Electrical Safety

### **DANGER**

- + In order to reduce the risk of an electric shock, always unplug the equipment from the mains socket immediately after your workout, before assembly or dismantling, and before maintenance or cleaning. Do not pull on the cable.

### **WARNING**

- + Do not leave the equipment unattended while the mains cable is plugged into the mains socket. During your absence, the mains cable must be removed from the mains socket to prevent improper use by third parties or children.
- + If the mains cable or plug is damaged or defective, contact your contract partner. Until repair, the equipment must not be used.

### **ATTENTION**

- + The equipment requires a mains connection of 220-230 V with 50 Hz mains voltage.
- + The equipment may only be connected directly to an earthed socket using the supplied mains cable. Extension cables must conform to VDE guidelines. Always completely unwind the mains cable.
- + The socket must be protected by a fuse with a minimum fuse rating of "16 A, slow blow".
- + Do not make any changes to the mains cable or the mains plug.
- + Keep the mains cable away from water, heat, oil and sharp edges. Do not route the mains cable underneath the equipment or under a carpet or rug, and do not place any objects on top of it.
- + If your purchased item is equipped with a TFT console, software updates must be carried out regularly. Follow the instructions on the console to perform the update(s).
- + The software systems on gym equipment with TFT consoles are set up only for the pre-installed apps. Do not install any additional apps.

### **NOTICE**

- + The pre-installed apps on TFT consoles are produced and provided by external manufacturers. Sport-Tiedje does not take any responsibility for the availability, functionality or contents of these apps.

## 1.4 Set-Up Place

### **WARNING**

- + Do not place the equipment in main corridors or escape routes.

### **CAUTION**

- + Choose a location in which to place the equipment such that there is enough free space/ clearance to the front, the rear and to the sides of the equipment.
- + The training room should be well ventilated during training and not be exposed to any draughts.
- + Choose the place in which to set up the equipment such that there is enough free space/ clearance to the front, the rear and to the sides of the equipment.
- + The set-up and mounting surface of the equipment should be flat, loadable and solid.

### **ATTENTION**

- + The device may only be used in one building, in sufficiently tempered and dry rooms (ambient temperatures between 10°C and 35°C). The equipment should not be used outdoors or in rooms with high humidity (over 70%) like swimming pools.
- + A floor protective mat/equipment underlay can help to protect high-quality floor coverings (parquet, laminate, cork, carpets) from dents and sweat and can help to level out slight unevenness.

## 2.1 General Instructions

**⚠ DANGER**

- + Do not leave any tools, packaging materials such as foils or small parts lying around, as otherwise there is a danger of suffocation for children. Keep children away from the equipment during assembly.

**⚠ WARNING**

- + Pay attention to the instructions attached to the equipment in order to reduce the risk of injuries.

**⚠ CAUTION**

- + Ensure to have sufficient room for movement in each direction during assembly.
- + The assembly of the equipment must be carried out by at least two adults. If in doubt, seek the help of a third technically skilled person.

**▶ ATTENTION**

- + To prevent damage to the equipment and the floor, assemble the equipment on a mat or packaging board.

**ⓘ NOTICE**

- + In order to make the assembly as simple as possible, some screws and nuts to be used can already be pre-assembled.
- + Ideally, assemble the equipment at its later set-up place.

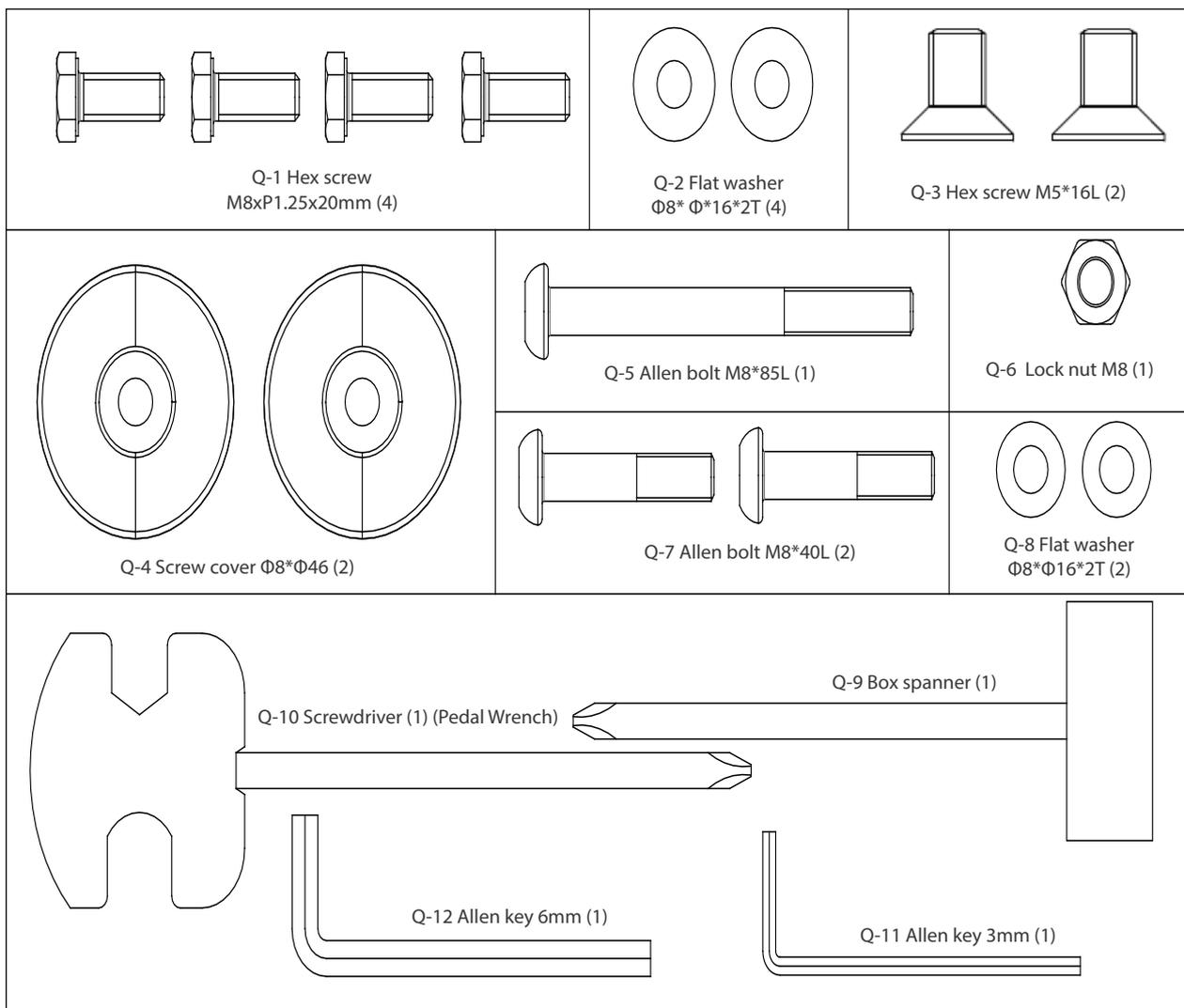
## 2.2 Scope of Delivery

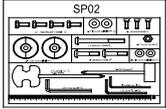
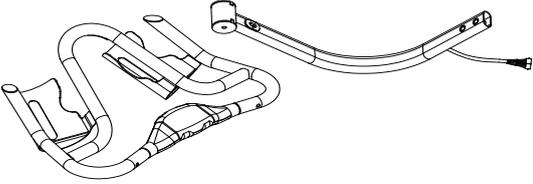
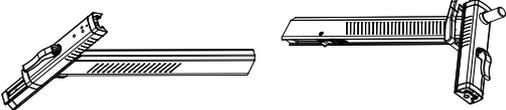
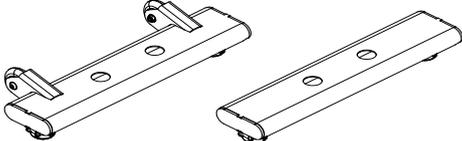
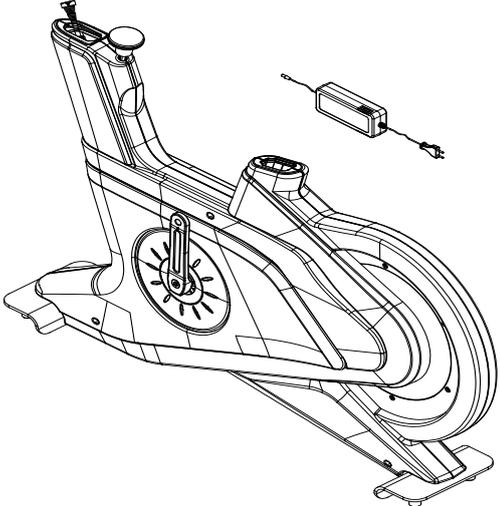
The scope of delivery consist of the following parts. At the beginning, check whether all parts and tools belonging to the device are included in the scope of delivery and whether damage has occurred. In the event of complaints, the contractual partner must be contacted directly.

### CAUTION

If parts of the scope of delivery are missing or damaged, the assembly must not be carried out.

### Hardware pack



	<p>Manual</p>	
		<p>A</p>
		<p>B-1 / E-1</p>
		<p>C / O-1</p>
		<p>D-1 / P-11</p>
		<p>L-35L / L35R</p>
		<p>M / N</p>
		<p>L / R</p>

## 2.3 Assembly

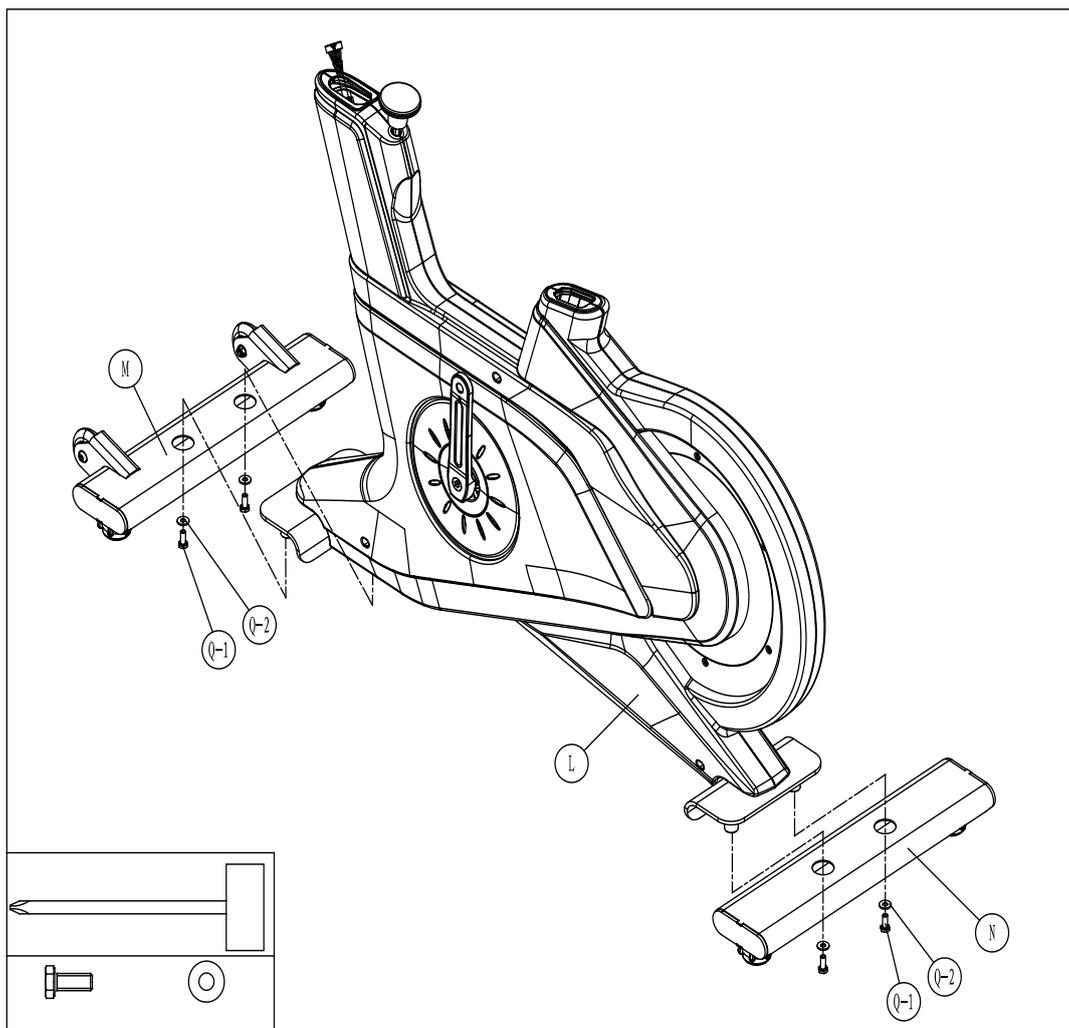
Before assembly, take a close look at the individual assembly steps shown and carry out the assembly in the order given.

### ① NOTICE

- + First loosely screw all parts together and check that they fit properly. Tighten the screws using the tool only when you are instructed to do so.
- + If you have difficulty recognising the graphics, we recommend that you open and/or download the PDF instructions stored in the webshop on your end device (e.g. smartphone, tablet or PC). There you have the option of zooming in closer. Please note that the Adobe Acrobat Reader programme must be installed on your end device in order to open the file.

### Step 1: Assembly of the Front and Rear Stabilizer

1. Mount the front stabilizer (M) and rear stabilizer (N) to the main frame (L) with two hex screws (Q-1) and two flat washers (Q-2) each.
2. Tighten the screws with the tool.



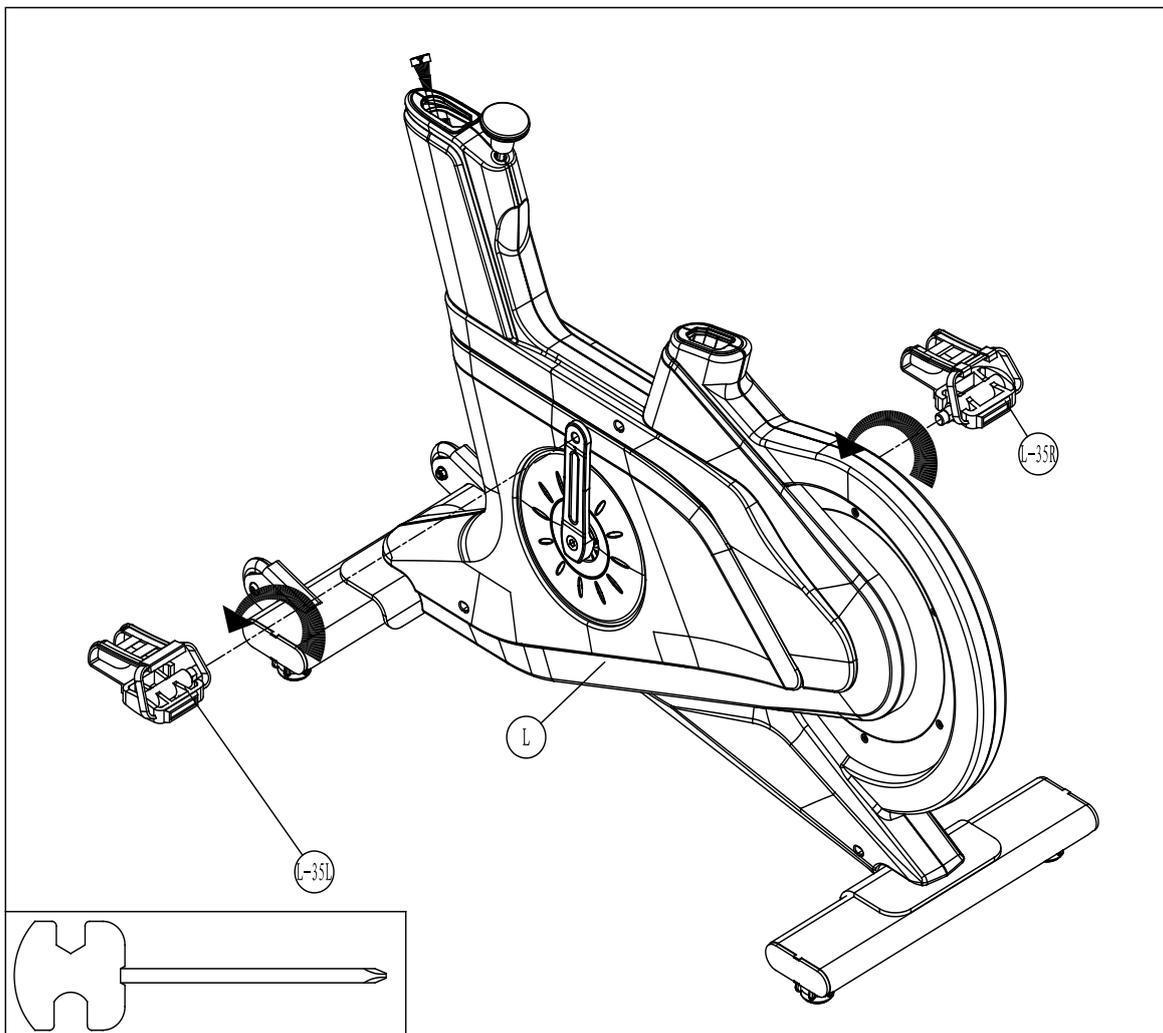
## Step 2: Assembly of the Pedals

1. Screw the right pedal (L-35R) into the thread of the pedal axis located on the right side of the main frame by turning it clockwise.
2. Screw the left pedal (L-35L) into the thread of the pedal axis located on the left side of the main frame by turning it counter clockwise.
3. Tighten the pedals (L-35R / L35-L) with the tool.



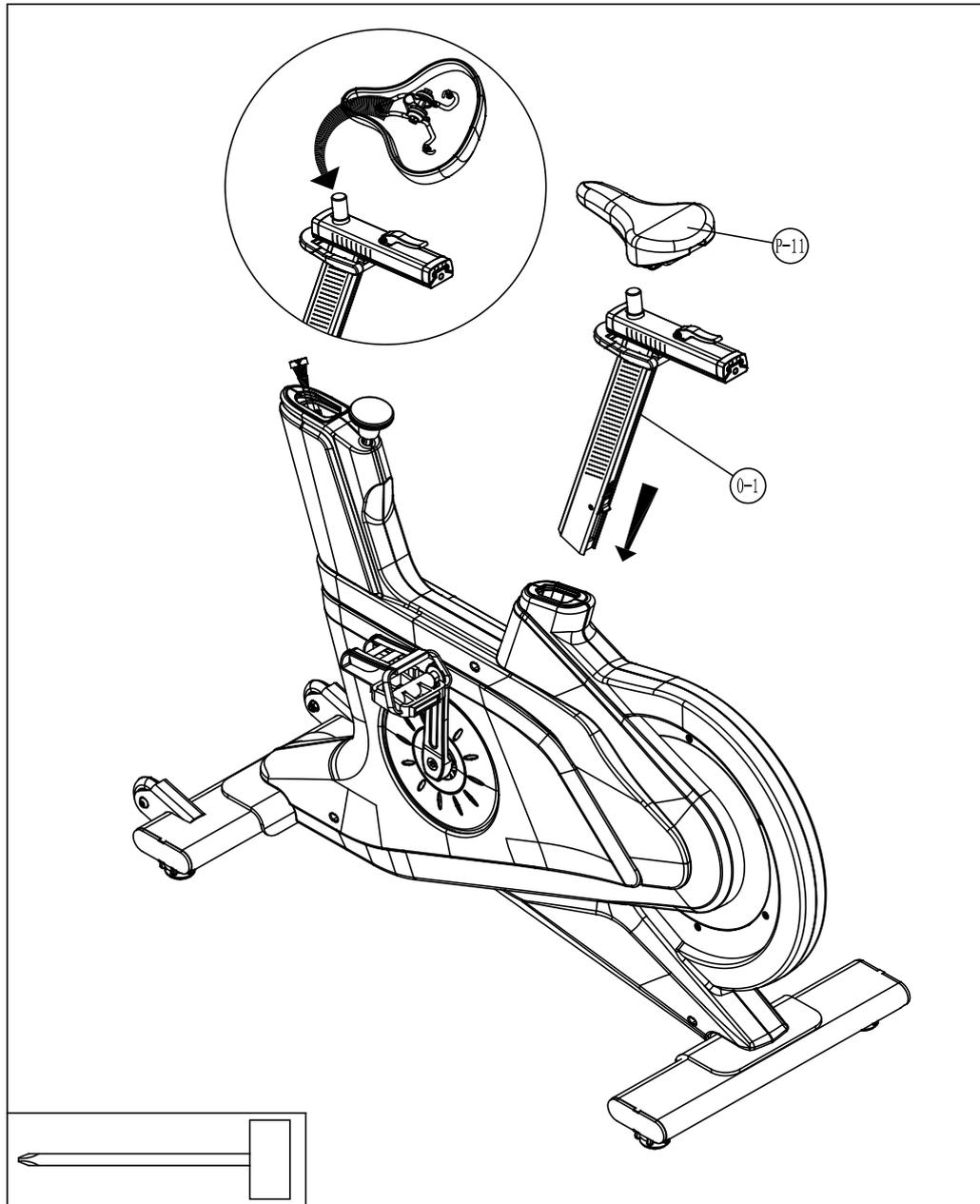
### CAUTION

Make sure to screw in the pedals completely.



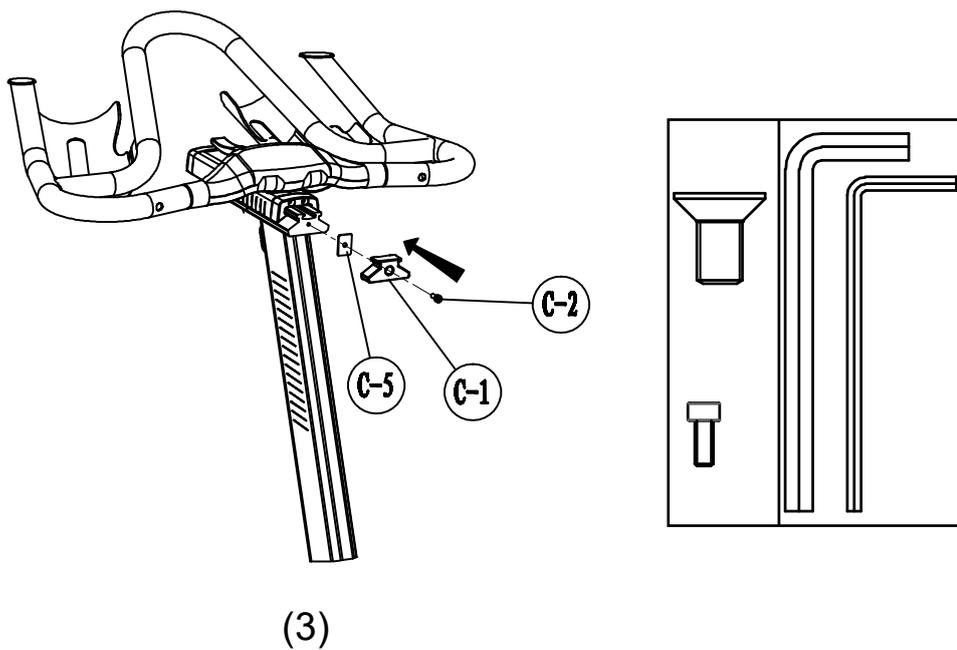
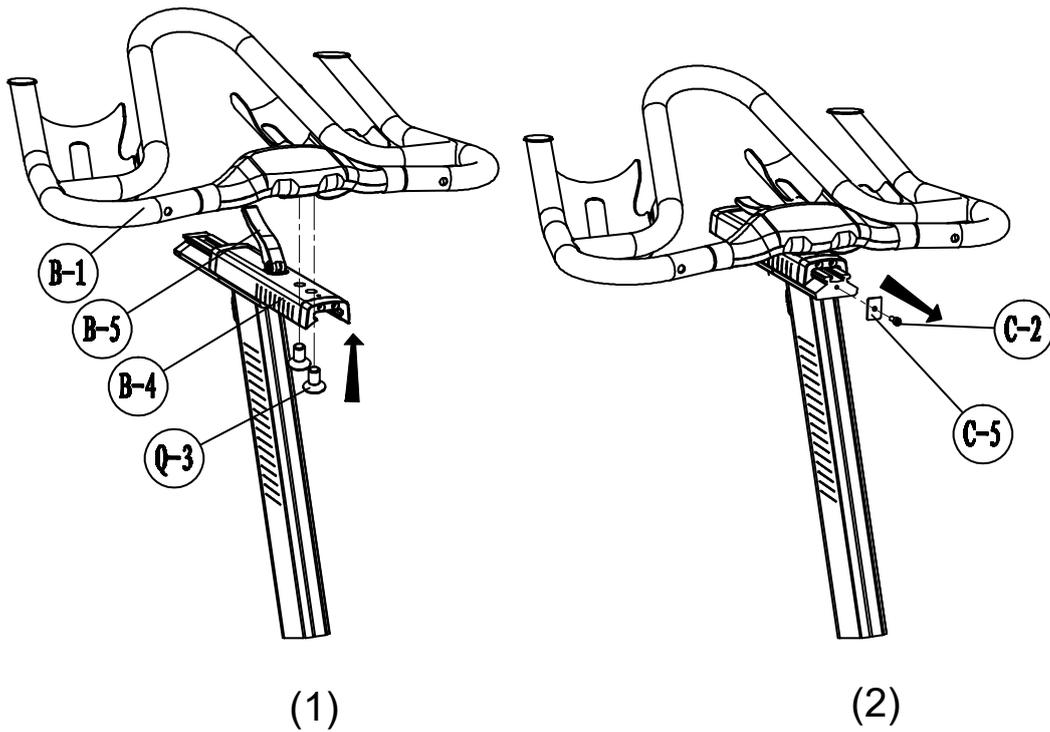
### Step 3: Assembly of the Seat Post and Seat

1. Insert the seat post (O-1) into the main frame (L).
2. Attach the seat (P-11) to the seat post (O-1).
3. Tighten the pre-assembled screw connection on the underside of the seat (P-11) with the tool.



#### Step 4: Assembly of the Handlebar

1. Remove the pre-assembled screw (C-2) and limit piece (C-5).
2. Loosen the pull pin (B-5) and slide out the upper slider (B-4).
3. Attach the handlebar (B-1) to the upper slider (B-4) with two hex screws (Q-3) using the tool (fig. 1).
4. Slide the handlebar into position as shown in fig. 2.
5. Secure the limit piece (C-5) and the lower cover (C-1) with the previously removed screw (C-2) using the tool (fig. 3).



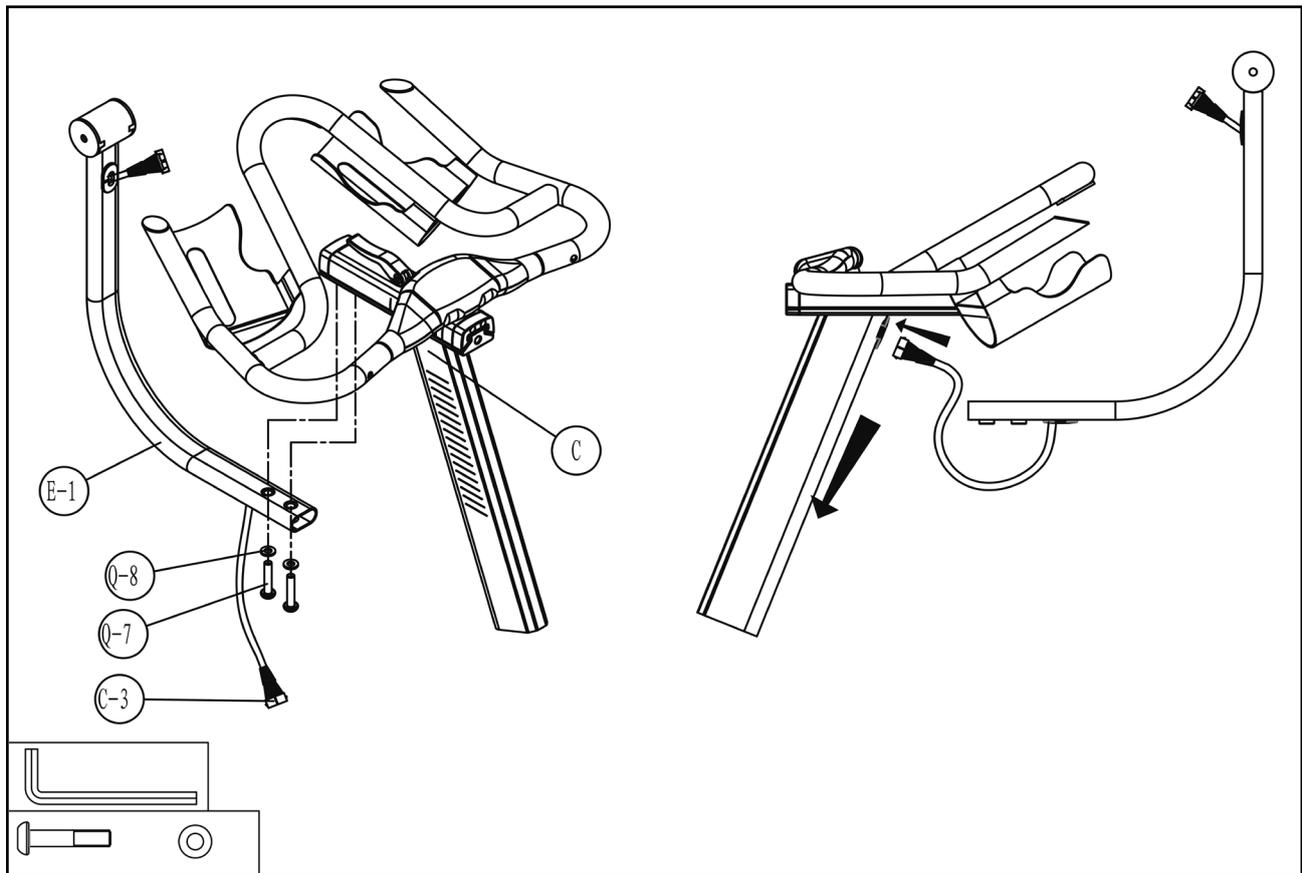
### Step 5: Assembly of the Holder Tube

1. Carefully pull the cable (C-3) through the handlebar post (C).

► **ATTENTION**

Make sure not to pinch the cables during the following steps.

2. Mount the holder tube (E-1) to the the handlebar post (C) with two allen bolts (Q-7) and two flat washers (Q-8).
3. Tighten the bolts (Q-7) with the tool.



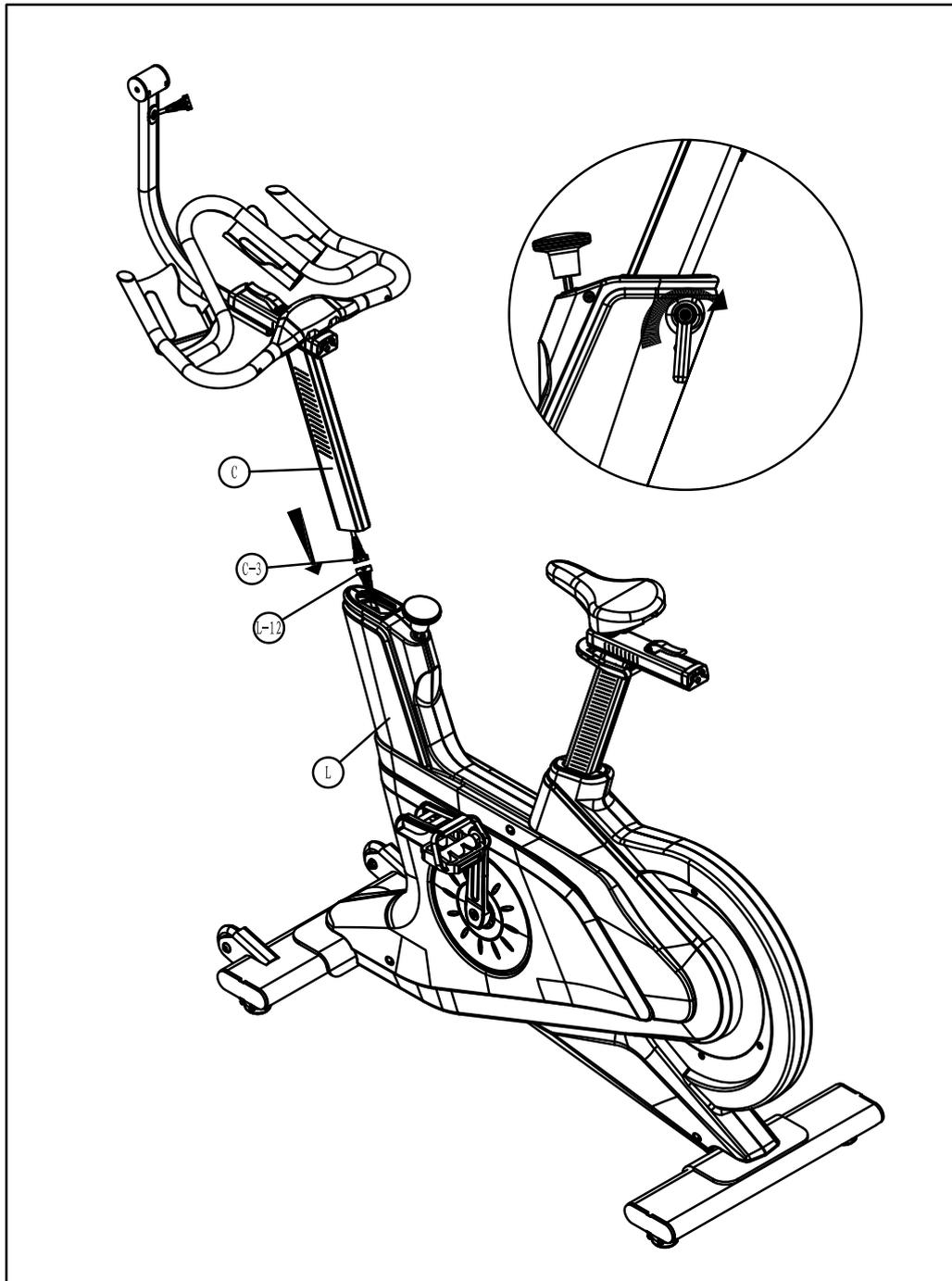
## Step 6: Assembly of the Handlebar Post

1. Connect the cables C-3 and L-12.

► **ATTENTION**

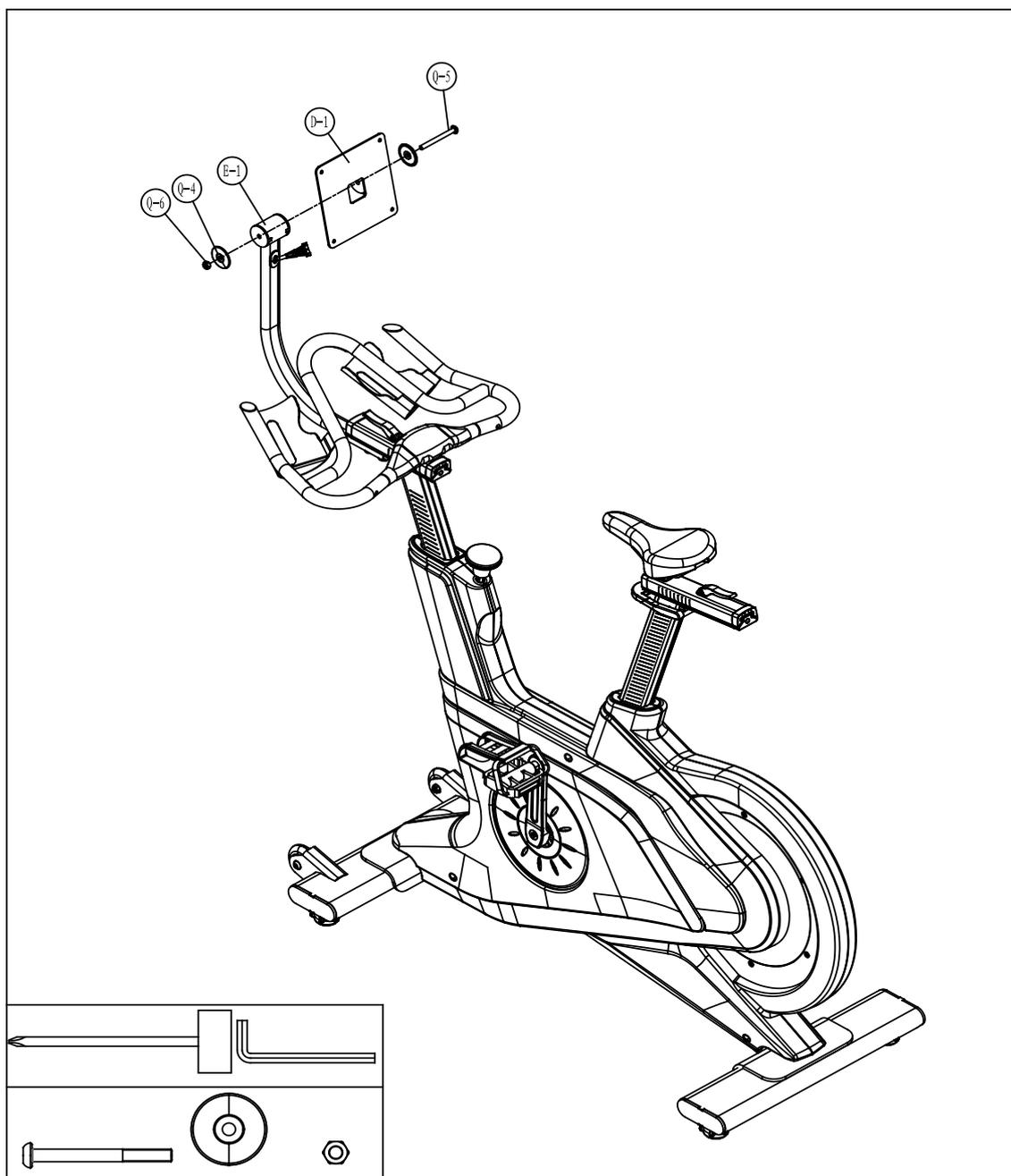
Make sure not to pinch the cables during the following steps.

2. Attach the handlebar post (C) to the main frame (L).
3. Fixate the handlebar post (C) by turning the lever clockwise on the right side of the main frame (L).



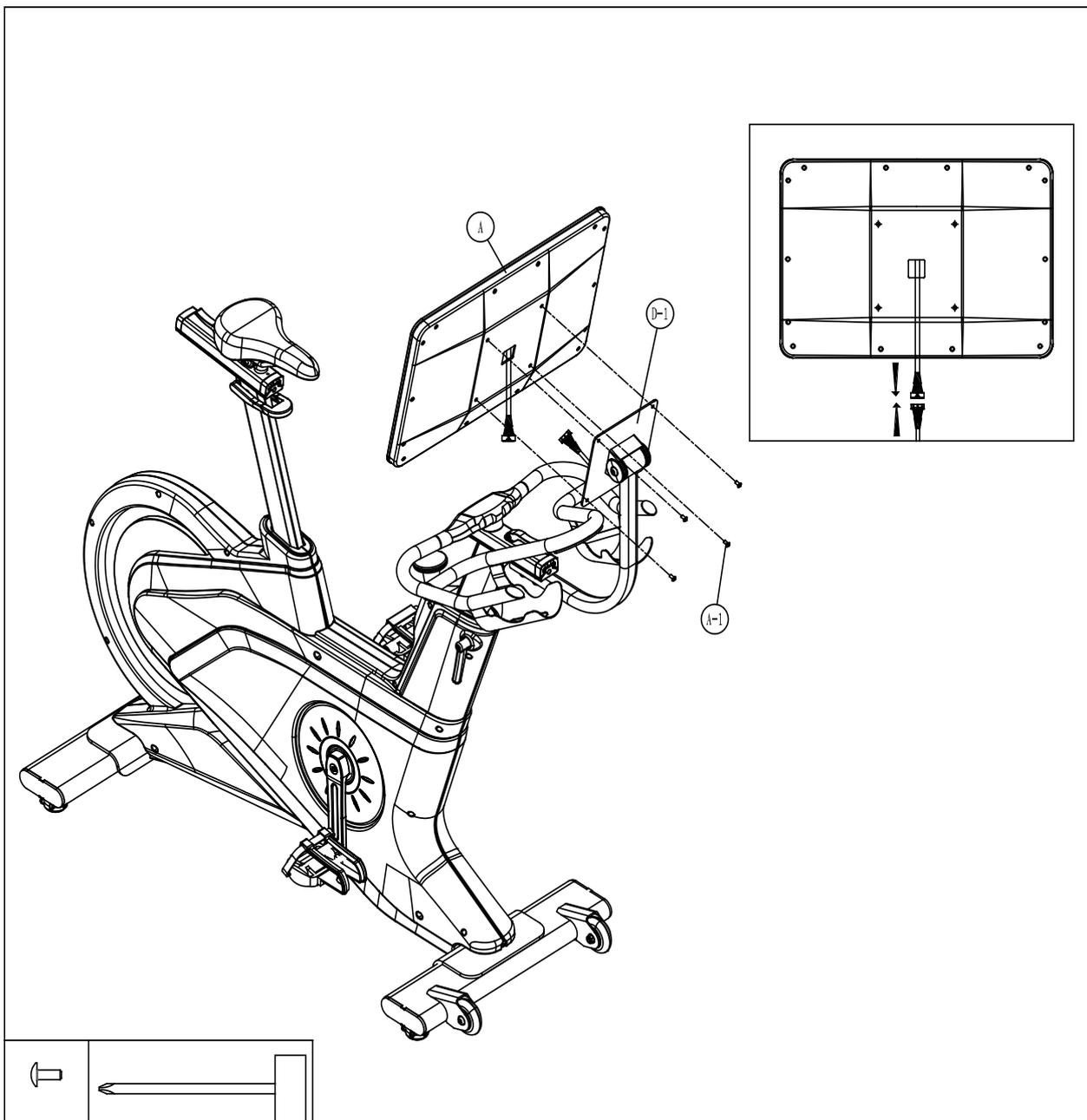
### Step 7: Assembly of the Console Support

1. Mount the console support (D-1) to the top of the holder tube (E-1) with one allen bolt (Q-5), two screw covers (Q-4) and one nut (Q-6).
2. Tighten the screw connection with the tools.



## Step 8: Assembly of the Console

1. Remove the pre-assembled screws from the rear side of the console (A-1).
2. Connect the console cable to the cable of the console supporting bar.
- ⓘ ATTENTION**  
Be careful not to pinch the cables during the following step.
3. Mount the console (A) to the console support (D-1) with the previously removed screws (A-1).
4. Tighten the screws (A-1) with the tool.



### Step 9: Alignment of the Feet

If the floor is uneven, you can stabilize the equipment by turning the two setting screws under the main frame.

1. Lift the equipment on the desired side and rotate the setting screws under the main frame.
2. Rotate the screws clockwise in order to remove them and to raise the equipment.
3. Rotate them counterclockwise in order to lower the equipment.

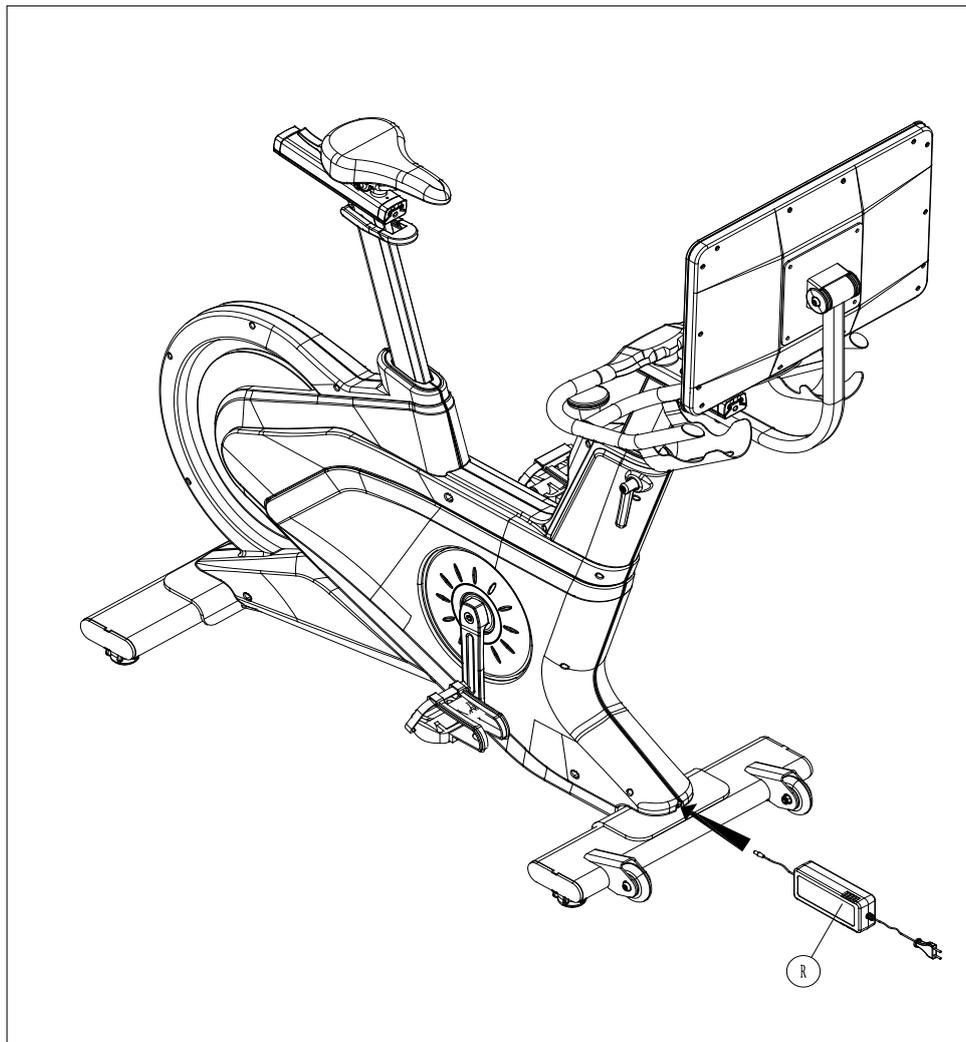
### Step 10: Connecting the Equipment to the Mains Supply

► **ATTENTION**

The equipment must not be connected to a multiple socket, otherwise it cannot be guaranteed that the equipment will be supplied with sufficient power. Technical errors can result.

Plug the power plug into a wall outlet that complies with the instructions in the chapter on electrical safety.

1. Connect the power supply (R) to the front of the main frame (L).
2. Plug the power supply into a socket that complies with the specifications of the electrical safety chapter 1.3.



## 3 OPERATING INSTRUCTIONS

### ① NOTICE

Familiarise yourself with all the functions and setting options of the device before starting training. Have the proper use of this product explained to you by a specialist.

### 3.1 Console Display



<b>TIME</b>	+ Display of the training time + Display range 0:00 - 99:99
<b>SPEED</b>	+ Display of the current speed
<b>DISTANCE</b>	+ Display of the training distance + Display range 0 - 99.9 km or mi
<b>CALORIES</b>	+ Display of the calorie consumption + Display range 0 - 9990 kcal
<b>Heart Rate</b>	+ Display of the current heart rate + Display of the heart rate + Display range 0 - 230  ① <b>NOTICE</b> This equipment does not have hand pulse sensors. To measure the heart rate, a chest strap is required.
<b>WATT</b>	+ Display of the Watt value + Display range 0-999

<b>HR Zone</b>	+ Display of the heart rate zones + Display range very light, light, moderate, hard, maximum
<b>BAI</b>	+ Display of the BAI consumption + Display range 0 - 999
<b>RPM</b>	+ Display of the current revolutions per minute (RPM) + Display range 0 - 999

### 3.2 Button Functions

<b>Start/Pause:</b>	+ Tap to start and/or pause the training
<b>Stop</b>	+ Tap to stop the training
<b>Up</b>	+ Tap to increase a value
<b>Down</b>	+ Tap to decrease a value

### 3.3 Further Functions

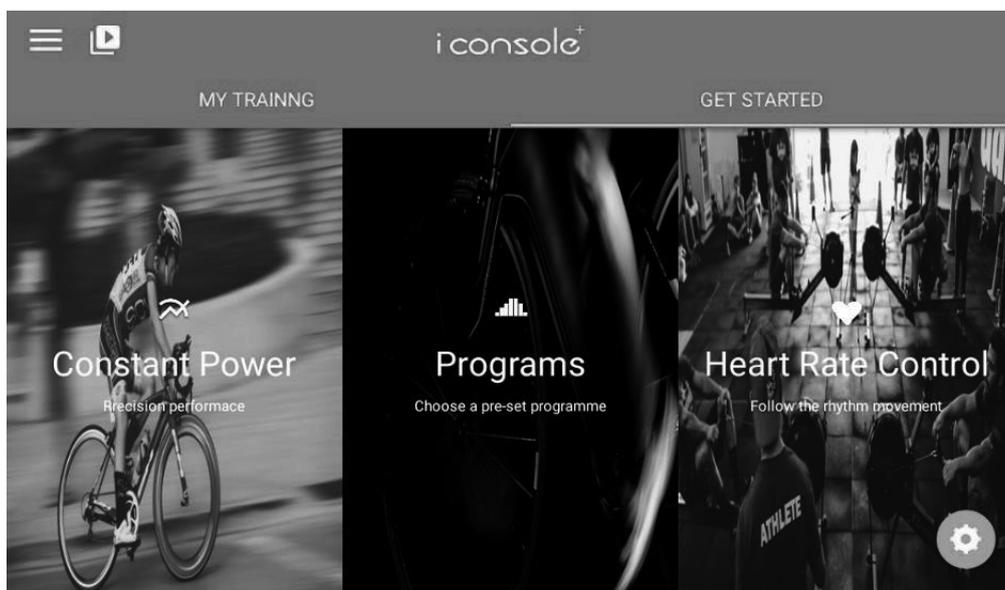
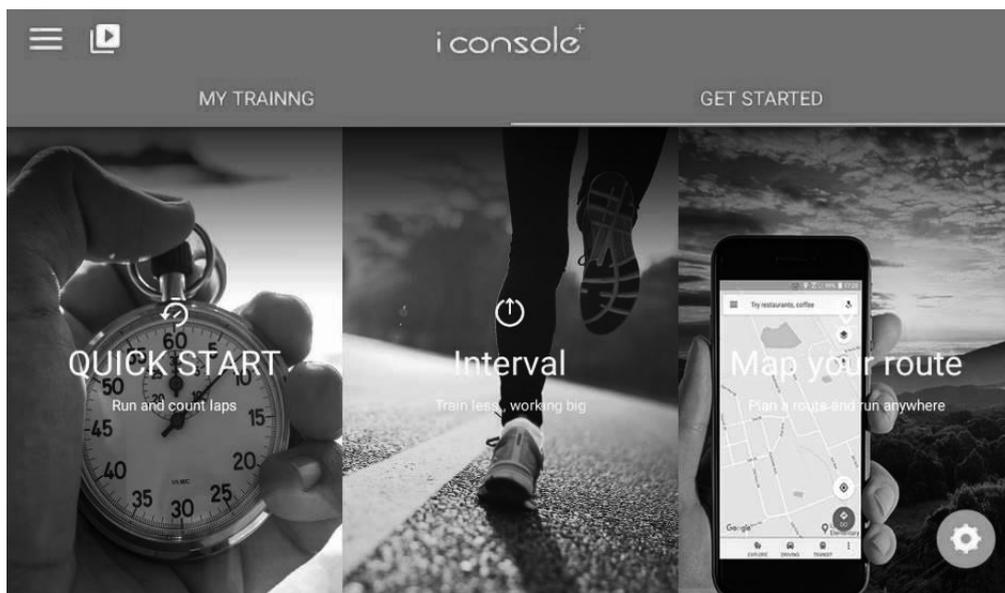
	<b>Settings</b>	Here you will find all setting options.
	<b>Volume</b>	Here you can adjust the volume.
	<b>Brightness</b>	Here you can adjust the brightness.
	<b>Timezone</b>	Here you can adjust the date or the current time zone.
	<b>Wifi</b>	Here you can connect the console to a wifi network.
	<b>Heart Rate</b>	Here you can connect the console to a Bluetooth chest strap.
	<b>Multimedia</b>	Here you can access different media: Netflix, Youtube, Spotify, Kinomap, Firefox, Facebook, Twitter Instagram

### 3.4 Programmes

There are a variety of programmes available to you. These include

- + Quick Start programme: 1
- + Target programme: 1
- + Pre-set programmes: 12
- + Interval programme: 1
- + Heart rate programmes: 4
- + Watt programme: 1

You can also set your own virtual training routes via Google Maps.



### 3.4.1 Quick-Start Programme/Target Programme

1. Tap QUICK START in the main menu.
2. Set the values for the desired distance, time and/or calories for your training.

① **NOTICE**

You can set one or more parameters. The set values are counted down to 0, the others are counted up accordingly.

3. To start the training, tap START.

*You can manually adjust the resistance during the workout.*

4. To pause the training, tap PAUSE.
5. To stop the training, tap STOP.

→ *When the training is finished, a summary of the recorded training parameters is displayed.*



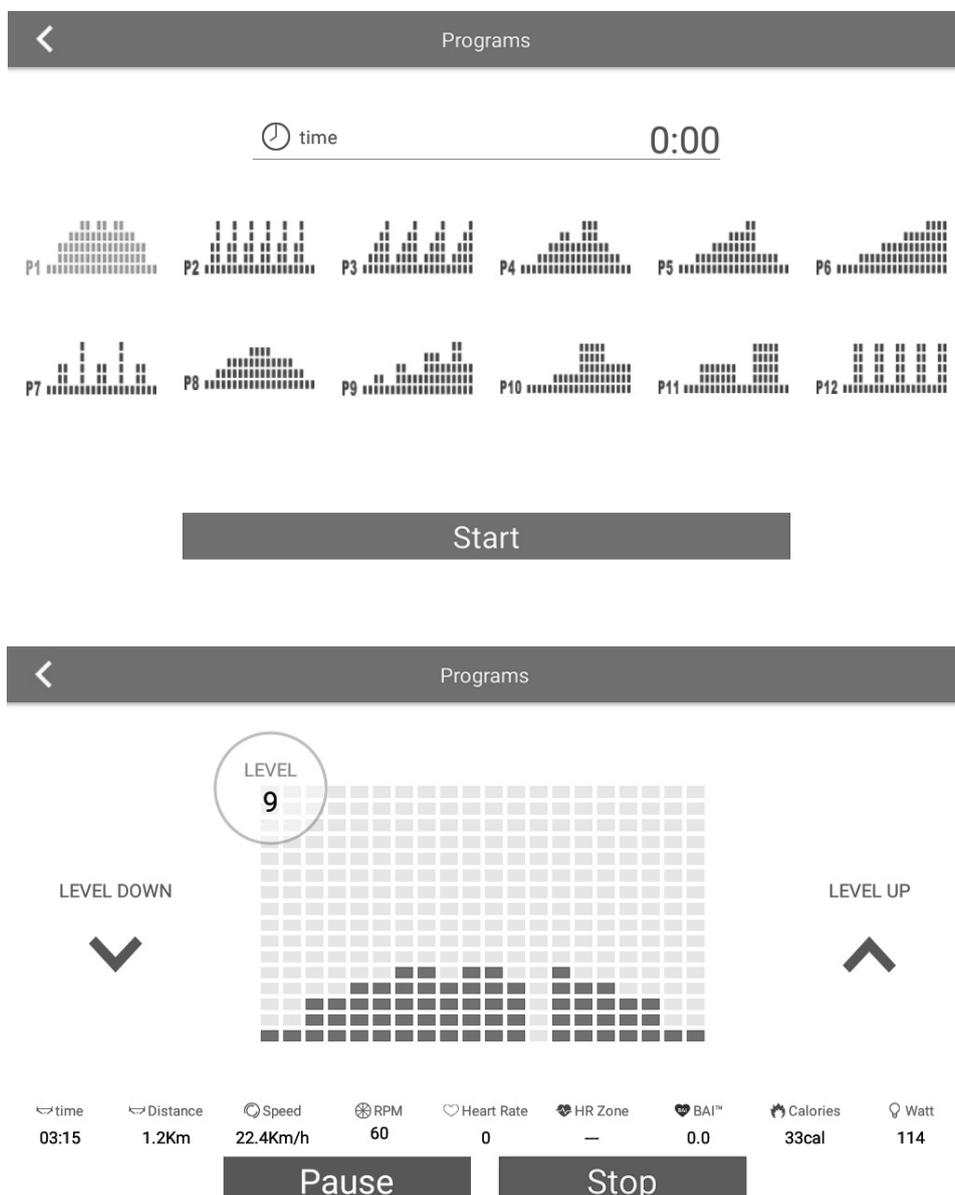
### 3.4.2 Pre-set Programmes

1. Tap PROGRAMS in the main menu.
2. Set the desired training time.
3. Select one of the 12 pre-set programmes.
4. To start the training, tap START.

*You can manually adjust the resistance during the training.*

5. To pause the training, tap PAUSE.
6. To stop the training, tap STOP.

→ *When the training is finished, a summary of the recorded training parameters is displayed.*



### 3.4.3 Interval Programme

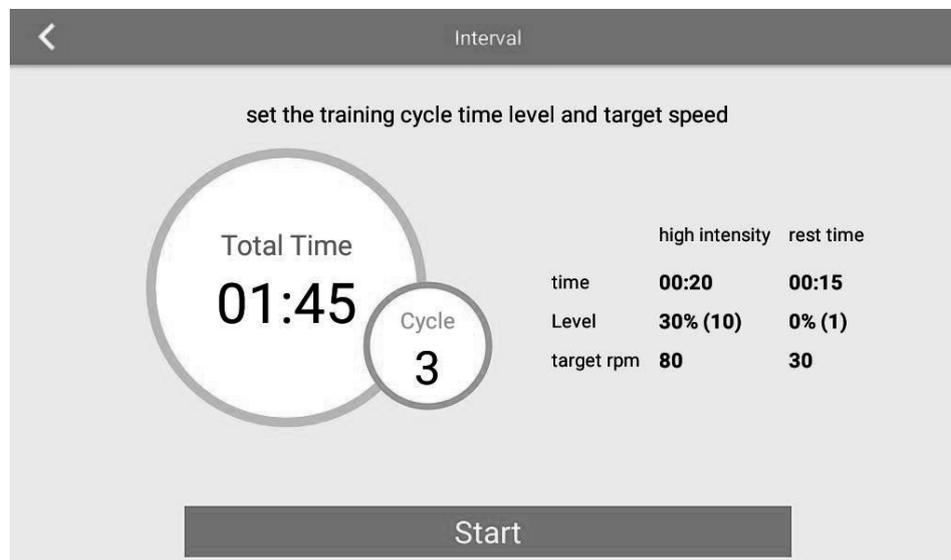
1. Tap INTERVAL in the main menu.
2. Set the values for the desired number of cycles, time, resistance and revolutions per minute for your workout.
3. To start the training, tap START.

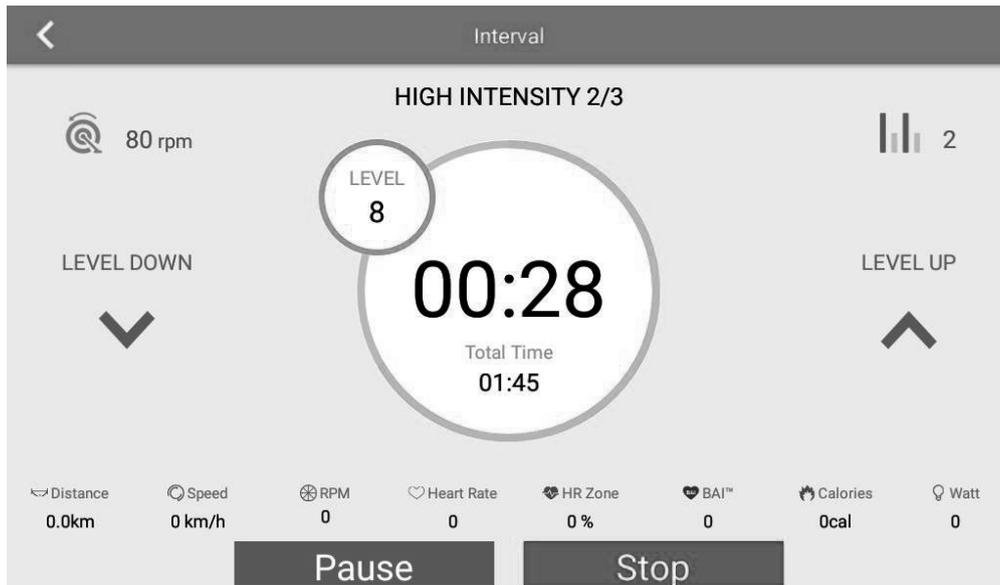
*The workout starts with a 1-minute warm-up.*

*You can manually adjust the resistance during the training.*

4. To pause the training, tap PAUSE.
5. To stop the training, tap STOP.

→ *When the training is finished, a summary of the recorded training parameters is displayed.*





### 3.4.4 Heart Rate Controlled Programmes

#### **WARNING**

Your exercise equipment is not a medical device. The heart rate measurement of this device may be inaccurate. A variety of factors can affect the accuracy of the heart rate display. The heart rate display is intended only as a training aid.

#### **NOTICE**

For this programme, a chest strap is required.

You can choose between three preset heart rate programmes and one programme, where you individually set a pulse value (55 %, 75 %, 90 % of your max. pulse and TAG PULSE).

In the heart rate programmes, the resistance is automatically adjusted depending on your heart rate. Your maximum heart rate is determined by the console depending on your entered age.

1. Tap HEART RATE CONTROL in the main menu.
2. Enter your age and the desired training time.
3. Select either 55%, 75%, 90% or Target Pulse.
  - 3.1. If you selected Target Pulse, now set the desired pulse value.
4. To start the training, tap START.

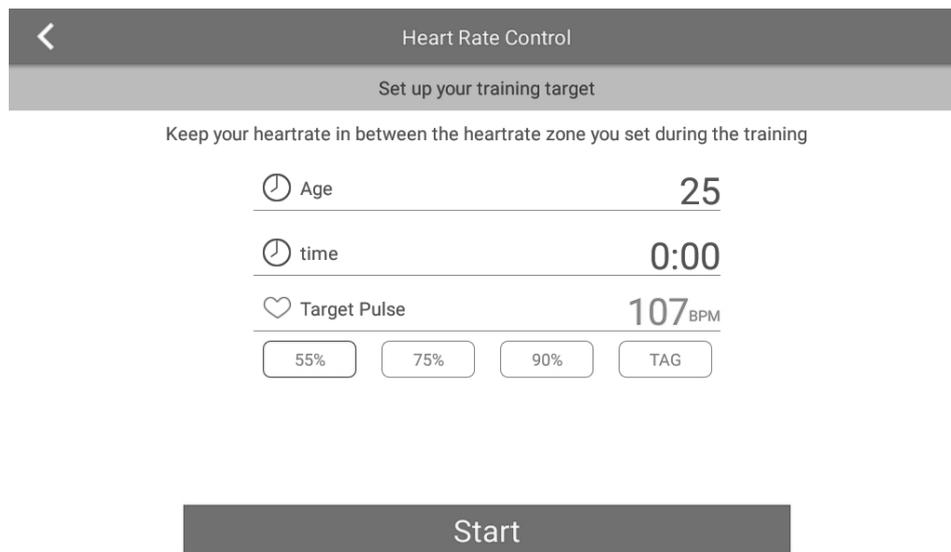
*The resistance is adjusted according to your heart rate. The resistance cannot be adjusted manually.*

#### **NOTICE**

If the console does not receive a pulse signal for 30 seconds, the programme will automatically stop.

5. To pause the training, tap PAUSE.
6. To pause the training, tap STOP.

→ When the training is finished, a summary of the recorded training parameters is displayed.



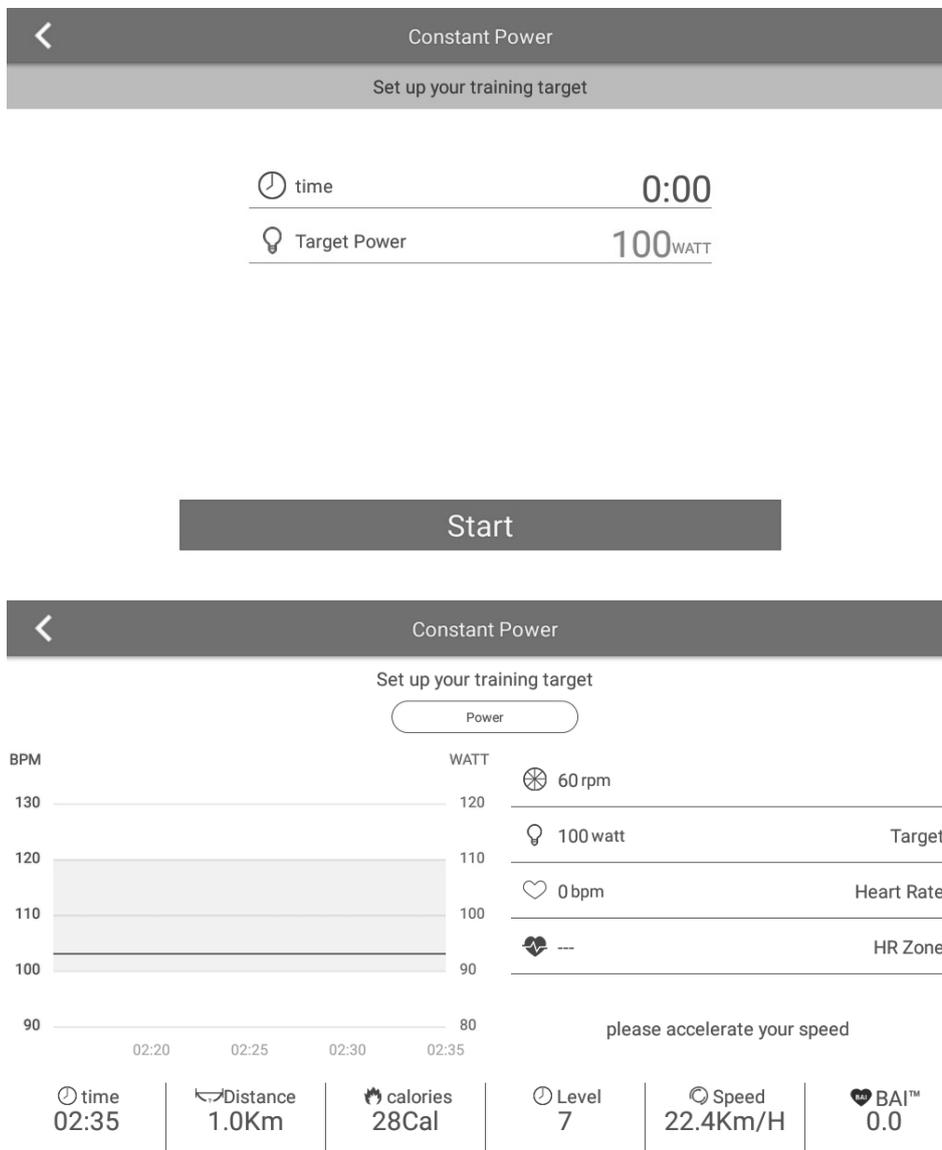
### 3.4.5 Watt Programme

1. Tap CONSTANT POWER in the main menu.
2. Set the values for the desired training time, target wattage and target cadence for your training.
3. To start the training, tap START.

The resistance level is automatically adjusted according to the wattage you set.

4. To pause the training, tap the following icon .
5. To stop the training, tap the following icon .

→ When the training is finished, a summary of the recorded training parameters is displayed.



### 3.4.6 Virtual Training Routes

1. Tap MAP YOUR ROUTE in the main menu.
2. After you have started this mode, you must determine your current position. To do this, tap the following icon .
3. To switch to the worldwide Google Maps view, tap the following icon .

**NOTICE**

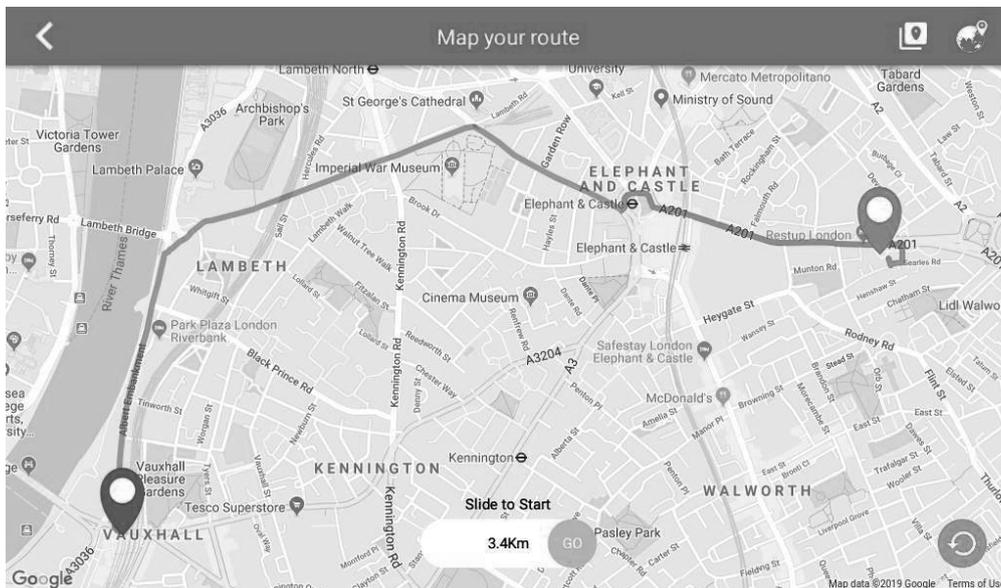
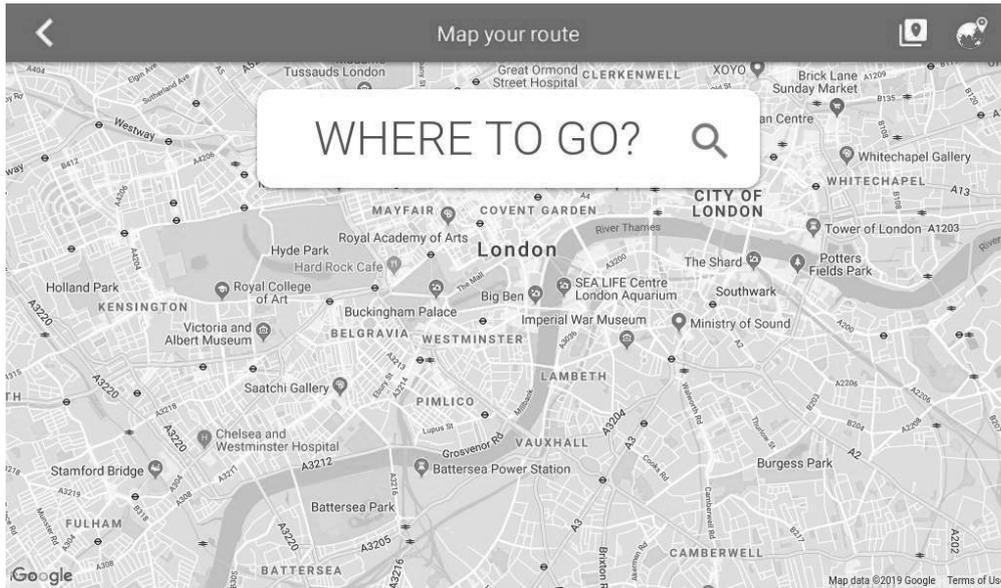
If you are within China, you can also select the default region by tapping the following icon .

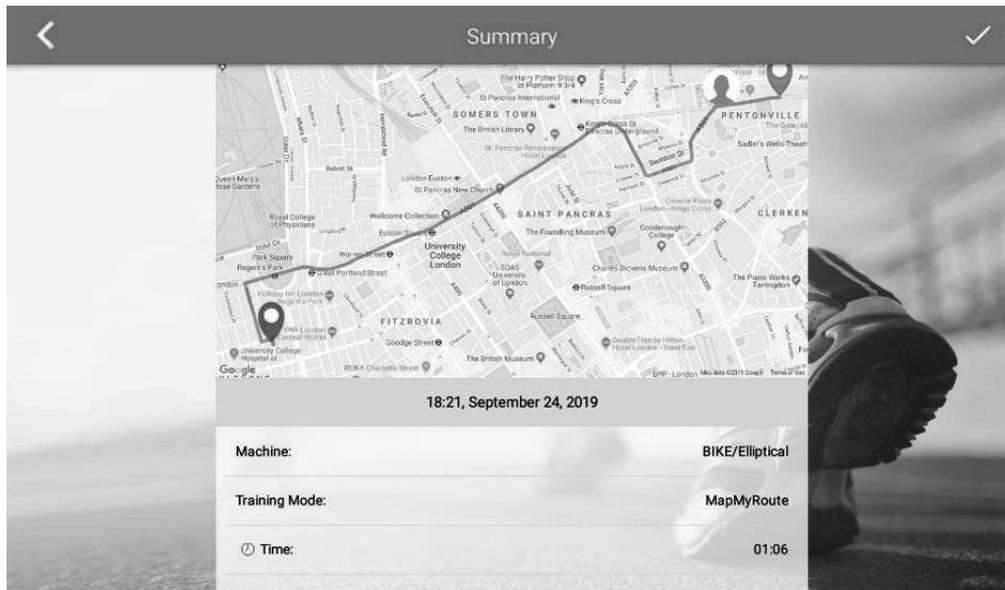
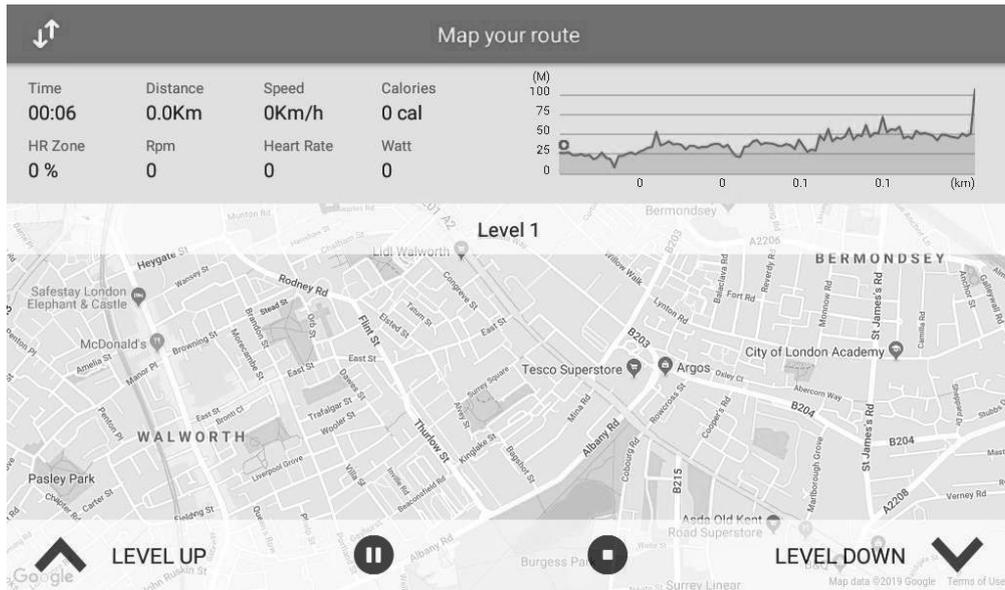
4. Select your start position and tap until the following icon appears .
5. Select your end position and tap it again until the following icon appears .
6. If desired, select one or more stopovers on your route and tap a third (or correspondingly more) time(s) until the following icon appears .
7. To cancel your selection, tap the following icon .
8. To start the training, swipe the following icon from left to right .
9. To show or hide the training parameters, tap the following icon .
10. To switch between the map view, Google Street View and the satellite view, tap the following icon .

*The resistance level is automatically adjusted according to the condition of the track. Alternatively, you can adjust the resistance level manually during the workout.*

11. To pause the training, tap the following icon .
12. To end the training, tap the following icon .

→ *When the training is finished, a summary of the recorded training parameters is displayed.*





## 3.5 Multimedia and Software Updates

### ► ATTENTION

Check your TFT-console regularly for possible software updates. If available, make sure to carry out the updates soon. If the updates are not carried out over a longer period of time, this can lead to technical problems with the console.

To make sure the pre-installed apps are working correctly, they must be updated regularly as well. Follow the instructions on the screen to perform the updates.

Please note: The system is set up only for the pre-installed apps. Do not install any additional apps as their proper functionality can not be guaranteed. The installation of other apps might cause technical issues.

### ⓘ NOTICE

- + The pre-installed apps are produced and provided by external manufacturers. Changes and availability within these apps might occur. Sport-Tiedje does not take any responsibility and can not be held liable for the availability, functionality or contents of these apps.

There are a variety of apps available to you. These include:

- + Netflix
- + Youtube
- + Spotify
- + Kinomap
- + Internet browser
- + Facebook
- + Twitter
- + Instagram

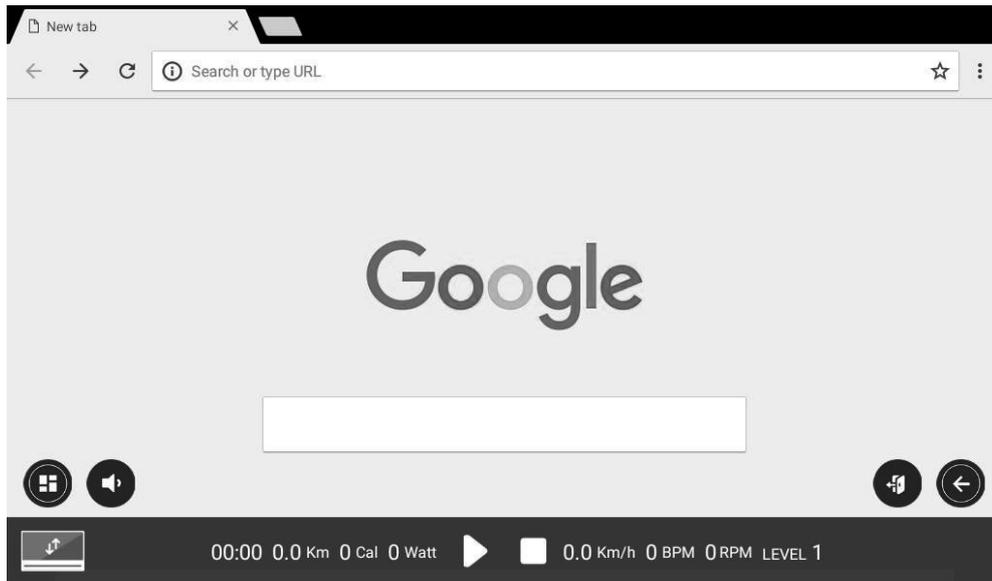
You can access all of the above apps during training. You can show or hide the training parameters by tapping the following icon .

To return to the main menu, tap the following icon .

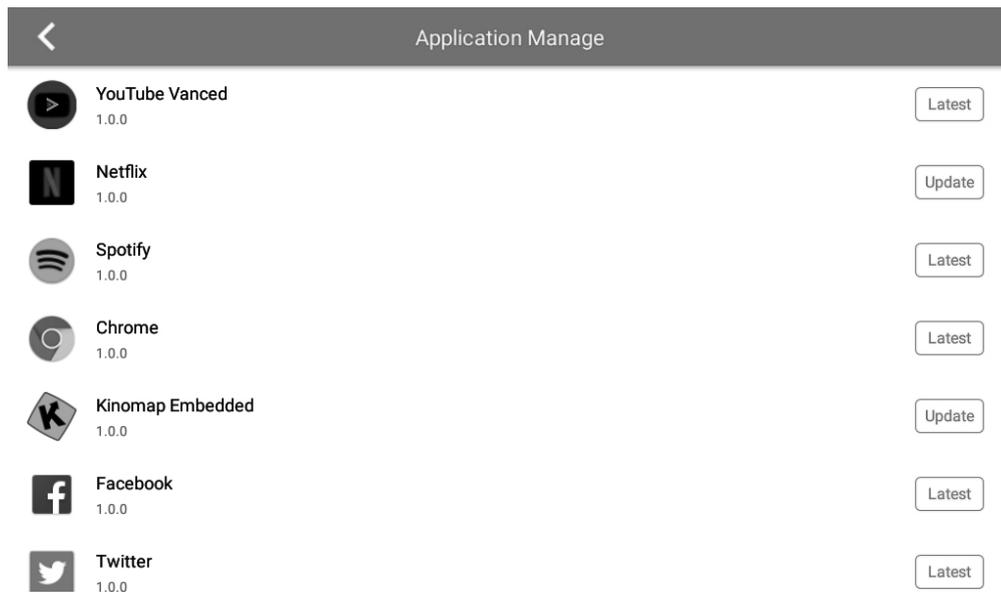
To go back one page within the apps, tap the following icon .

To start the training, tap the following icon .

To stop the training, tap the following icon .



Example of an app



Overview of apps and possible software updates

### 4.1 General Instructions

#### **⚠ WARNING**

- + The storage location should be chosen so that improper use by third parties or children can be prevented.
- + If your equipment does not have transportation wheels, the equipment must be disassembled before transportation.

#### **▶ ATTENTION**

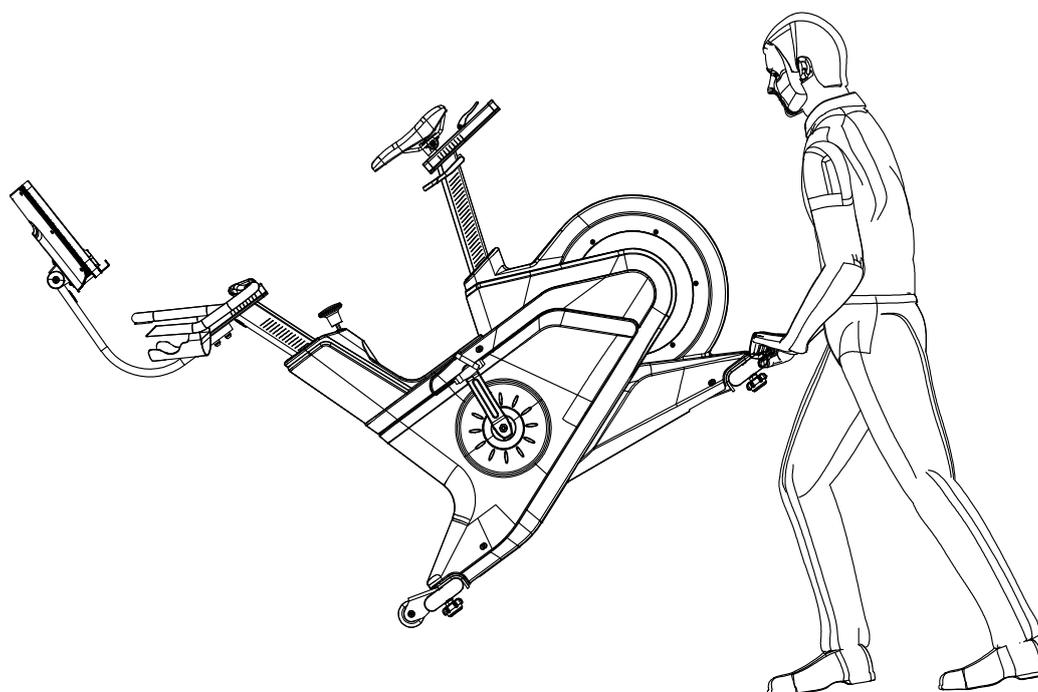
- + Make sure that the equipment is protected from moisture, dust and dirt in the selected storage location. The storage location should be dry and well ventilated and have a constant ambient temperature between 10°C and 35°C.

### 4.2 Transportation Wheels

#### **▶ ATTENTION**

If you want to transport your equipment over particularly sensitive and soft floor coverings, such as parquet, planks or laminate, lay out the transport route with cardboard or similar to avoid possible floor damage.

1. Stand behind the equipment and lift it until the weight is transferred to the transportation wheels. After that, you easily can move the equipment to a new position. For long transport distances the equipment should be disassembled and safely packed.
2. Select the new location by following the instructions in the section 1.4 of this manual.



## 5.1 General Instructions

### ⚠ WARNING

- + Do not make any improper changes to the equipment.

### ⚠ CAUTION

- + Damaged or worn components may affect your safety and the life of the equipment. Therefore, immediately replace damaged or worn components. In such a case, contact the contract partner. The equipment must not be used until it has been repaired. If necessary, use only original spare parts.

### ▶ ATTENTION

- + In addition to the instructions and recommendations for maintenance and care given here, additional service and/or repair work may be necessary; this must only be carried out by authorised service technicians.

## 5.2 Faults and Fault Diagnosis

The equipment undergoes regular quality controls during production. Nevertheless, faults or malfunctions may occur. Frequently, individual parts are responsible for these disturbances, an exchange is usually sufficient. Please refer to the following overview for the most common errors and how to correct them. If the equipment still does not function properly, contact your contract partner.

Fault	Cause	Solution
Cracking in the pedal area	Pedals loose	Tighten the pedals
Equipment wobbles	Equipment is not level	Align the feet
Handlebar/saddle wobbles	Loose screws	Tighten screws firmly
Display is blank/is not working	Loose cable connection	Check cable connections
No pulse display	<ul style="list-style-type: none"> <li>+ Sources of interference in the room</li> <li>+ unsuitable chest strap</li> <li>+ Wrong position of chest strap</li> <li>+ Chest strap defective or battery empty</li> <li>+ Pulse display defective</li> </ul>	<ul style="list-style-type: none"> <li>+ Eliminate sources of interference (e.g. mobile phone, WLAN, lawn mower and vacuum cleaner robot, etc. ...)</li> <li>+ Use a suitable chest strap (see RECOMMENDED ACCESSORIES).</li> <li>+ Reposition chest strap and/or moisten electrodes</li> <li>+ Changing batteries</li> <li>+ Check if pulse display by hand pulse possible</li> </ul>

## 5.3 Error Codes and Troubleshooting

The electronics of the equipment continuously carries out tests. In case of deviations, an error code appears on the display and normal operation is stopped for your safety.

**Please contact Sport-Tiedje for technical support.**

## 5.4 Maintenance and Inspection Calendar

To avoid damage from body sweat, the equipment must be cleaned with a damp towel (no solvents!) after each training session.

The following routine tasks must be performed at the specified intervals:

Part	Weekly	Monthly
Display console	C	I
Plastic covers	C	I
Moisture of the felt brake		I
Screws and cable connections		I
Check pedals for tightness		I
Legend: C = clean; I = inspect		

## 6 DISPOSAL

At the end of its operational life, this equipment cannot be disposed of in normal household waste. Instead, it must be disposed of via an electricals recycling centre. Further information can be obtained from your local authority's recycling service.



The materials can be recycled as per their symbols. Through the reuse, recycling of materials or other forms of recovery of old equipment, you make an important contribution to the protection of the environment.

## 7 RECOMMENDED ACCESSORIES

To make your training experience even more efficient and pleasant, we recommend that you add suiting accessories to your fitness equipment. For indoor cycles this could for example be a **floor mat**, which makes your fitness equipment stand more securely and also protects the floor from sweat or **silicone spray** to keep moving parts in good shape. For many indoor bikes it is possible to replace the **saddle** or **pedals**, as these are usually the same mounts used on bicycles.

If you have purchased a fitness machine with pulse training and want to train your heart rate, we strongly recommend that you use a compatible **chest strap**, as this ensures optimum transmission of the heart rate.

Our range of accessories offers the highest quality and makes training even better. If you would like to find out more about compatible accessories, please go to the detail page of the product in our webshop (the easiest way is to enter the article number in the search field above) and go to the recommended accessories on this page. Alternatively, you can use the QR code provided. Of course, you can also contact our customer service: by telephone, e-mail, in one of our branches or via our social media channels. We will be happy to advise you!



chest strap



floor mat



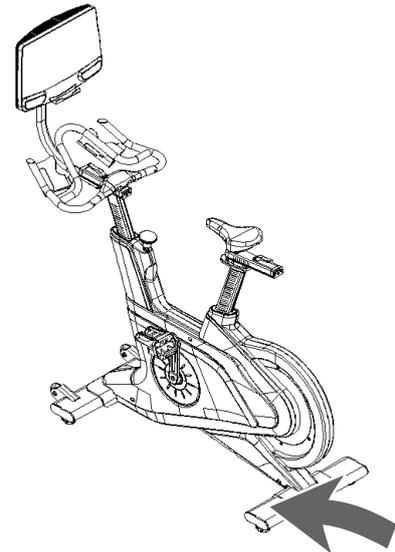
lubricant

## 8.1 Serial Number and Model Name

In order to provide you with the best possible service, please have the model name, article number, serial number, exploded drawing and parts list ready. The corresponding contact options can be found in chapter 10 of this operating manual.

**① NOTICE**

The serial number of your equipment is unique. It's located on a white sticker. The exact position of this sticker is shown in the following illustration.



Enter the serial number in the appropriate field.

**Serial number:**

**Brand / Category:**

**Model Name:**

**SKU:**

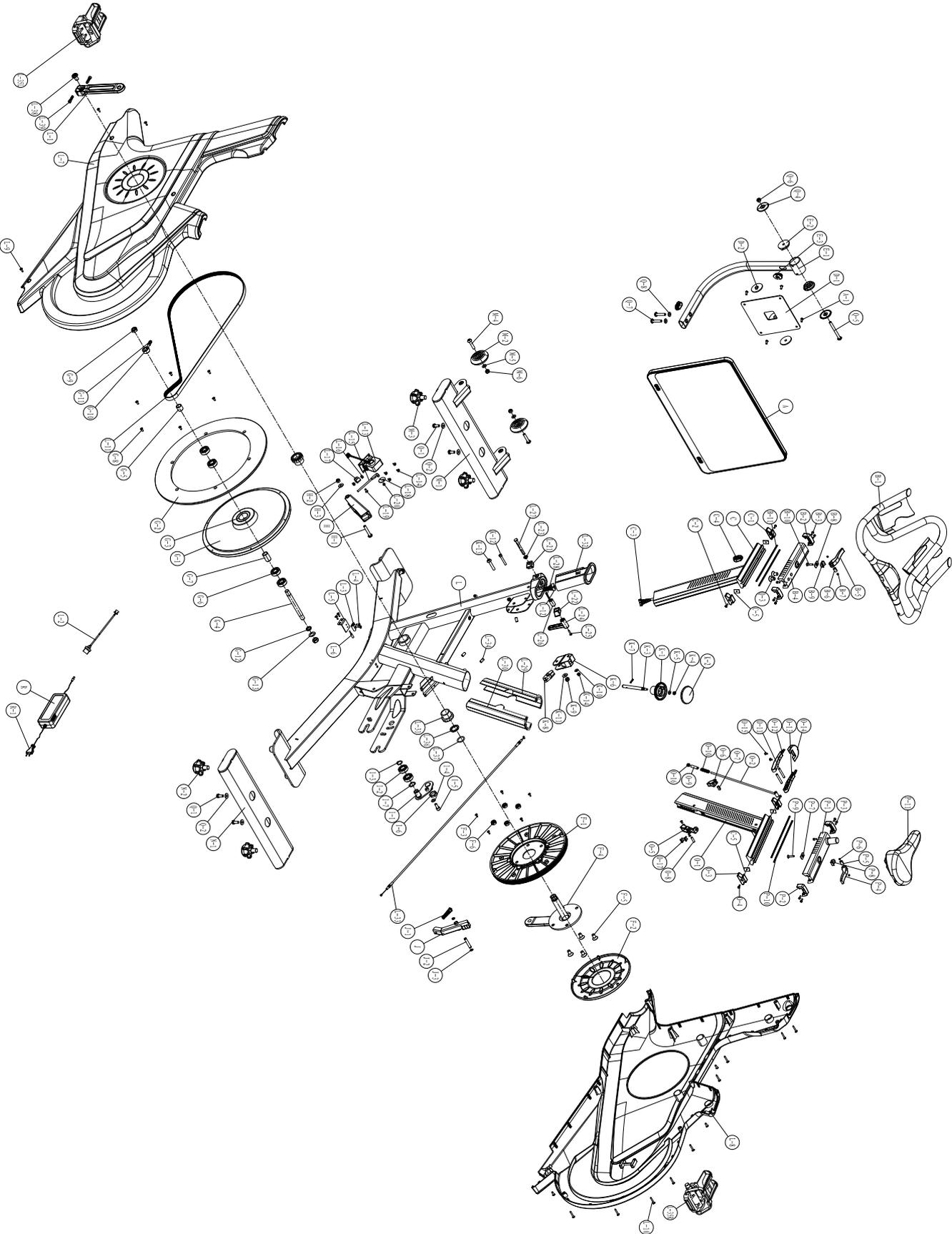
## 8.2 Parts List

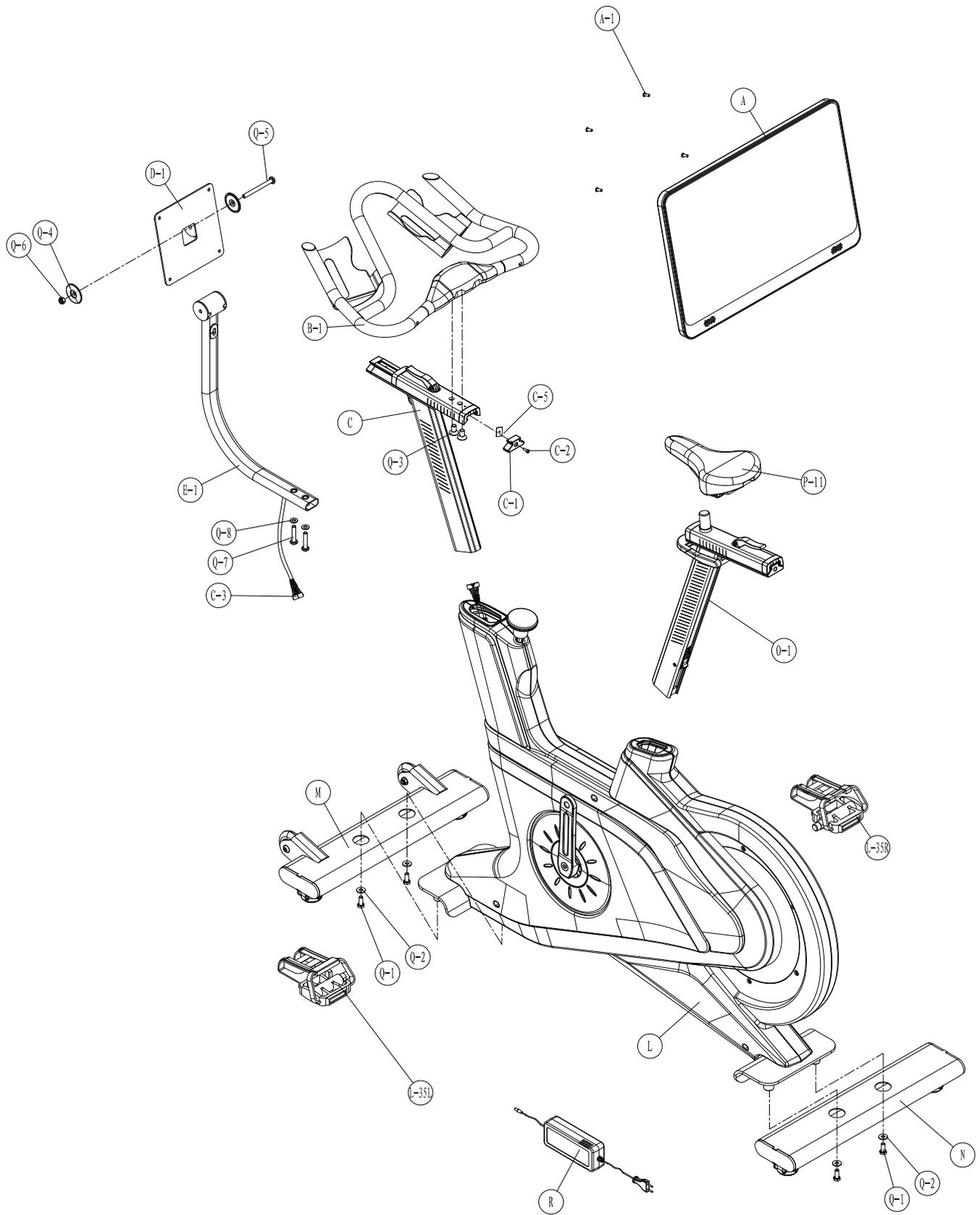
No.	Name	Qty.	No.	Name	Qty.
A	Console	1	F-2	Cover for belt pulley	1
A-1	Screws	4	F-3	Screws	5
B (B-1~B-11)	Front handlebar assembly	1	F-4	Right crank	1
B-1	Handlebar	1	F-5	Hex. screw	4
B-2	Upper cover for slider	2	F-6	Nylon nut	4
B-3	Hex. Screw	5	G (G-1~G-13)	Flywheel assembly	1
B-4	Upper slider for front handlebar	1	G-1	Flywheel	1
B-5	Pull pin	1	G-2	Aluminum flywheel	1
B-6	Shaft for pull pin	1	G-3	Small belt pulley	1
B-7	Set screw	2	G-4	Axle for flywheel	1
B-8	T-shaped fixing sheet	1	G-5	Bushing	1
B-9	Briquetting for slider	1	G-6	Bearing	4
B-10	Screw	1	G-7	Bushing	1
B-11	Plastic strip for slider	2	G-8	Hex. Screw	6
C	Handlebar post	1	G-9	Nylon nut	2
C-1	Lower cover for slider	2	G-10	Fixed stick	1
C-2	Hex. Screw	2	G-11	Hex. Nut	2
C-3	Upper cable	1	G-12	Bushing	1
C-4	End plug for wire	1	G-13	Flat washer	1
C-5	Limit piece	4	H	Magnet assembly	1
D (D-1~D-2)	Console supporter assembly	1	H-1	Screws	1
D-1	Console supporter	1	H-2	Nylon nut	1
D-2	Limit block	2	H-3	Flat washer	1
E (E1~E3)	Holder tube assembly for console	1	I (I-1~I-7)	Idler wheel assembly	1
E-1	Holder tube	1	I-1	Idler lever	1
E-2	Limit block for console	2	I-2	Bearing	2
E-3	End plug for wire	1	I-3	C-type	1
F (F-1~F-6)	Belt pulley assembly	1	I-4	Flat washer	1
F-1	Belt pulley	1	I-5	Hex. Screw	1
			I-6	Hex. Nut	1
			I-7	Wave washer	1

J	Brake set	1	L-13	Gear box	1
J-1	Spring	1	L-14	Screw	4
J-2	Fixed spindle for brake	1	L-15	Adjusting lever	1
J-3	C-type	2	L-16	Nylon nut	2
K (K-1~K-14)	Brake knob assembly	1	L-17	Adjusting block for gear box	1
			L-18	Holder sheet for adjusting lever	1
K-1	Brake knob	1	L-19	Screw	1
K-2	Cover for brake knob	1	L-20	Screw	1
K-3	Brake bar	1	L-21	Right briquetting for front handlebar	1
K-4	Nylon nut	1	L-22	Left briquetting for front handlebar	1
K-5	Flat washer	1			
K-6	Upper fixed bracked of brake	1	L-23	Powder copper sleeve	2
K-7	Elastic cylindrical pin	1	L-24	Lever	1
K-8	Lower fixed bracked of brake	1	L-25	Screw	1
			L-26	Eccentric shaft	1
K-9	Nylon nut	1	L-27	Locking shaft	1
K-10	Flat washer	1	L-28	Round flat key	1
K-11	Flat washer	1	L-29	Front sleeve	1
K-12	Screws	1	L-30	Rear sleeve	1
K-13	Screws	1	L-31	Shaft	1
K-14	Nylon nut	1	L-32	Sleeve for handlebar post	1
L	Main frame	1	L-33	Brake wire	1
L-1	Left crank	1	L-34	Set screw	4
L-2	DC wire	1	L-35	Pedal set	1
L-3	Sensor holder	1	L-36	Bushing	1
L-4	Screw	4	L-37	O-ring	1
L-5	Sensor holder sheet	1	L-38	Hex. screw	1
L-6	Sensor box	1	L-39	Hex. screw	2
L-7	Left chain cover	1	M (M-1~M-6)	Front stabilizer assembly	1
L-8	Right chain cover	1			
L-9	Screws	6	M-1	Front stabilize	1
L-10	Screws	11	M-2	Transportation wheel for front stabilizer	2
L-11	Belt	1			
L-12	Down cable	1			

M-3	Cap for front stabilizer	2	P-7	T-shaped fixing sheet	1
M-4	Allen bolt	2	P-8	Briquetting for slider	1
M-5	Flat washer	2	P-9	Hex. screw	1
M-6	Nylon nut	2	P-10	Plastic strip for slider	2
N (N-1~N-2)	Rear stabilizer assembly	1	P-11	Seat	1
N-1	Rear stabilizer	1	Q (Q-1~Q-12)	Hardware set	1
N-2	Cap for rear stabilizer	2			
O (O-1~O-17)	Seat post assembly	1	Q-1	Hex. screw	4
			Q-2	Flat washer	4
O-1	Seat post	1	Q-3	Hex. screw	2
O-2	Pull bar	1	Q-4	Cap for screw	2
O-3	Down cover for slider	2	Q-5	Allen bolt	1
O-4	Hex. screw	2	Q-6	Nylon nut	1
O-5	Holder seat	1	Q-7	Screw	2
O-6	Limit for seat post	1	Q-8	Flat washer	2
O-7	Positioning pin for pull bar	1	Q-9	Bushing wrench	1
O-8	Positioning pin for block	1	Q-10	Wrench	1
O-9	Sleeve for pull bar	1	Q-11	Allen key	1
O-10	Spring	1	Q-12	Allen key	1
O-11	Handle positioning pin	2	R	Adaptor	1
O-12	Left pull pin for seat post	1	R-1	Power cable	1
O-13	Right pull pin for seat post	1			
O-14	Front pull pin for seat post	1			
O-15	Screw	2			
O-16	Nylon nut	1			
O-17	Screw	6			
P (P-1~P-10)	Slider assembly for seat post	1			
P-1	Slider	1			
P-2	Upper cover for slider	2			
P-3	Hex. screw	5			
P-4	Pull bar	1			
P-5	Shaft for pull bar	1			
P-6	Set screw	2			

# 8.3 Exploded Drawing





Training equipment from Taurus® is subject to strict quality control. However, if a fitness equipment purchased from us does not work perfectly, we take it very seriously and ask you to contact our customer service as indicated. We are happy to help you by phone via our service hotline.

### **Error Descriptions**

Your fitness equipment is developed for long-term, high-quality training. However, should a problem arise, please first read the operating instructions. For further assistance, please contact your contract partner or call our service hotline. To ensure your problem is solved as quickly as possible, please describe the defect as exactly as possible.

In addition to the statutory warranty, we provide a warranty for every fitness equipment purchased from us according to the following provisions.

### **Your statutory rights are not affected.**

#### **Warrantee**

The warrantee is the first/original buyer.

#### **Warranty periods**

The following warranty periods begin on delivery of the fitness equipment.

#### **Warranty period**

The warranty periods, shown on our web shop, begin on delivery of the fitness equipment. The respective warranty periods for your equipment can be found on its product website.

#### **Repair Costs**

According to our choice, there will either be a repair, a replacement of individual damaged parts or a complete replacement. Spare parts, that have to be mounted while assembling the equipment, have to be replaced by the warrantee personally and are not a part of repair. After the expiration of the warranty period for repair costs, a pure parts warranty applies, which does not include the repair, installation and delivery costs.

#### **The terms of use are defined as follows:**

- + Home use: solely for private use in private households up to 3 hours per day
- + Semi-professional use: up to 6 hours per day (e. g. rehabilitation centres, hotels, clubs, company gyms)
- + Professional use: more than 6 hours per day (e. g. commercial gyms)

### **Warranty Service**

Within the warranty period, equipment which develops faults as a result of material or manufacturing defects, will be repaired or replaced at our discretion. Ownership of equipment or parts of equipment which have been replaced is transferred to us. The warranty period is not extended nor does a new warranty period begin following repair or replacement under the warranty.

### **Warranty Conditions**

For the warranty to be valid, the following steps must be taken:

Please contact our customer service by email or phone. If the product under warranty has to be sent in for repair, the seller bears costs. After expiry of the warranty, the buyer bears the costs of transport and insurance. If the fault is covered by our warranty, you will receive a new or repaired equipment in return.

### **Warranty claims are invalid in case of damage resulting from:**

- + misuse or improper handling
- + environmental influences (moisture, heat, electrical surge, dust, etc.)
- + failure to follow the current safety measures for the equipment
- + failure to follow the operating instructions
- + use of force (e. g. hitting, kicking, falling)
- + interventions which were not carried out by one of our authorized service centres
- + unauthorised repair attempts

### **Proof of Purchase and Serial Number**

Please make sure that you are able to provide the appropriate receipt when claiming on your warranty. So that we can clearly identify the model of your equipment, and for the purposes of our quality control, you will need to give the serial number of your equipment, when contacting the service team. Where possible please have your serial number and your customer number ready when you call our service hotline. It will help us to deal with your request swiftly.

If you cannot find the serial number on your fitness equipment, our service team is at your disposal to offer further information.

### **Service outside of the Warranty Period**

We are also happy to issue an individual cost estimate if there is a problem with your fitness equipment after the warranty has expired, or in cases which do not fall under the terms of the warranty, e. g. normal wear and tear. Please contact our customer service team to find a quick and cost-effective solution to your problem. In such a case you will be responsible for the delivery costs.

### **Communication**

Many problems can be solved just by speaking to us as your specialist supplier. We know how important it is to you as a user of the fitness equipment to have problems solved quickly and simply, so you can enjoy working out with minimal interruption. For that reason, we also want to resolve your queries quickly and in a straightforward manner. Thus, please always keep your customer number and the serial number of the faulty equipment handy.

## 10 CONTACT

DE	DK	FR
<p><b>TECHNIK</b></p> <p> +49 4621 4210-900</p> <p> +49 4621 4210-698</p> <p> technik@sport-tiedje.de</p> <p> Öffnungszeiten entnehmen Sie unserer Homepage.</p> <p><b>SERVICE</b></p> <p> 0800 20 20277 (kostenlos)</p> <p> info@sport-tiedje.de</p> <p> Öffnungszeiten entnehmen Sie unserer Homepage.</p>	<p><b>TEKNIK OG SERVICE</b></p> <p> 80 90 16 50</p> <p>+49 4621 4210-945</p> <p> info@fitshop.dk</p> <p> Åbningstider kan findes på hjemmesiden.</p>	<p><b>TECHNIQUE &amp; SERVICE</b></p> <p> +33 (0) 172 770033</p> <p>+49 4621 4210-933</p> <p> service-france@fitshop.fr</p> <p> Vous trouverez les heures d'ouverture sur notre site Internet.</p>
	PL	BE
	<p><b>TECHNIKA I SERWIS</b></p> <p> 22 307 43 21</p> <p>+49 4621 42 10-948</p> <p> info@fitshop.pl</p> <p> Godziny otwarcia można znaleźć na stronie głównej.</p>	<p><b>TECHNIQUE &amp; SERVICE</b></p> <p> 02 732 46 77</p> <p>+49 4621 42 10-932</p> <p> info@fitshop.be</p> <p> Vous trouverez les heures d'ouverture sur notre site Internet.</p>

UK	NL	INT
<p><b>CUSTOMER CARE</b></p> <p> +44 141 737 2249 or +44 141 876 3972</p> <p> customercare@powerhouse-fitness.co.uk</p> <p> You can find the opening hours on our homepage.</p>	<p><b>TECHNISCHE DIENST &amp; SERVICE</b></p> <p> +31 172 619961</p> <p> info@fitshop.nl</p> <p> De openingstijden vindt u op onze homepage.</p>	<p><b>TECHNICAL SUPPORT &amp; SERVICE</b></p> <p> +49 4621 4210-944</p> <p> service-int@sport-tiedje.de</p> <p> You can find the opening hours on our homepage.</p>
	AT	CH
	<p><b>TECHNIK &amp; SERVICE</b></p> <p> 0800 20 20277 (Freecall)</p> <p>+49 4621 42 10-0</p> <p> info@sport-tiedje.at</p> <p> Öffnungszeiten entnehmen Sie unserer Homepage.</p>	<p><b>TECHNIK &amp; SERVICE</b></p> <p> 0800 202 027</p> <p>+49 4621 42 10-0</p> <p> info@sport-tiedje.ch</p> <p> Öffnungszeiten entnehmen Sie unserer Homepage.</p>

Please find a detailed overview including address and opening hours for all stores of Powerhouse Fitness in the UK on the following website:

[www.powerhouse-fitness.co.uk/storelocator](http://www.powerhouse-fitness.co.uk/storelocator)

# WE LIVE FITNESS

## WEBSHOP AND SOCIAL MEDIA

The Sport-Tiedje Group is Europe's largest specialist for home fitness equipment with currently 80 stores and one of the world's most renowned online mail order companies for fitness equipment.

Powerhouse is part of the Sport-Tiedje Group. Private customers order via the 25 web shops in the respective national language or have their desired equipment assembled on site. In addition, the company supplies fitness studios, hotels, sports clubs, companies and physio practices with professional equipment for endurance and strength training.

The Sport-Tiedje group offers a wide range of fitness equipment from renowned manufacturers, high-quality in-house developments and comprehensive services, such as a build-up service and sports scientific advice before and after the purchase. The company employs numerous sports scientists, fitness trainers and competitive athletes.

Visit us also on our social media platforms or our blog!



<http://www.powerhouse-fitness.co.uk/>  
[www.powerhouse-fitness.co.uk/blog/](http://www.powerhouse-fitness.co.uk/blog/)



<https://www.facebook.com/powerhousefitness.co.uk>



[www.instagram.com/powerhousefitness\\_uk/](http://www.instagram.com/powerhousefitness_uk/)



[www.youtube.com/user/PHFTV/](http://www.youtube.com/user/PHFTV/)

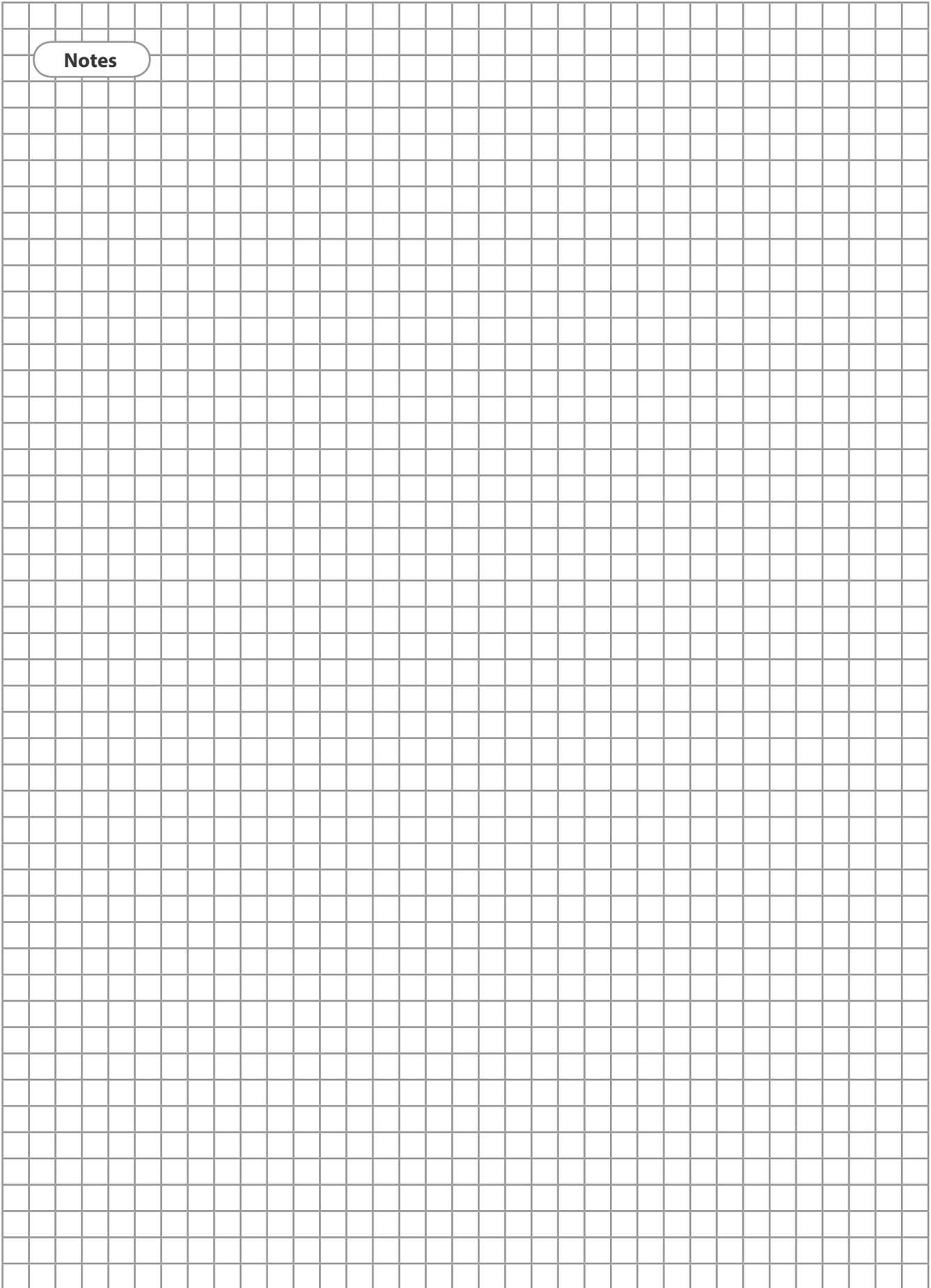
**TAURUS**

**cardiostrong**

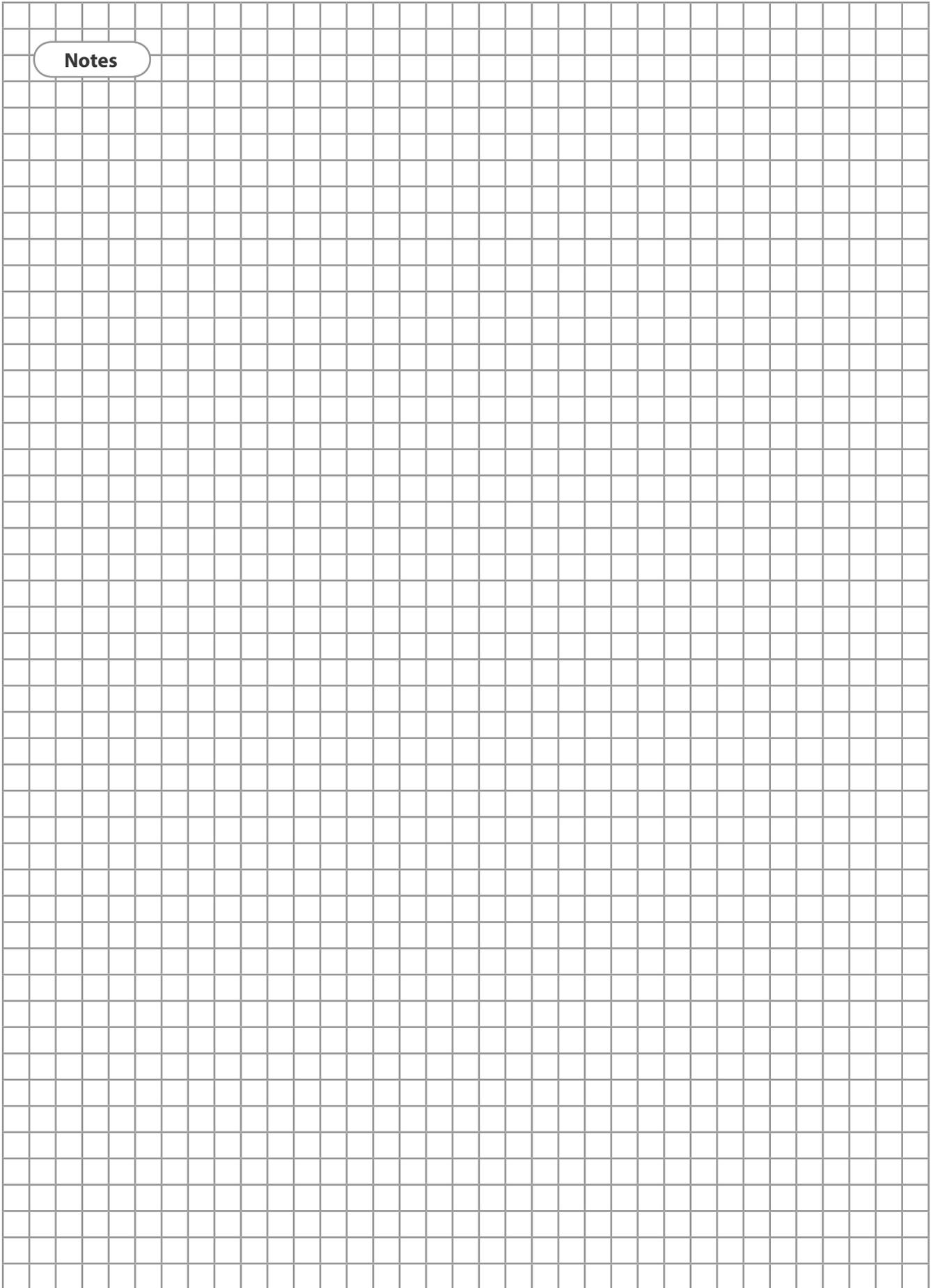
**BODYCRAFT**

**BodyMax**  
PERFORMANCE WITHOUT COMPROMISE

Notes



Notes





**TAURUS®**

**Taurus Smart Bike Z9.9 Pro**