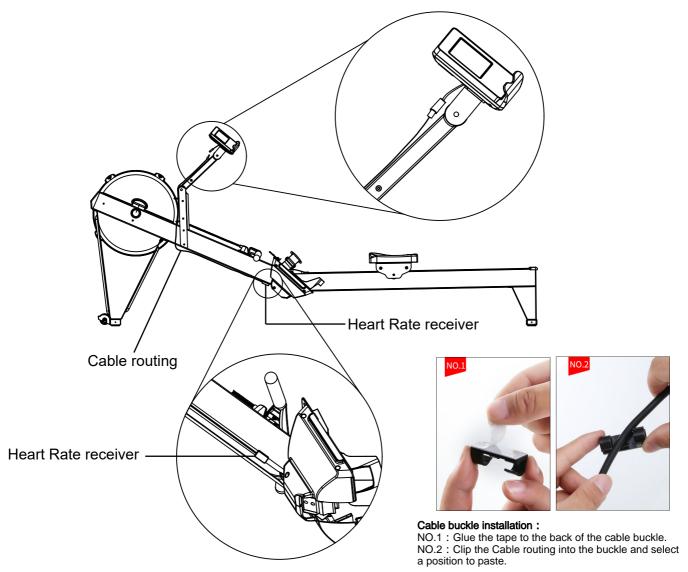
HEART RATE INTERFACE INSTALLATION



- 1. Connect the 3.5mm audio plug on the Heart Rate receiver to the audio interface on the Console.
- 2. Glue the Heart Rate receiver to the bottom of the main frame behind the pedal as shown. (Do not stick to the left and right sides of the main frame.)
- 3. Ensure that the " \uparrow " on the Heart Rate receiver is oriented towards the user.
- 4. The maximum effective distance of the Heart Rate receiver is 1.5 meters. If you find that your heart rate is not sensitive during exercise, please adjust the position of the Heart Rate receiver appropriately.
- 5. After the connection is successful, you can view your heartbeat in the "PULSE " column on the display. The "♥" icon will blink during the detection.

