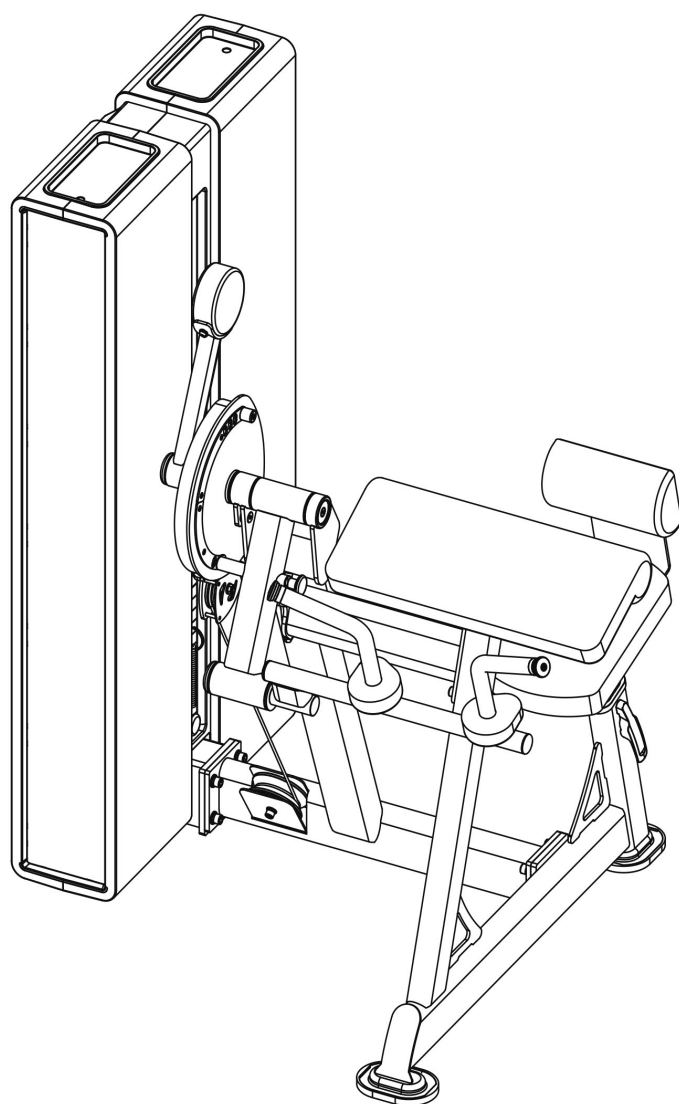


# TAURUS<sup>®</sup>

## Assembly and Operating Instructions



max. 180 kg



~ 120 Min.



189 kg

L 112 | W 125 | H 148

SESS7136.01.01

SKU: SESS7136

**Taurus Dual Pro Bicep Curl & Tricep**



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**Dear customer,**

Thank you for choosing a high-quality equipment of the brand Taurus®. Taurus® offers sports and fitness equipment for the sophisticated home sport and the equipment of fitness studios and business customers. With Taurus® fitness equipment, the focus is on what sport is all about: maximum performance! Therefore, the equipment is developed in close consultation with athletes and sports scientists. Because athletes know best what makes perfect fitness equipment.

Further information can be found at [www.sport-tiedje.com](http://www.sport-tiedje.com).

**Intended Use**

The equipment may only be used for its intended purpose.

This fitness equipment is suitable for home use, semi-professional use and commercial or professional use. The semi-professional sector includes, for example, institutional facilities such as hospitals, schools, hotels and associations. Professional use refers to commercial use, e.g. in a fitness studio.

**Legal Notice**

Sport-Tiedje GmbH  
Europe's No. 1 for home fitness

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**Disclaimer**

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Product and manual are subject to change. Technical data can be changed without advance notice.

## ABOUT THIS MANUAL

Please carefully read the entire manual before installation and first use. The manual will help you to quickly set up the system and explains how to safely use it. Make sure that all persons exercising with the equipment (especially children and persons with physical, sensory, mental or motor disabilities) are informed about this manual and its contents in advance. In case of doubt, responsible persons must supervise the use of the equipment.

Due to ongoing changes and software optimisations, the manual may have to be updated. If you notice any discrepancies during assembly or use, please refer to the manual uploaded to the webshop. The latest manual is always available there.

This equipment has been manufactured according to the latest safety knowledge. As far as possible, potential safety hazards which could cause injury have been eliminated. Make sure to carefully follow the instructions and that all parts are securely in place. If required, read through the instructions again to correct any mistakes.



Please pay close attention to the safety and maintenance instructions given here. The contract partner cannot be held liable for damage to health, accidents or damage to the equipment when it is not used in accordance with these instructions.

The following safety instructions may appear in this manual:

► **ATTENTION**

This notice indicates potentially hazardous situations which, if not avoided, may result in property damage.

⚠ **CAUTION**

This notice indicates potentially hazardous situations which, if not avoided, may result in slight or minor injuries!

⚠ **WARNING**

This notice indicates potentially hazardous situations which, if not avoided, may result in death or serious injuries!

⚠ **DANGER**

This notice indicates potentially hazardous situations which, if not avoided, will result in death or serious injuries!

ⓘ **NOTICE**

This notice indicates further useful information.

Retain these instructions in a safe place for future reference, maintenance or when ordering replacement parts.

## 1.1 Technical Data

### Weight and Dimensions

Packaging dimensions (L x W x H) and article weight (gross, incl. packaging):

Box 1:	163 cm x 91 cm x 19.5 cm	25 kg/ 55 lbs
Box 2:	152 cm x 89 cm x 28.5 cm	35 kg/ 55 lbs
Box 3:	144 cm x 62 cm x 53.5 cm	80 kg/ 176 lbs
Box 4:	70 cm x 16 cm x 48 cm	10 kg/ 22 lbs
Box 5 (weight plates):	30.5 cm x 11.5 cm x 12.5 cm	70.5 kg/ 155 lbs total

Set-up dimensions (L x W x H): 112 cm x 125 cm x 148 cm

Article weight (net, without packaging): 188.5 kg/ 416 lbs

Maximum user weight: 180 kg/ 397 lbs

### Cables and Pulleys

Weight stack:	1
Weight plates:	14 + 1 (4.5 kg/ 10 lbs)
Cable material:	Steel
Cover material:	Nylon
Cable length:	380.5 cm
Transmission ratio:	1:2
Pulley diameter:	89/114 mm

## 1.2 Personal Safety

### **DANGER**

- + Before you start using the equipment, you should consult your physician that this type of exercise is suitable for you from a health perspective. Particularly affected are persons who: have a hereditary disposition to high blood pressure or heart disease, are over the age of 45, smoke, have high cholesterol values, are overweight and/or have not exercised regularly in the past year. If you are under medical treatment that affects your heart rate, medical advice is absolutely essential.
- + Note that excessive training can seriously endanger your health. Please also note that heart rate monitoring systems can be inaccurate. If you notice any signs of weakness, nausea, dizziness, pain, shortness of breath, or other abnormal symptoms, stop exercising immediately and seek advice from your doctor if necessary.

### **WARNING**

- + This equipment may not be used by children under the age of 14.
- + Children should not be allowed unsupervised access to the equipment.
- + Persons with disabilities must have a medical license and must be under strict observation when using the equipment.
- + The equipment is strictly for use by one person at a time.
- + If your equipment provides a safety key, the clip of the safety key must be attached to your clothing before starting your training. In the event of a fall, the EMERGENCY STOP of the equipment can be initiated.
- + Keep your hands, feet and other body parts, hair, clothing, jewellery and other objects well clear of moving parts.
- + During use, wear suitable sports clothing rather than loose or baggy clothing. When wearing sports shoes, make sure they have suitable soles, preferably made of rubber or other non-slip materials. Shoes with heels, leather soles, studs or spikes are unsuitable. Never exercise barefoot.

### **CAUTION**

- + If your equipment needs to be connected to the power supply with a mains cable, make sure that the cable is not a potential tripping hazard.
- + Make sure that nobody is within the range of motion of the equipment during training so as not to endanger you or other persons.

### **ATTENTION**

- + Do not insert any objects of any kind into the openings of the device.

## 1.3 Set-Up Place

### **WARNING**

- + Do not place the equipment in main corridors or escape routes.

### **CAUTION**

- + Choose a location in which to place the equipment such that there is enough free space/ clearance to the front, the rear and to the sides of the equipment.
- + The training room should be well ventilated during training and not be exposed to any draughts.
- + Choose the place in which to set up the equipment such that there is enough free space/ clearance to the front, the rear and to the sides of the equipment.
- + The set-up and mounting surface of the equipment should be flat, loadable and solid.

### **ATTENTION**

- + The device may only be used in one building, in sufficiently tempered and dry rooms (ambient temperatures between 10°C and 35°C). The equipment should not be used outdoors or in rooms with high humidity (over 70%) like swimming pools.
- + A floor protective mat/equipment underlay can help to protect high-quality floor coverings (parquet, laminate, cork, carpets) from dents and sweat and can help to level out slight unevenness.

## 2.1 General Instructions

**DANGER**

- + Do not leave any tools, packaging materials such as foils or small parts lying around, as otherwise there is a danger of suffocation for children. Keep children away from the equipment during assembly.

**WARNING**

- + Pay attention to the instructions attached to the equipment in order to reduce the risk of injuries.

**CAUTION**

- + Ensure to have sufficient room for movement in each direction during assembly.
- + The assembly of the equipment must be carried out by at least two adults. If in doubt, seek the help of a third technically skilled person.

**ATTENTION**

- + To prevent damage to the equipment and the floor, assemble the equipment on a mat or packaging board.

**NOTICE**

- + In order to make the assembly as simple as possible, some screws and nuts to be used can already be pre-assembled.
- + Ideally, assemble the equipment at its later set-up place.

## 2.2 Scope of Delivery

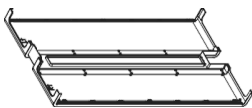
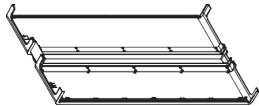


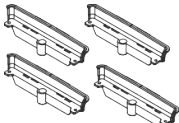
The scope of delivery consist of the following parts. At the beginning, check whether all parts and tools belonging to the device are included in the scope of delivery and whether damage has occurred. In the event of complaints, the contractual partner must be contacted directly.







### CAUTION

If parts of the scope of delivery are missing or damaged, the assembly must not be carried out.

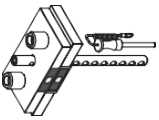
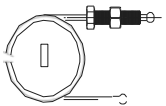

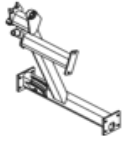
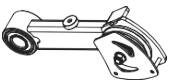


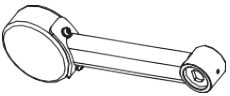
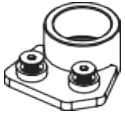
## Carton 5-1

ITEM NO.	NAME.	DESCRIPTION.	QTY.
005 + 008 + 006	Left shield + rear middle trim + right shield		2
005 + 009 + 006	Left shield + front middle trim + right shield		2
007	Side shield		2
010	Tray		2
011	Connecting strip		4

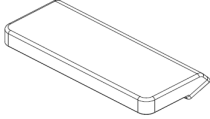
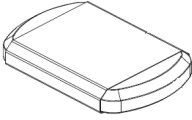
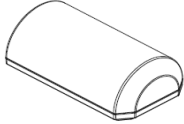
## Carton 5-2

ITEM NO.	NAME.	DESCRIPTION.	QTY.
001	Frame		1
013	Pulley set(φ114)		1
012	Pulley set(φ89)		1
004	Pulley baffle		1

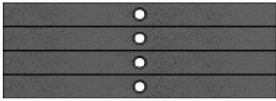
## Carton 5-3

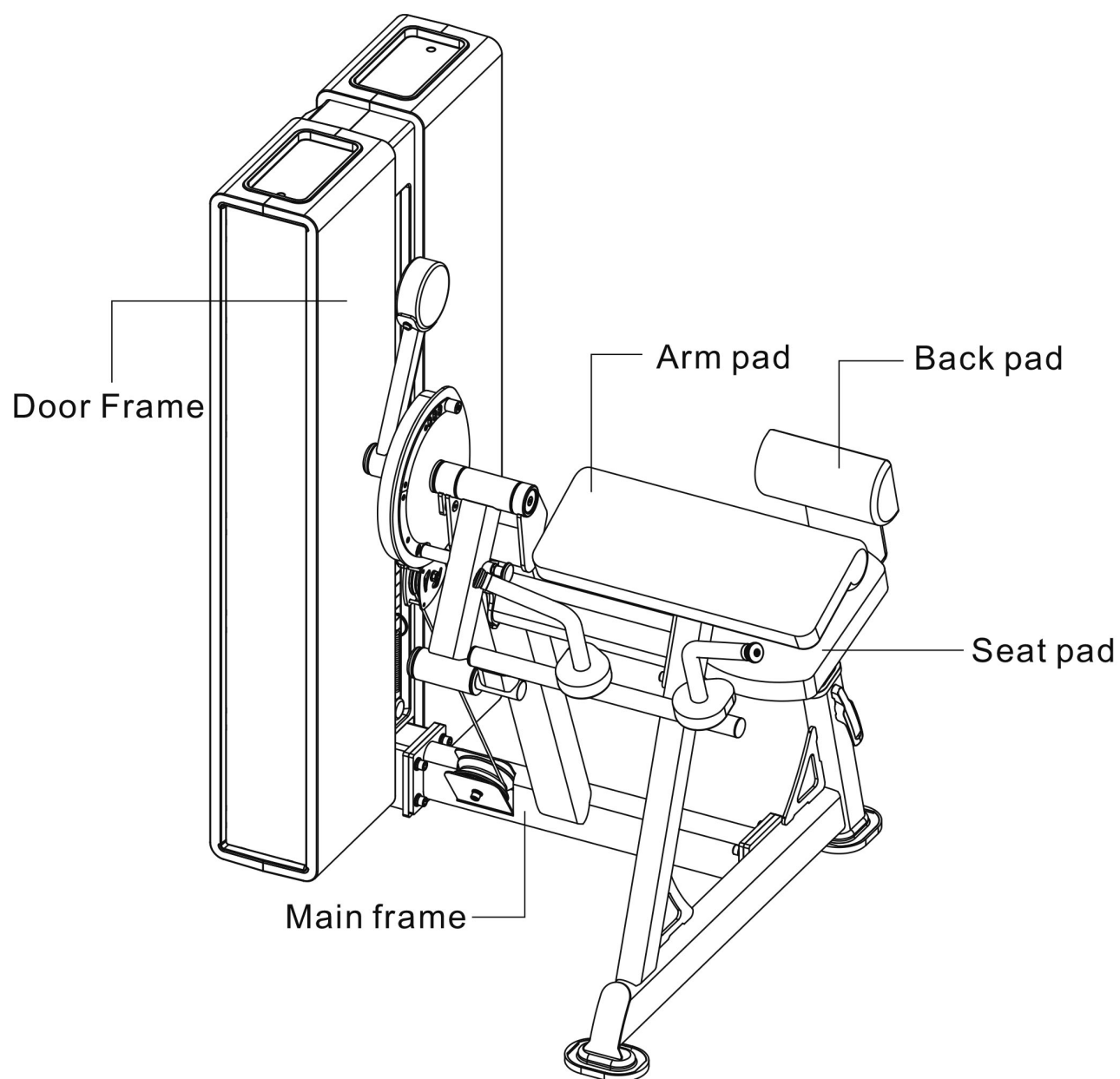
ITEM NO.	NAME.	DESCRIPTION.	QTY.
74	10 pounds balance weight sets		1
75	Cable set		1
34-2&40	Upper rotation frame		1
33-2	Main frame		1
41	Swing frame		1
35-2	Cam frame		1
39	Upright Frame		1
36-2	Balance frame		1
37-2	Inner support frame		1

## Carton 5-4

ITEM NO.	NAME.	DESCRIPTION.	QTY.
108	Arm Pad		1
110	Seat Pad		1
106	Back Cushion		1

## Carton 5-5

ITEM NO.	NAME.	DESCRIPTION.	QTY.
72&73	10lb weight stack plate		11



## 2.3 Assembly

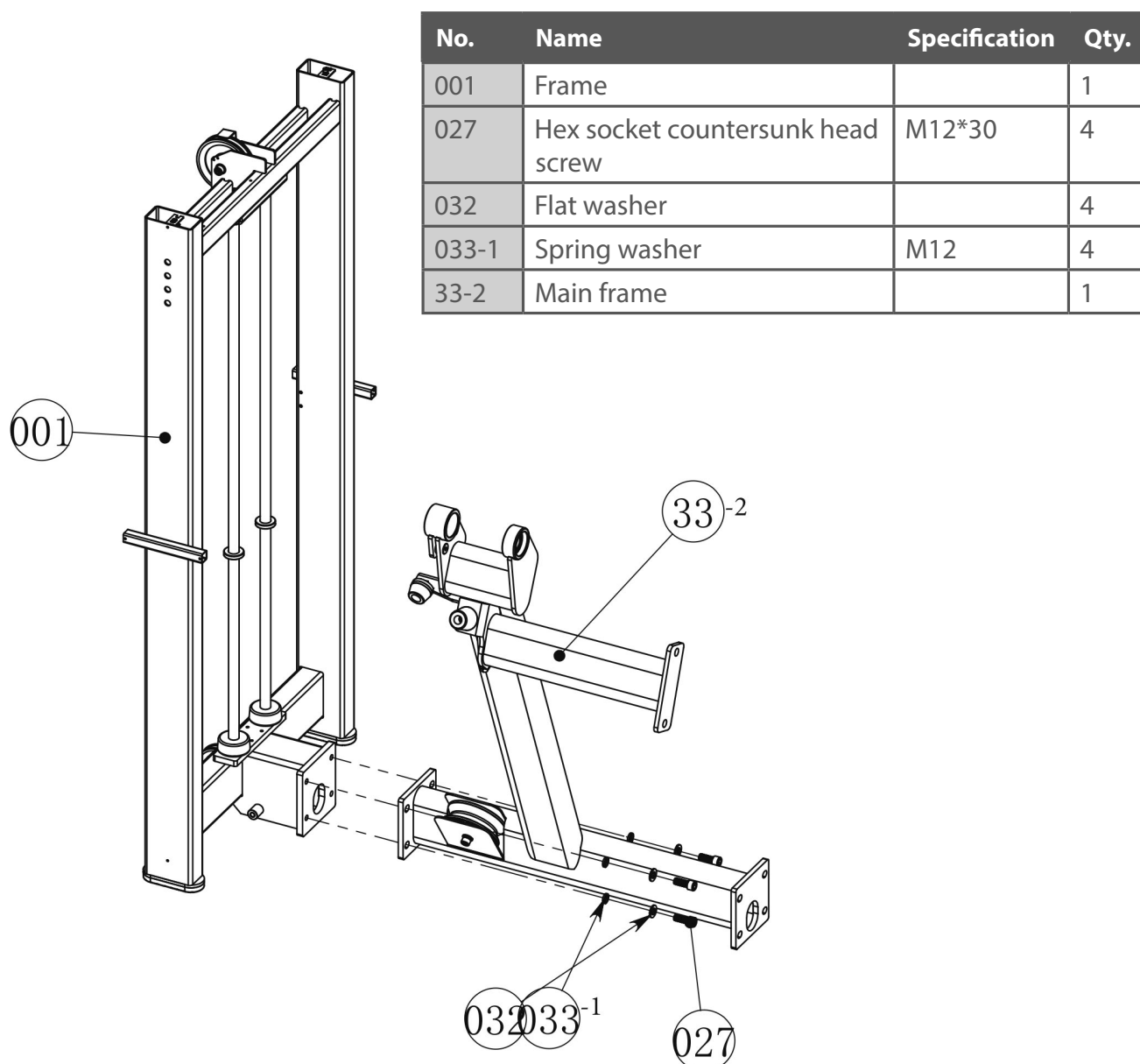
Before assembly, take a close look at the individual assembly steps shown and carry out the assembly in the order given.

### ① NOTICE

First loosely screw all parts together and check that they fit properly. Tighten the screws using the tool only when you are instructed to do so.

### Step 1: Assembly of the Main Frame

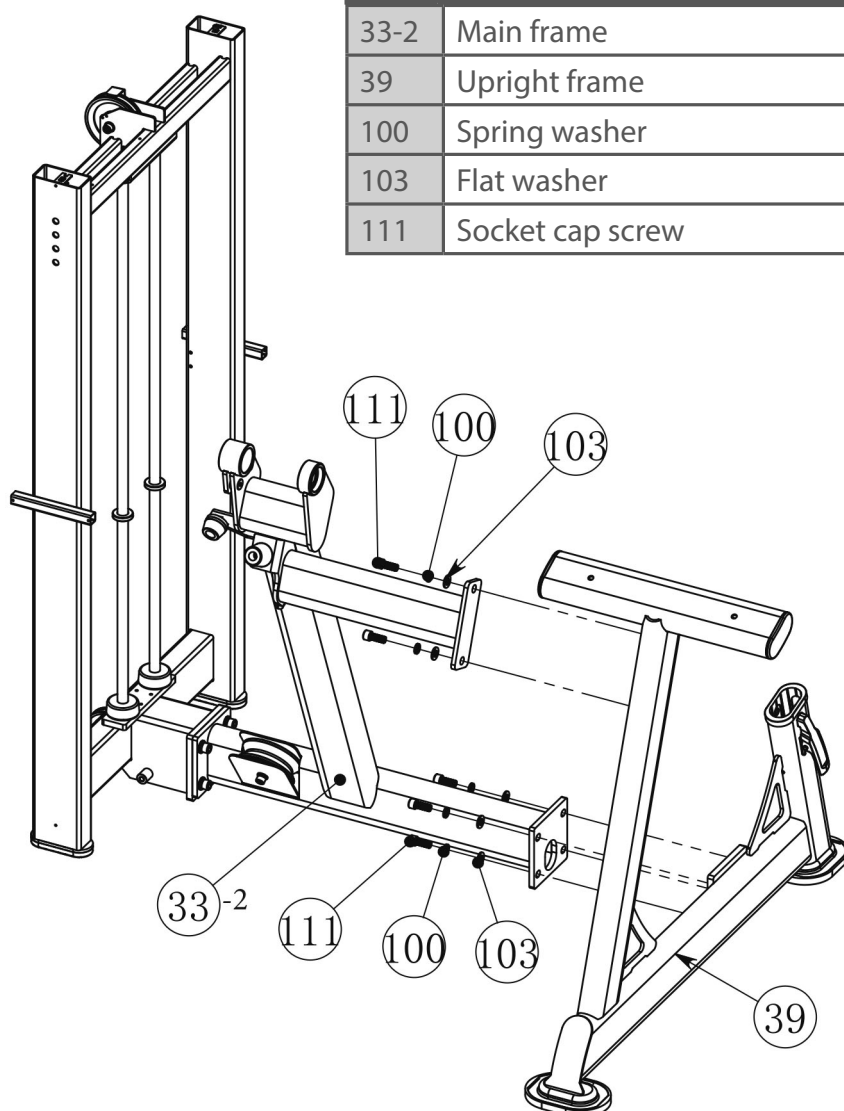
Fix the main frame (33-2) to the frame (001) with four screws (027), four spring washers (033-1) and four flat washers (032).



## Step 2: Assembly of the Upright Frame

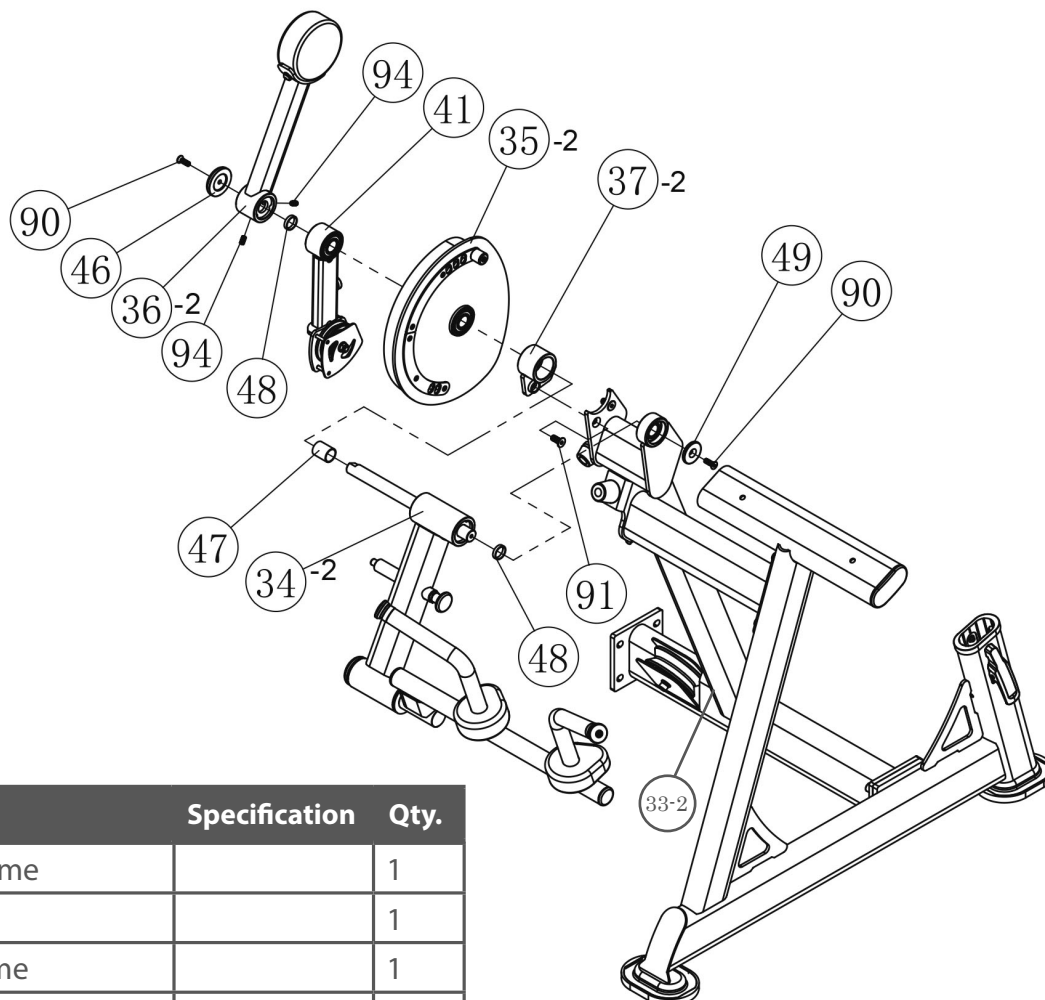
Fix the upright frame (39) to the main frame (33-2) with six screws (111), six spring washers (100) and six flat washers (103).

No.	Name	Specification	Qty.
33-2	Main frame		1
39	Upright frame		1
100	Spring washer	M12	6
103	Flat washer		6
111	Socket cap screw	M12*30	6



### Step 3: Assembly of the Rotation Frame and Cam Frame

1. Attach the pipe jacking (47) and one check ring (48) to the rotation frame (34-2).
2. Fix the rotation frame (34-2) to the main frame (33-2) with the block plate (49) and one screw (90).
3. Fix the inner support frame (37-2) to the main frame (33-2) with one screw (91).
4. Fix the cam frame (35-2), swing frame (41), one check ring (48) and the balance frame (36-2) to the rotation frame (34-2) with two screws (94), one end cap (46) and one screw (90).



No.	Name	Specification	Qty.
34-2	Rotation frame		1
35-2	Cam frame		1
36-2	Balance frame		1
37-2	Inner support frame		1
41	Swing frame		1
46	Aluminium end cap	Φ60*14	1
47	Pipe jacking	Φ29*Φ25*34	1
48	Check ring		2
49	Block plate		1
90	Head socket with hex screw	M8*25	2
91	Head socket with hex screw	M10*25	2
94	Flat hex cap screw	M8*16	2

#### Step 4: Assembly of the Pulleys and Seat Pad Frame

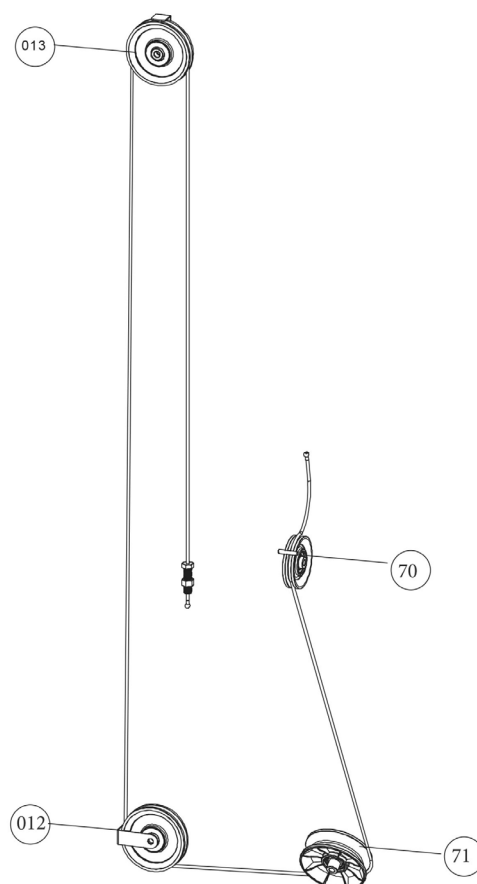
##### **i NOTICE**

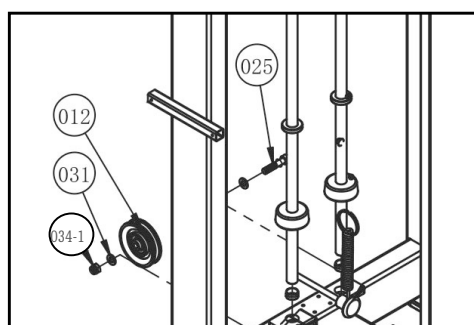
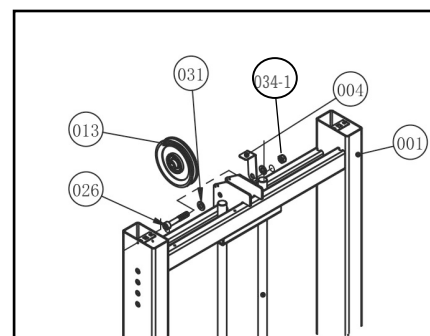
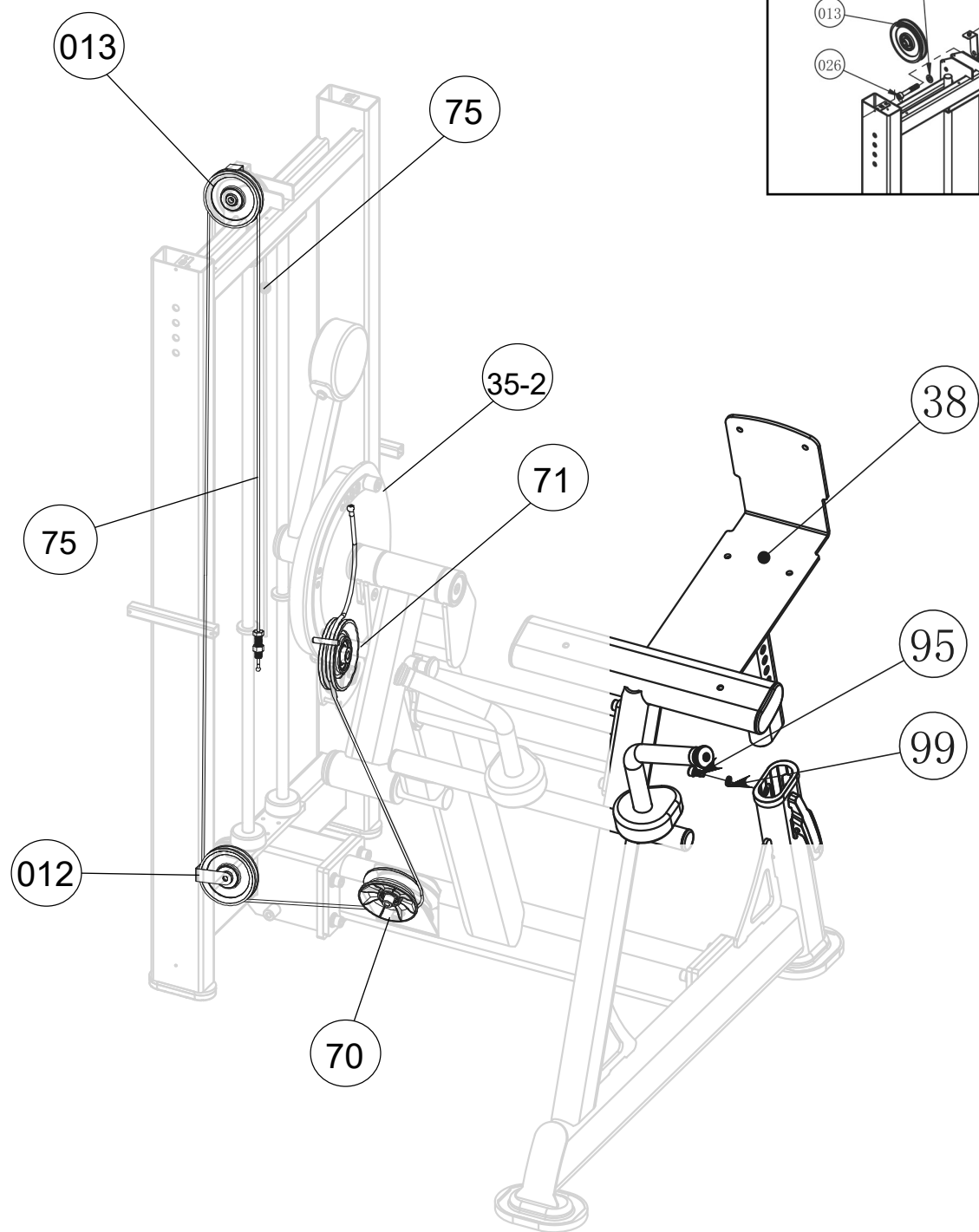
- + The majority of the pulleys are pre-assembled when delivered. These pulleys need to be disassembled in order to perform the cable routing.
- + The two pulleys (012 and 013) for the frame are not pre-assembled

1. Route the cable (75) over the pulley set (013) and assemble the pulley set (013) to the upper side of the frame (001) and pulley baffle (004) with the pre-assembled screw (026), two flat washers (031) and one nut (034-1).
2. Route the cable (75) down and under the pulley set (012) and assemble the pulley set (012) to the lower side of the frame (001) with the pre-assembled screw (025), two flat washers (031) and one nut (034-1).
3. Disassemble the pulley (70), route the cable (75) around and reassemble the pulley (70).
4. Disassemble the pulley (71), route the cable (75) around and reassemble the pulley (71).
5. Attach the lower cable end (75) to the cam frame (35-2).
6. Fix the seat pad frame (38) to the upright frame (39) with one spring washer (99) and one stop screw (95).



No.	Name	Specification	Qty.
38	Seat pad frame		1
75	Cable sets	Φ4.8	1
95	Stop screw	M10*18*Φ8	1
99	Spring washer	M10	1
012	Pulley set	Φ89*25.8	1
013	Pulley set	Φ114*32	1
70	Wide pulley block	Φ116*47	1
71	Pulley block	Φ89*25.8	1
75	Cable set	Φ4.8	1

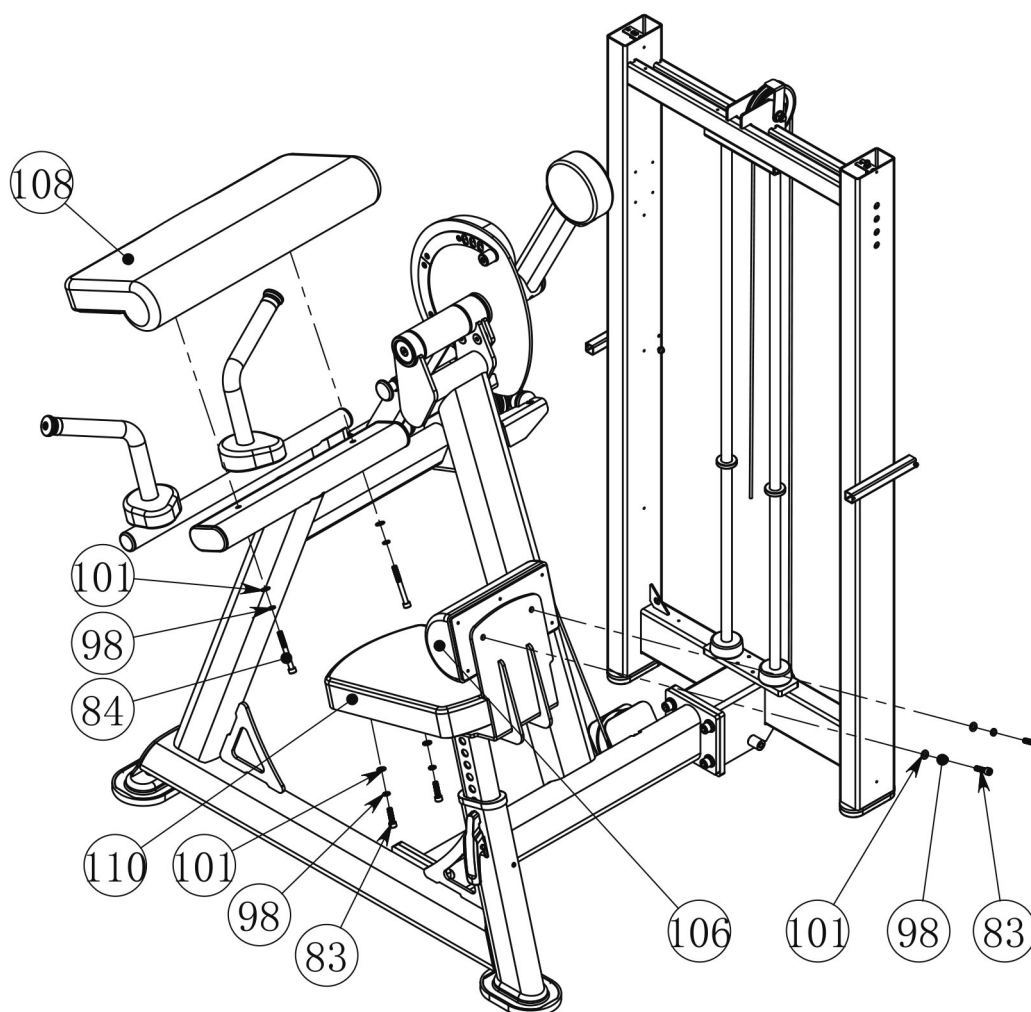




### Step 5: Assembly of the Back Pad, Arm Pad and Seat Pad

1. Fix the back pad (106) to the seat pad frame (38) with two screws (83), two spring washers (98) and two flat washers (101).
2. Fix the seat pad (110) to the seat pad frame (38) with two screws (83), two spring washers (98) and two flat washers (101).
3. Fix the arm pad (108) to the upright frame (39) with two screws (84), two spring washers (98) and two flat washers (101).

No.	Name	Specification	Qty.
83	Socket cap screw	M8*30	4
84	Socket cap screw	M8*75	2
98	Spring washer	M8	6
101	Flat washer		8
106	Back pad		1
108	Arm pad		1
110	Seat pad		1



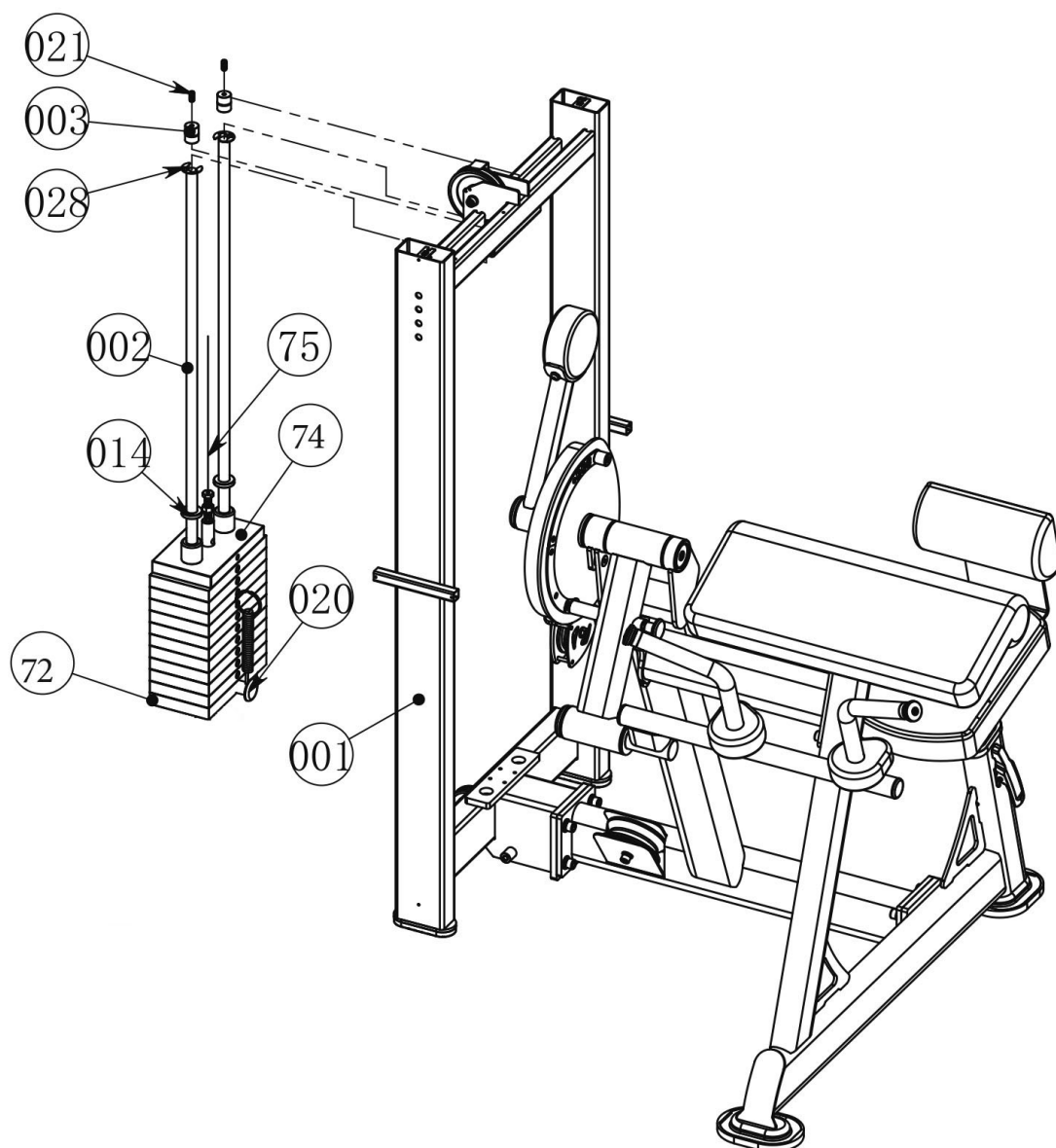
## Step 6: Assembly of the Weight Stack Plates

### **i NOTICE**

The guide rods are pre-assembled to the frame.

1. Disassemble the upper part of the guide rods (002) by removing the socket set (021), the guide rod fixing sleeves (003), the split washers (028) and the bumpers (014).
2. Slide the ten plates (72) onto the guide rods (002).
3. Slide the balance weight (74) onto the guide rods (002).
4. Slide the cable set (75) into the balance weight (74).
5. Insert the selector pin (020) into any desired hole of the plates (72).
6. Slide the previously removed bumpers (014) back onto the guide rods (002).
7. Fix the guide rods (002) to the upper part of the frame (001) with the previously removed socket sets (021), guide rod fixing sleeves (003) and split washers (028).
8. Screw in the cable end (75) into the balance weight (74).

No.	Name	Specification	Qty.
001	Frame		1
002	Guide rod		2
003	Guide rod fixing sleeve		2
014	Bumper	Φ38*Φ21*10	2
020	Select pin set		1
021	Hex socket set screw with cone	M8*20	2
028	Split washer	d=20	2
72	10lb select plates sets	4.5 kg	10
74	10lb balance weight sets	4.5 kg	1
75	Cable sets	Φ4.8	1



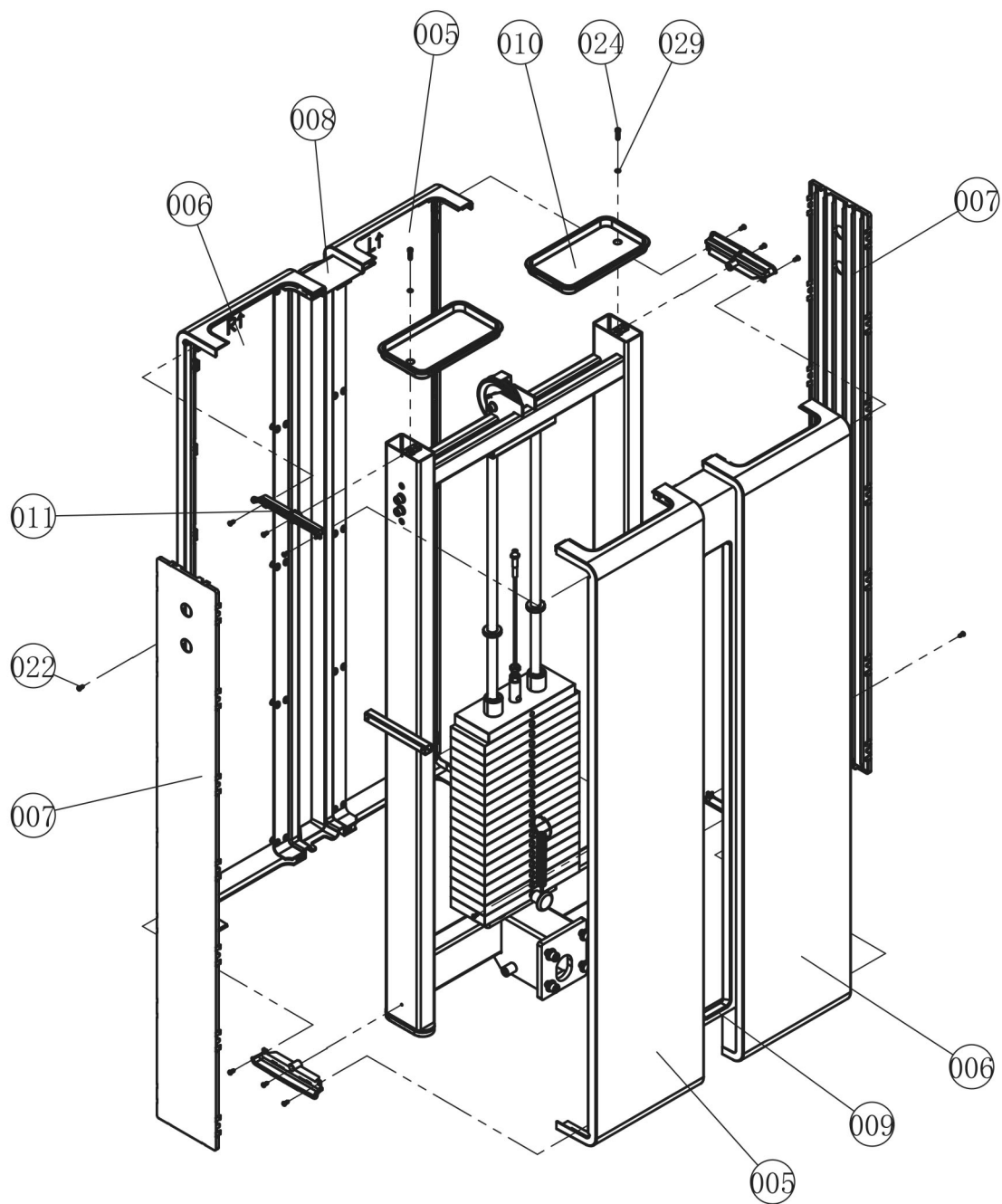
## Step 7: Assembly of the Side Shields and Trays

### ① NOTICE

The left and right shields are pre-assembled with a front or rear middle trim. Make sure to align the shields in the respective direction (front/rear).

1. Assemble the left and right shields (005 & 006) with the rear and front middle trim (008 & 009) to the frame (001) with four screws (022).
2. Assemble both side shields (007) to the frame (001) with four connecting strips (011) by using twelve screws (022).
3. Assemble the trays (010) to the frame (001) with two screws (024) and two flat washers (029).

No.	Name	Specification	Qty.
005 + 008 + 006	Left shield + rear middle trim + right shield		1
005 + 009 + 006	Left shield + front middle trim + right shield		1
007	Side shield		2
010	Tray		2
011	Connecting strip		4
022	Cross recessed countersunk head screw	ST4.2*13	16
024	Hex socket countersunk head screw	M5*25	2
029	Flat washer	Φ10*Φ5.3*1	2



### 3.1 General Instructions



#### **WARNING**

- + The storage location should be chosen so that improper use by third parties or children can be prevented.
- + If your equipment does not have transportation wheels, the equipment must be disassembled before transportation.



#### **ATTENTION**

- + Make sure that the equipment is protected from moisture, dust and dirt in the selected storage location. The storage location should be dry and well ventilated and have a constant ambient temperature between 10°C and 35°C.

## 4.1 General Instructions

### **WARNING**

- + Do not make any improper changes to the equipment.

### **CAUTION**

- + Damaged or worn components may affect your safety and the life of the equipment. Therefore, immediately replace damaged or worn components. In such a case, contact the contract partner. The equipment must not be used until it has been repaired. If necessary, use only original spare parts.

### **ATTENTION**

- + In addition to the instructions and recommendations for maintenance and care given here, additional service and/or repair work may be necessary; this must only be carried out by authorised service technicians.

## 4.2 Faults and Fault Diagnosis

The equipment undergoes regular quality controls during production. Nevertheless, faults or malfunctions may occur. Frequently, individual parts are responsible for these disturbances, an exchange is usually sufficient. Please refer to the following overview for the most common errors and how to correct them. If the equipment still does not function properly, contact your contract partner.

Fault	Cause	Solution
Grinding noises	Cables or pulleys do not run smoothly or are damaged	<ul style="list-style-type: none"> <li>+ Visual inspection of the cable routing or the pulley guide</li> <li>+ If damaged, replace the defective part</li> </ul>
Weight hanging in the air	Cable tensioned too tight	Readjust cable tension
Cable without tension	Cable too loose	<ul style="list-style-type: none"> <li>+ Check cable routing</li> <li>+ Readjust cable tension</li> </ul>
Squeaking & cracking noises	Screw connections loosened or too tight	<ul style="list-style-type: none"> <li>+ Check or lubricate screw connections</li> <li>+ Check cable routing</li> </ul>
Unit wobbles	<ul style="list-style-type: none"> <li>+ Uneven ground</li> <li>+ Loose screw connections</li> </ul>	<ul style="list-style-type: none"> <li>+ Align unit</li> <li>+ Tighten screw connections</li> </ul>
Heavy draught	<ul style="list-style-type: none"> <li>+ Weight holders/guide rods too dry</li> <li>+ Faulty cable routing</li> </ul>	<ul style="list-style-type: none"> <li>+ Lubricate guide rods</li> <li>+ Check cable routing</li> </ul>

## 4.3 Maintenance and Inspection Calendar

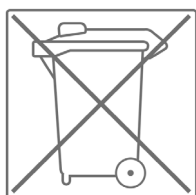
To avoid damage from body sweat, the equipment must be cleaned with a damp towel (no solvents!) after each training session.

The following routine tasks must be performed at the specified intervals:

Part	Weekly	Monthly	Quarterly
Cables	C	I	
Screw connections		I	
Pulleys and cable routing		I	
Slide rails/Guide rods		I	
Cushions	C		
Legend: C = clean; I = inspect			

## 5 DISPOSAL

At the end of its operational life, this equipment cannot be disposed of in normal household waste. Instead, it must be disposed of via an recycling centre. Further information can be obtained from your local authority's recycling service.



The materials can be recycled as per their symbols. Through the reuse, recycling of materials or other forms of recovery of old equipment, you make an important contribution to the protection of the environment.

## 6 RECOMMENDED ACCESSORIES

To make your training experience even more efficient and pleasant, we recommend that you add suiting accessories to your fitness equipment. This could be a floor mat, for example, which makes your fitness equipment stand more securely and also protects the floor from falling sweat, but it could also be additional handrails on some treadmills or silicone spray to keep moving parts in good shape.

If you have purchased a fitness machine with pulse training and want to train your heart rate, we strongly recommend that you use a compatible chest strap, as this ensures optimum transmission of the heart rate. You may want to buy additional grips or weights for multi gyms.

Our range of accessories offers the highest quality and makes training even better. If you would like to find out more about compatible accessories, please go to the detail page of the product in our webshop (the easiest way is to enter the article number in the search field above) and go to the recommended accessories on this page. Of course, you can also contact our customer service: by telephone, e-mail, in one of our branches or via our social media channels. We will be happy to advise you!



floor mat



chest strap



chest strap contact gel



towels



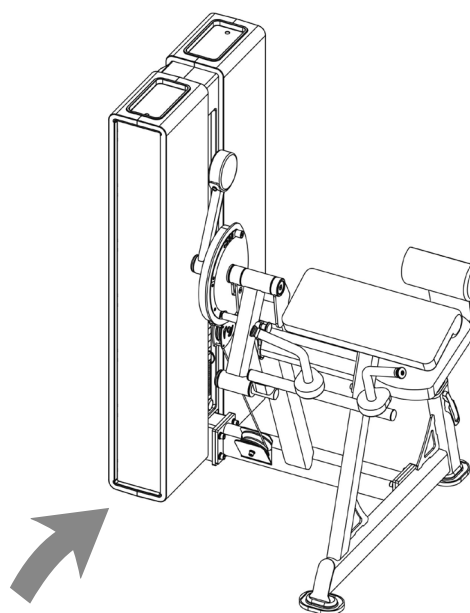
silicone spray

## 7.1 Serial Number and Model Name

In order to provide you with the best possible service, please have the model name, article number, serial number, exploded drawing and parts list ready. The corresponding contact options can be found in chapter 9 of this operating manual.

**① NOTICE**

The serial number of your equipment is unique. It's located on a white sticker. The exact position of this sticker is shown in the following illustration.



Enter the serial number in the appropriate field.

**Serial number:**

**Brand / Category:**

Taurus / multi gym

**Model Name:**

Dual Pro Bicep Curl & Tricep

**SKU:**

SESS7136

## 7.2 Parts List

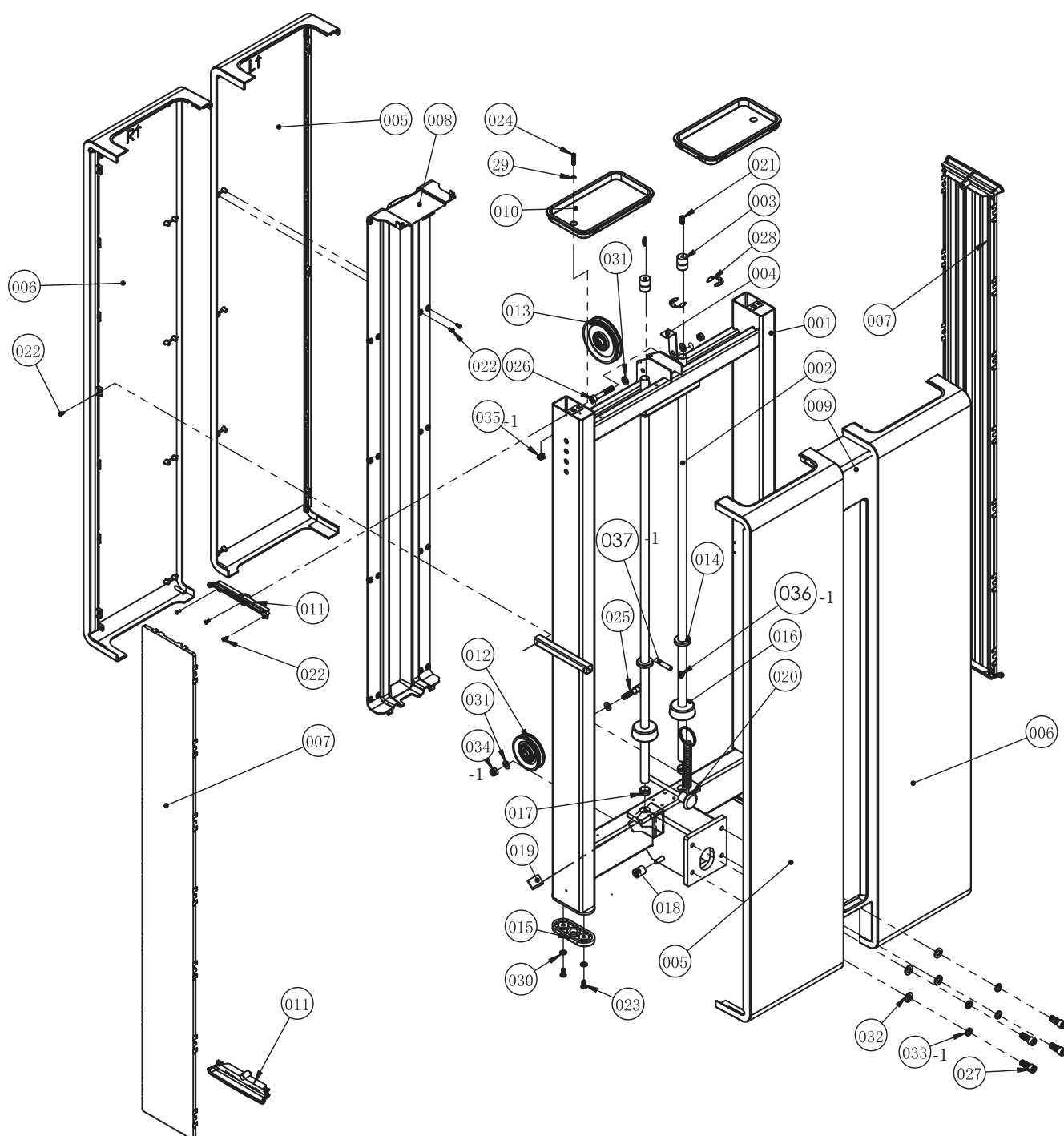
No.	Name	Specification	Qty.
001	Frame		1
002	Guide rod		2
003	Guide rod fixing sleeve		2
004	Pulley baffle		1
005	Left Shield		2
006	Right Shield		2
007	Side Shield		2
008	Rear middle Trim		1
009	Front middle Trim		1
010	Tay		2
011	Connecting strip		4
012	Pulley set	φ89*25.8	1
013	Pulley set	φ114*32	1
014	Bumper	φ38*φ21*10	2
015	Floor mat		2
016	Bumper	φ62*φ20*26	2
017	Guide rod upper cap		2
018	Hook stop collar		2
019	Single Side glue cushion	25*35*3	1
020	Select Pin Set		1
021	Hexagon Socket Set S with Cone	M8*20	2
022	Cross recessed countersunk head screw	ST4.2*13	56
023	Button Head Inner Hexagon Bolt	M8*16	4
024	Hexagon socket countersunk head screws	M5*25	2
025	Hexagon socket countersunk head screws	M10*50	1
026	Hexagon socket countersunk head screws	M10*60	1
027	Hexagon socket countersunk head screws	M12*30	4
028	Split Washer	d=20	2
029	Flat washer	Φ10*Φ5.3*1	2
030	Flat washer	Φ16*Φ8.4*1.6	4
031	Flat washer	Φ20*Φ10.5*2	4

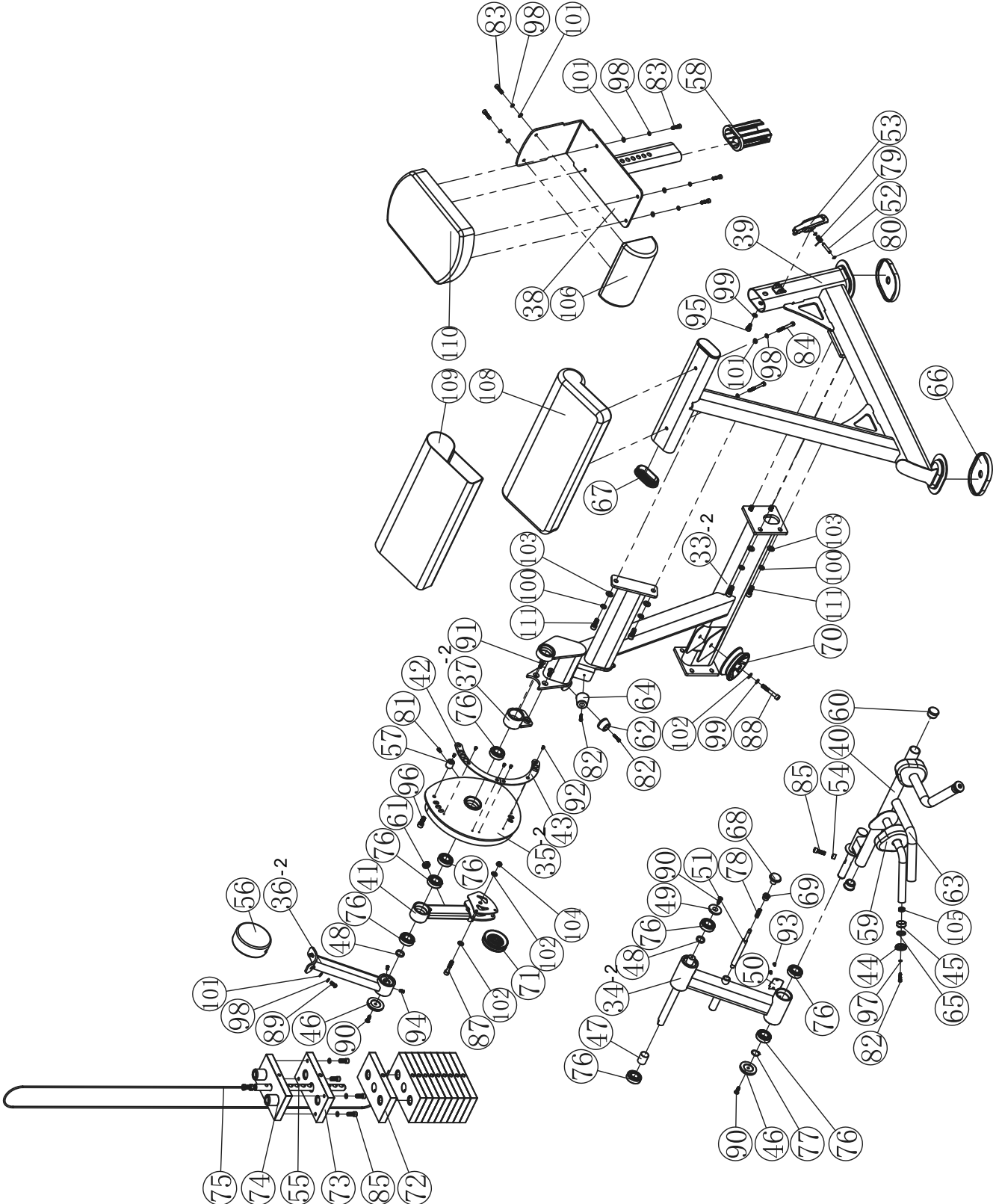
032	Flat washer	Φ24*Φ13*2.5	4
033-1	Spring washer	M12	4
034-1	Nylon nut	M10	2
035-1	Nut	M5	2
036-1	Stopples	Φ10*Φ5.3*1	1
037-1	Elastic cylindrical pin	φ10*45	1
33-2	Main frame		1
34-2	Rotation frame		1
35-2	Cam frame		1
36-2	Balance frame		1
37-2	Inner support frame		1
38	Seat pad frame		1
40	Upper rotation frame		1
41	Swing frame		1
42	Upper adjustable plate		1
43	Lower adjustable plate		1
44	Aluminum end cap	Φ6.5*Φ38*13	2
45	Aluminum ring	Φ23*Φ26*Φ32*14.5	2
46	Aluminum end cap	φ60*14	2
47	Pipe jacking	Φ29*Φ25*34	1
48	Check ring	Φ29*Φ25*5.5	2
49	Block plate		1
51	Long socket	φ16*185	1
52	Fixed axis	φ8*44	1
53	Adjustable handle	136*52*32	1
54			1
55	12 holes select axis		1
56	Balance iron	Φ130*50	1
57	Stop collar	Φ24*Φ12.2*24	1
59	Hand mat		2
60	Oval pipe plug	φ38*2.5	2
61	Washer	Φ25*Φ14*15.2	1
62	Washer	Φ42*Φ32*22	1
63	Through-hole hand sleeve	Φ31.5*Φ24*300	2
64	Washer	Φ45*Φ35*40	1

65	Plastic ring	Φ26*Φ30*4.5	2
66	Ground rubber mat	180*120*16	2
67	Oval pipe plug	PT50*100*3	2
68	Pull back knob	Φ41*30.5*M10	1
69	M20 nut	M20	1
70	Wide pulley block	Φ116*47	1
71	Pulley block	Φ89*25.8	1
72	10 pounds select plates sets	4.5KG	10
73	10 pounds select plates sets	4.5KG	1
74	10 pounds balance weight sets	4.5KG	1
75	Cable sets	Φ4.8	1
76	Step bearing	φ52*φ25*18	8
77	Circlip for shaft	d0=25	1
78	Spring	Φ1*Φ11.5*38	1
79	Rotation spring	φ2*11.5*30	1
80	Split washer	d=6	2
81	Socket cap screw	M6*10	1
82	Socket cap screw	M6*25	4
83	Socket cap screw	M8*30	6
84	Socket cap screw	M8*75	2
85	Socket cap screw	M10*25	4
87	Socket cap screw	M10*50	1
88	Socket cap screw	M10*65	1
89	Umbrella hexagon cap screw	M8*20	2
90	Head socket with hexagon screw	M8*25	3
91	Head socket with hexagon screw	M10*25	2
92	Cross recessed countersunk head screw	M5*10	6
94	Flat hexagon cap screw	M8*16	2
95	Stop screw	M10*18*Φ8	1
96	Blockade screw	M12*30	1
97	Spring washer	M6	2
98	Spring washer	M8	10
99	Spring washer	M10	6
100	Spring washer	M12	6
101	Flat washer	Φ16*Φ8.4*1.6	10

102	Flat washer	Φ20*Φ10.5*2	3
103	Flat washer	Φ24*Φ13*2.5	6
104	Nut	M10	1
105	Spring nut	M6*Φ20.8*10	2
106	Back pad		1
107	Arm pad set		1
108	Arm pad		1
109	Leather cover		1
110	Seat pad		1
111	Socket cap screw	M12*30	6
112	Flat washer	Φ12*Φ6.4*1.6	2
113	limiting cushion		
114	Seat pad adjustable frame		1
115	sliding sleeve		2

## 7.3 Exploded Drawing





Training equipment from Taurus® is subject to strict quality control. However, if a fitness equipment purchased from us does not work perfectly, we take it very seriously and ask you to contact our customer service as indicated. We are happy to help you by phone via our service hotline.

### Error Descriptions

Your fitness equipment is developed for long-term, high-quality training. However, should a problem arise, please first read the operating instructions. For further assistance, please contact your contract partner or call our service hotline. To ensure your problem is solved as quickly as possible, please describe the defect as exactly as possible.

In addition to the statutory warranty, we provide a warranty for every fitness equipment purchased from us according to the following provisions.

**Your statutory rights are not affected.**

### Warranty

The warrantee is the first/original buyer and/or any person who received a newly purchased product as a gift from the original buyer.

#### Warranty period

The warranty periods, shown on our web shop, begin on delivery of the fitness equipment. The respective warranty periods for your equipment can be found on its product website.

### Repair Costs

According to our choice, there will either be a repair, a replacement of individual damaged parts or a complete replacement. Spare parts, that have to be mounted while assembling the equipment, have to be replaced by the warrantee personally and are not a part of repair. After the expiration of the warranty period for repair costs, a pure parts warranty applies, which does not include the repair, installation and delivery costs.

### The terms of use are defined as follows:

- + Home use: solely for private use in private households up to 3 hours per day
- + Semi-professional use: up to 6 hours per day (e. g. rehabilitation centres, hotels, clubs, company gyms)
- + Professional use: more than 6 hours per day (e. g. commercial gyms)

### Warranty Service

Within the warranty period, equipment which develops faults as a result of material or manufacturing defects, will be repaired or replaced at our discretion. Ownership of equipment or parts of equipment which have been replaced is transferred to us. The warranty period is not extended nor does a new warranty period begin following repair or replacement under the warranty.

## **Warranty Conditions**

For the warranty to be valid, the following steps must be taken:

Please contact our customer service by email or phone. If the product under warranty has to be sent in for repair, the seller bears costs. After expiry of the warranty, the buyer bears the costs of transport and insurance. If the fault is covered by our warranty, you will receive a new or repaired equipment in return.

### **Warranty claims are invalid in case of damage resulting from:**

- + misuse or improper handling
- + environmental influences (moisture, heat, electrical surge, dust, etc.)
- + failure to follow the current safety measures for the equipment
- + failure to follow the operating instructions
- + use of force (e. g. hitting, kicking, falling)
- + interventions which were not carried out by one of our authorized service centres
- + unauthorised repair attempts

### **Proof of Purchase and Serial Number**

Please make sure that you are able to provide the appropriate receipt when claiming on your warranty. So that we can clearly identify the model of your equipment, and for the purposes of our quality control, you will need to give the serial number of your equipment, when contacting the service team. Where possible please have your serial number and your customer number ready when you call our service hotline. It will help us to deal with your request swiftly.

If you cannot find the serial number on your fitness equipment, our service team is at your disposal to offer further information.
















































### **Service outside of the Warranty Period**

We are also happy to issue an individual cost estimate if there is a problem with your fitness equipment after the warranty has expired, or in cases which do not fall under the terms of the warranty, e. g. normal wear and tear. Please contact our customer service team to find a quick and cost-effective solution to your problem. In such a case you will be responsible for the delivery costs.

### **Communication**

Many problems can be solved just by speaking to us as your specialist supplier. We know how important it is to you as a user of the fitness equipment to have problems solved quickly and simply, so you can enjoy working out with minimal interruption. For that reason, we also want to resolve your queries quickly and in a straightforward manner. Thus, please always keep your customer number and the serial number of the faulty equipment handy.

## 9 CONTACT

DE	DK	FR
<b>TECHNICAL SUPPORT</b>  +49 4621 4210-900  +49 4621 4210-698  technik@sport-tiedje.de  Mo - Fr 08:00 - 18:00  Sa 09:00 - 18:00  <b>SERVICE</b>  0800 20 20277 (Freecall)  info@sport-tiedje.de  Mo - Fr 08:00 - 21:00  Sa 09:00 - 21:00  So 10:00 - 18:00	<b>TECHNICAL SUPPORT &amp; SERVICE</b>  80 90 16 50 +49 4621 4210-945  info@fitshop.dk  Mo - Fr 08:00 - 18:00  Sa 09:00 - 18:00	<b>TECHNICAL SUPPORT &amp; SERVICE</b>  +33 (0) 172 770033 +49 4621 4210-933  service-france@fitshop.fr  Mo - Fr 08:00 - 18:00  Sa 09:00 - 18:00
	PL	BE
	<b>TECHNICAL SUPPORT &amp; SERVICE</b>  22 307 43 21 +49 4621 42 10-948  info@fitshop.pl  Mo - Fr 08:00 - 18:00  Sa 09:00 - 18:00	<b>TECHNICAL SUPPORT &amp; SERVICE</b>  02 732 46 77 +49 4621 42 10-932  info@fitshop.be  Mo - Fr 08:00 - 18:00  Sa 09:00 - 18:00
UK	NL	INT
<b>TECHNICAL SUPPORT</b>  +44 141 876 3986  support@powerhousefitness.co.uk  <b>SERVICE</b>  +44 141 876 3972  Mo - Fr 9am - 5pm	<b>TECHNICAL SUPPORT &amp; SERVICE</b>  +31 172 619961  info@fitshop.nl  Ma - Do 09:00 - 17:00  Vr 09:00 - 21:00  Za 10:00 - 17:00	<b>TECHNICAL SUPPORT &amp; SERVICE</b>  +49 4621 4210-944  service-int@sport-tiedje.de  Mo - Fr 8am - 6pm  Sat 9am - 6pm
	AT	CH
	<b>TECHNICAL SUPPORT &amp; SERVICE</b>  0800 20 20277 (Freecall) +49 4621 42 10-0  info@sport-tiedje.at  Mo - Fr 08:00 - 18:00  Sa 09:00 - 18:00	<b>TECHNICAL SUPPORT &amp; SERVICE</b>  0800 202 027 +49 4621 42 10-0  info@sport-tiedje.ch  Mo - Fr 08:00 - 18:00  Sa 09:00 - 18:00

Please find a detailed overview including address and opening hours for all stores of the Sport-Tiedje Group in Germany and abroad on the following website:

[www.sport-tiedje.com/en/stores](http://www.sport-tiedje.com/en/stores)

# WE LIVE FITNESS

## WEBSHOP AND SOCIAL MEDIA

Sport-Tiedje is Europe's largest specialist store for home fitness equipment with currently over 70 stores and one of the world's most renowned online mail order companies for fitness equipment. Private customers order via the 25 web shops in the respective national language or have their desired equipment assembled on site. In addition, the company supplies fitness studios, hotels, sports clubs, companies and physio practices with professional equipment for endurance and strength training.

Sport-Tiedje offers a wide range of fitness equipment from renowned manufacturers, high-quality in-house developments and comprehensive services, such as a build-up service and sports scientific advice before and after the purchase. The company employs numerous sports scientists, fitness trainers and competitive athletes.

Visit us also on our social media platforms or our blog!



[www.sport-tiedje.co.uk](http://www.sport-tiedje.co.uk)  
[www.sport-tiedje.de/blog](http://www.sport-tiedje.de/blog)



[www.facebook.com/SportTiedje](http://www.facebook.com/SportTiedje)



[www.instagram.com/sporttiedje](http://www.instagram.com/sporttiedje)



[www.youtube.com/user/sporttiedje](http://www.youtube.com/user/sporttiedje)

**TAURUS**

 **cardiostrong** 

**BODYCRAFT**

 **cardiojump**

 **DUKEFITNESS**

**DARWIN**

Notes

Notes



# TAURUS®

**Taurus Dual Pro Bicep Curl & Tricep**