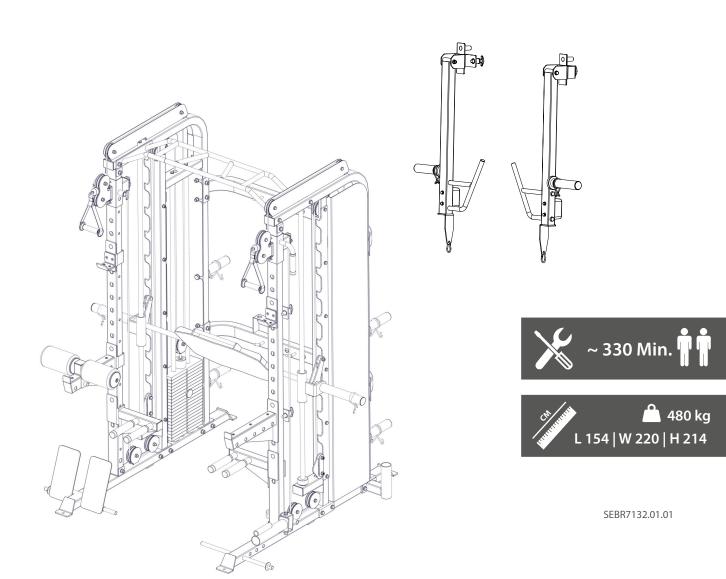


Assembly and Operating Instructions



SKU: SEBR7132 / SEBR7139

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Dear customer,

Thank you for choosing a high-quality equipment of the brand Taurus®. Taurus® offers sports and fitness equipment for the sophisticated home sport and the equipment of fitness studios and business customers. With Taurus® fitness equipment, the focus is on what sport is all about: maximum performance! Therefore, the equipment is developed in close consultation with athletes and sports scientists. Because athletes know best what makes perfect fitness equipment.

Further information can be found at www.sport-tiedje.com.

Intended Use

The equipment may only be used for its intended purpose.

This fitness equipment is suitable for home use, light commercial use and full commercial use. The light commercial sector includes, for example, institutional facilities such as hospitals, schools, hotels and associations. Full commercial use refers to commercial use, e.g. in a fitness studio.

Disclaimer



©2011 Taurus® is a registered brand of the company Sport-Tiedje GmbH. All rights reserved. Any use of this trademark without the explicit written permission of Sport-Tiedje is prohibited.

Product and manual are subject to change. Technical data can be changed without advance notice.

ABOUT THIS MANUAL

Please carefully read the entire manual before installation and first use. The manual will help you to quickly set up the system and explains how to safely use it. Make sure that all persons exercising with the equipment (especially children and persons with physical, sensory, mental or motor disabilities) are informed about this manual and its contents in advance. In case of doubt, responsible persons must supervise the use of the equipment.

Due to ongoing changes and software optimisations, the manual may have to be updated. If you notice any discrepancies during assembly or use, please refer to the manual uploaded to the webshop. The latest manual is always available there.

This equipment has been manufactured according to the latest safety knowledge. As far as possible, potential safety hazards which could cause injury have been eliminated. Make sure to carefully follow

the instructions and that all parts are securely in place. If required, read through the instructions again to correct any mistakes.

Please pay close attention to the safety and maintenance instructions given here. The contract partner cannot be held liable for damage to health, accidents or damage to the equipment when it is not used in accordance with these instructions.

The following safety instructions may appear in this manual:

► ATTENTION

This notice indicates potentially hazardous situations which, if not avoided, may result in property damage.

CAUTION

This notice indicates potentially hazardous situations which, if not avoided, may result in slight or minor injuries!

↑ WARNING

This notice indicates potentially hazardous situations which, if not avoided, may result in death or serious injuries!

↑ DANGER

This notice indicates potentially hazardous situations which, if not avoided, will result in death or serious injuries!

(i) NOTICE

This notice indicates further useful information.

Retain these instructions in a safe place for future reference, maintenance or when ordering replacement parts.

1.1 Technical Data

Weight and Dimensions

Article weight (gross, incl. packaging): 510 kg / 1124 lbs Article weight (net, without packaging): 480 kg / 1058 lbs

Packaging dimensions (L x W x H): approx. 225 cm x 94 cm x 44 cm Set up dimensions (L x W x H): approx. 154 cm x 220 cm x 214 cm

Quantity of weight stacks: 2

Weight: 100 kg / 220 lbs per weight stack

Maximum load of the barbell bar: 300 kg / 661 lbs

Transmission ratio cable pull: 2:1

Optional Jammer Arms

Article weight (gross, incl. packaging): 30 kg / 66 lbs Article weight (net, without packaging): 27 kg / 59 lbs

Packaging dimensions (L x W x H): approx. 137 cm x 74 cm x 18 cm Set up dimensions (L x W x H): approx. 127 cm x 65 cm x 18 cm

Maximum load: 100 kg / 220 lbs each

1.2 Personal Safety

↑ DANGER

- + Before you start using the equipment, you should consult your physician that this type of exercise is suitable for you from a health perspective. Particularly affected are persons who: have a hereditary disposition to high blood pressure or heart disease, are over the age of 45, smoke, have high cholesterol values, are overweight and/or have not exercised regularly in the past year. If you are under medical treatment that affects your heart rate, medical advice is absolutely essential.
- + Note that excessive training can seriously endanger your health. Please also note that heart rate monitoring systems can be inaccurate. If you notice any signs of weakness, nausea, dizziness, pain, shortness of breath, or other abnormal symptoms, stop exercising immediately and seek advice from your doctor if necessary.

↑ WARNING

- + This equipment may not be used by children under the age of 14.
- + Children should not be allowed unsupervised access to the equipment.
- + Persons with disabilities must have a medical license and must be under strict observation when using the equipment.
- + The equipment is strictly for use by one person at a time.
- + If your equipment provides a safety key, the clip of the safety key must be attached to your clothing before starting your training. In the event of a fall, the EMERGENCY STOP of the equipment can be initiated.
- + Keep your hands, feet and other body parts, hair, clothing, jewellery and other objects well clear of moving parts.
- + During use, wear suitable sports clothing rather than loose or baggy clothing. When wearing sports shoes, make sure they have suitable soles, preferably made of rubber or other non-slip materials. Shoes with heels, leather soles, studs or spikes are unsuitable. Never exercise barefoot.

CAUTION

- + If your equipment needs to be connected to the power supply with a mains cable, make sure that the cable is not a potential tripping hazard.
- + Make sure that nobody is within the range of motion of the equipment during training so as not to endanger you or other persons.

ATTENTION

+ Do not insert any objects of any kind into the openings of the device.

1.3 Set-Up Place

↑ WARNING

+ Do not place the equipment in main corridors or escape routes.

CAUTION

- + Choose a location in which to place the equipment such that there is enough free space/ clearance to the front, the rear and to the sides of the equipment.
- + The training room should be well ventilated during training and not be exposed to any draughts.
- + Choose the place in which to set up the equipment such that there is enough free space/ clearance to the front, the rear and to the sides of the equipment.
- The set-up and mounting surface of the equipment should be flat, loadable and solid.
- + If your device is to be mounted on the wall/ceiling, make sure that you use the appropriate assembly material to avoid possible damages or personal injuries. The contractual partner accepts no liability for this.

ATTENTION

- + The device may only be used in one building, in sufficiently tempered and dry rooms (ambient temperatures between 10°C and 35°C). The equipment should not be used outdoors or in rooms with high humidity (over 70%) like swimming pools.
- + A floor protective mat/equipment underlay can help to protect high-quality floor coverings (parquet, laminate, cork, carpets) from dents and sweat and can help to level out slight unevenness.

2.1 General Instructions

⚠ DANGER

+ Do not leave any tools, packaging materials such as foils or small parts lying around, as otherwise there is a danger of suffocation for children. Keep children away from the equipment during assembly.

↑ WARNING

+ Pay attention to the instructions attached to the equipment in order to reduce the risk of injuries.

CAUTION

- + Ensure to have sufficient room for movement in each direction during assembly.
- + The assembly of the equipment must be carried out by at least two adults. If in doubt, seek the help of a third technically skilled person.

ATTENTION

+ To prevent damage to the equipment and the floor, assemble the equipment on a mat or packaging board.

(i) NOTICE

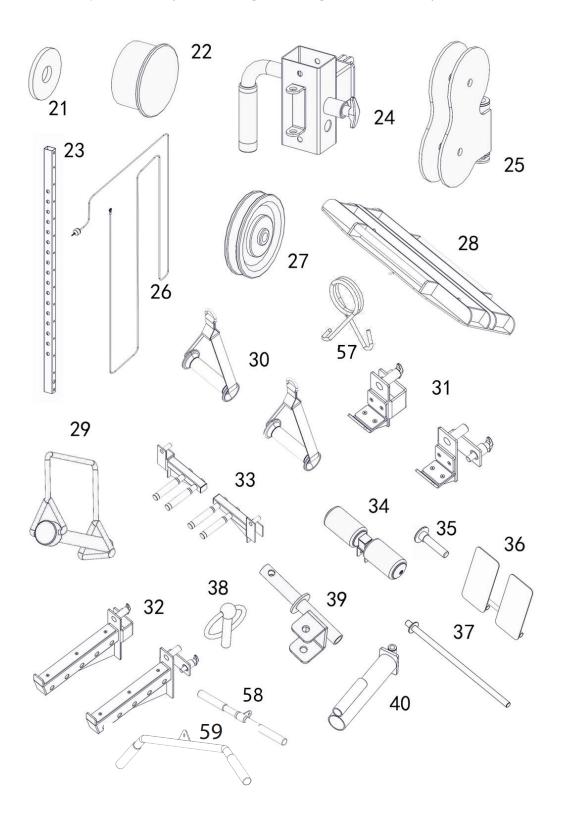
- + In order to make the assembly as simple as possible, some screws and nuts to be used can already be pre-assembled.
- + Ideally, assemble the equipment at its later set-up place.

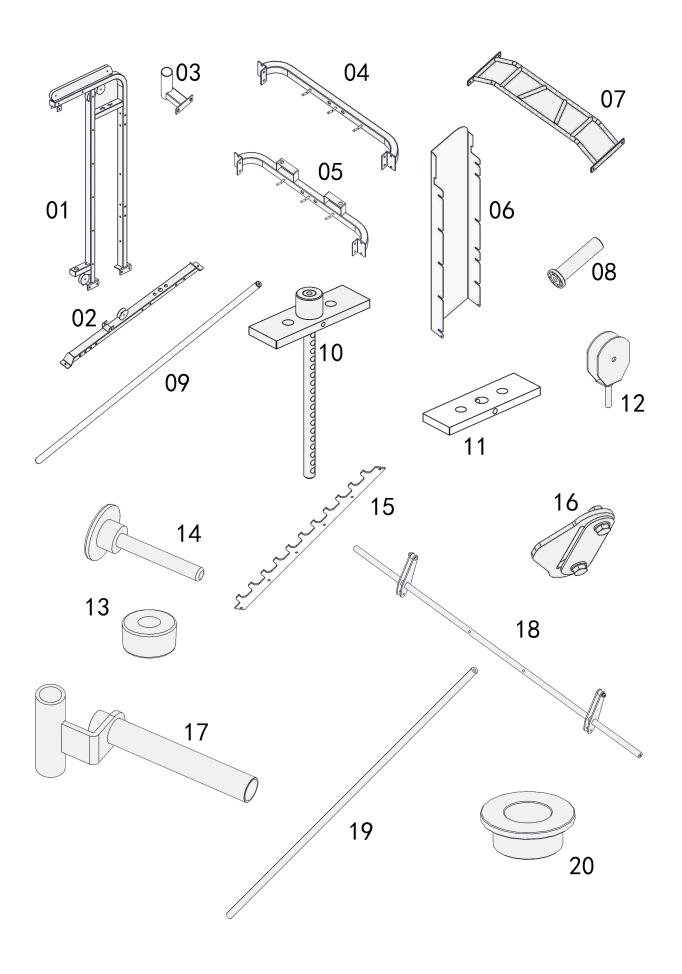
2.2 Scope of Delivery

The scope of delivery consist of the following parts. At the beginning, check whether all parts and tools belonging to the device are included in the scope of delivery and whether damage has occurred. In the event of complaints, the contractual partner must be contacted directly.

CAUTION

If parts of the scope of delivery are missing or damaged, the assembly must not be carried out.





2.3 Assembly

Before assembly, take a close look at the individual assembly steps shown and carry out the assembly in the order given.

(i) NOTICE

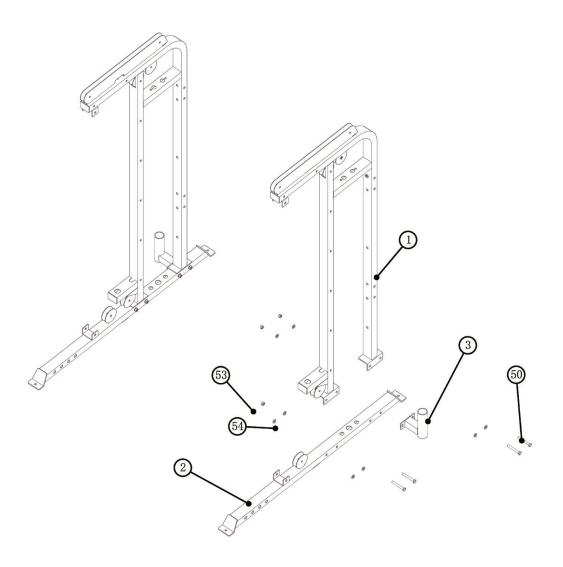
- + First loosely screw all parts together and check that they fit properly. Tighten the screws using the tool only when you are instructed to do so.
- + If you have difficulty recognising the graphics, we recommend that you open and/or download the PDF instructions stored in the webshop on your end device (e.g. smartphone, tablet or PC). There you have the option of zooming in closer. Please note that the Adobe Acrobat Reader programme must be installed on your end device in order to open the file.

Step 1: Connecting Main Frame and Bottom Tube

Mount the two parts of the main frame (1) and the barbell cups (3) to the two bottom tubes (2) on each side using four M12*90 hexagon bolts (50), eight Φ 12 washers (54) and four M12 safety nuts (53).

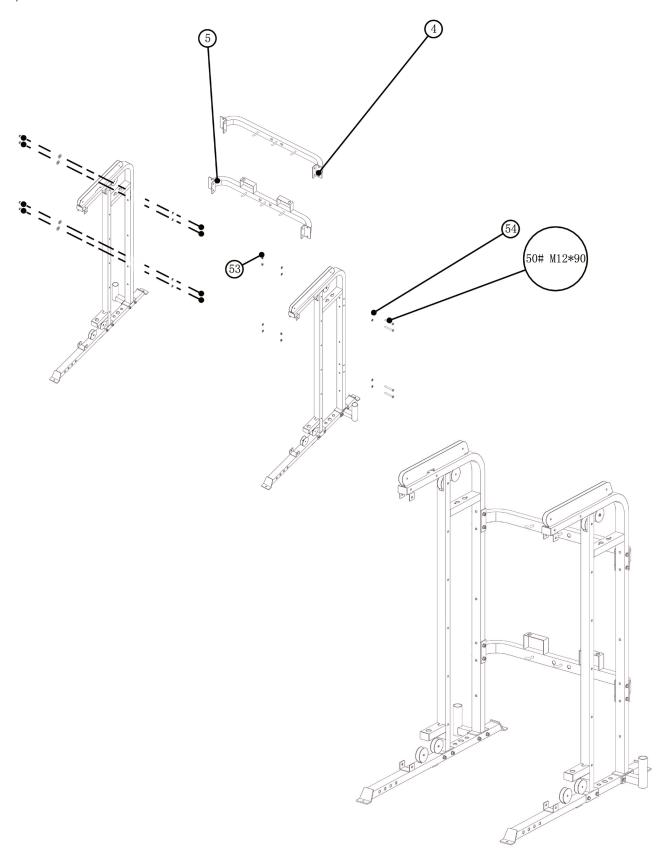
(i) NOTICE

The assembly step is the same for both sides.



Step 2: Connecting both Main Frames

Connect the left and right part of the main frame (1) with the upper and lower cross tube (4 and 5). Use for each side four M12*90 hexagon bolts (50), eight Φ 12 washers (54) and four M12 safety nuts (53).



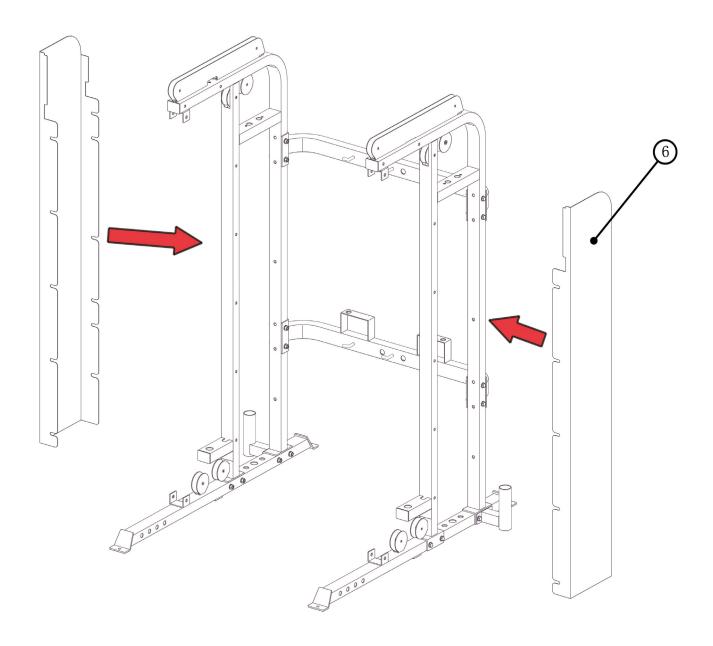
Step 3: Assembly of the Steel Covers

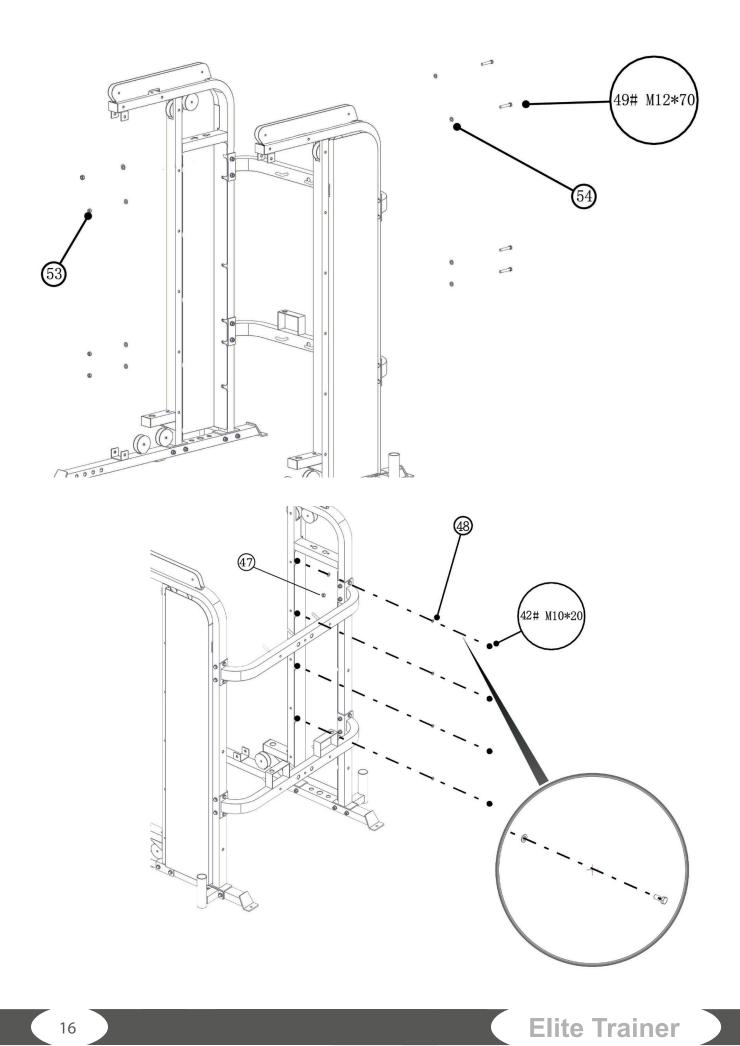
1. Mount the two covers (6) on each side of the main frame (1) with four M10*20 hexagon bolts (42), eight Φ10 washers (48), four M10 safety nuts (47) and four M12*70 hexagon bolts (49), eight Φ12 washers (54), four M12 safety nuts (53).

(i) NOTICE

The bolts are to be bolt on the inside of the covers.

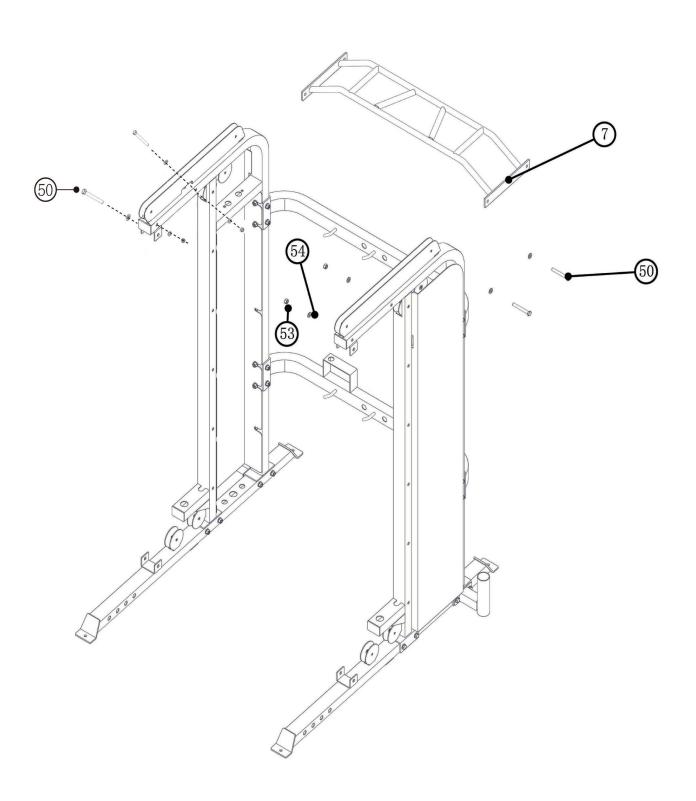
2. Use for the side where the cross tubes (4 and 5) are located the M12*70 hexagon bolts (49), Φ 12 washer (54) and the M12 safety nuts (53). For the other side use the M10*20 hexagon bolts (42), the Φ 10 washer (48) and the M10 safety nuts (47).

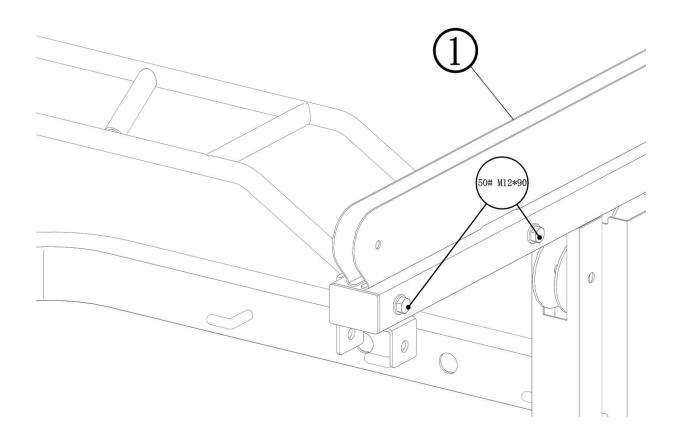




Step 4: Assembly of the Chin Up Bar

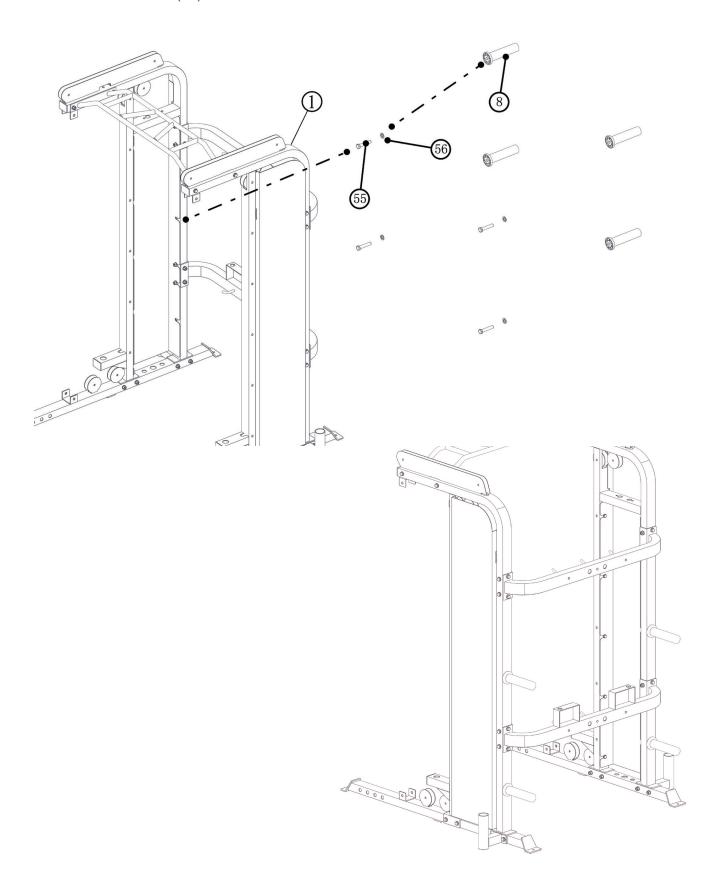
Mount the chin up bar (7) to the main frame (1) on both sides using each two M12*90 hexagon bolts (50), four Φ 12 washers (54) and two M12 safety nuts (53).





Step 5: Assembly of the Weight Plate Holders

Mount the four weight plate holders (8) to the main frame (1) using one M16*80 hexagon bolt (55) and one Φ 16 washer (56) each.



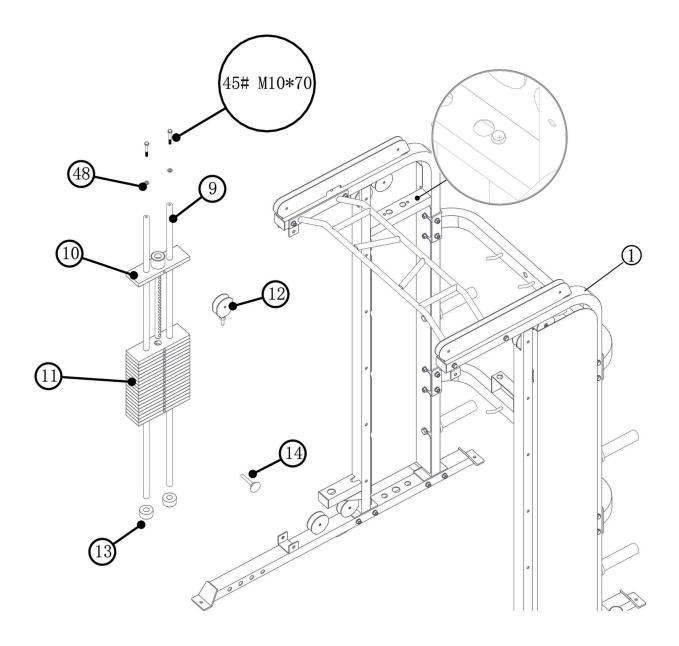
Step 6: Assembly of the Weight Stacks

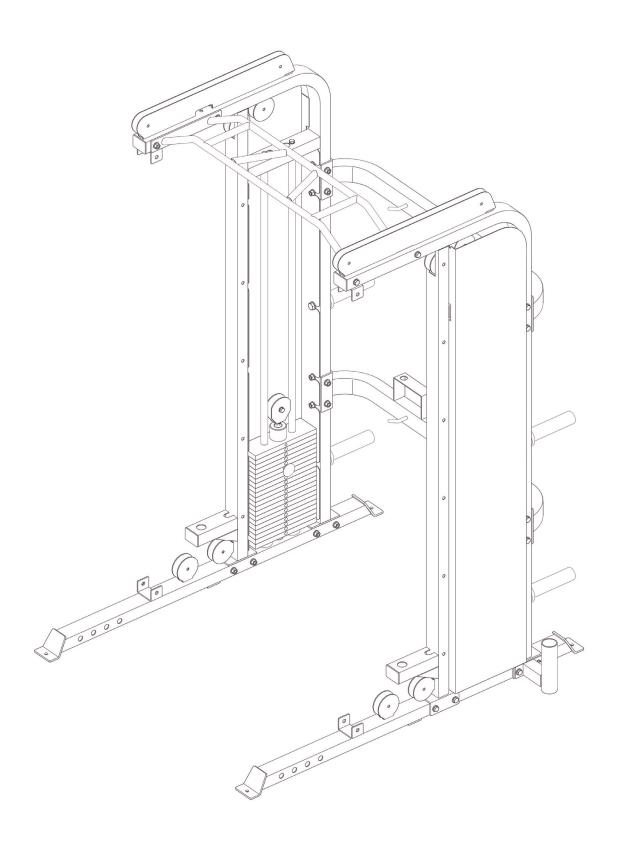
1. Place the rubber cushions (13) onto the main frame (1) and insert the guide bars (9) through the rubber cushions (13) into the main frame (1).

(i) NOTICE

Ensure that the internal threads of the guide bars (9) are on the upper side.

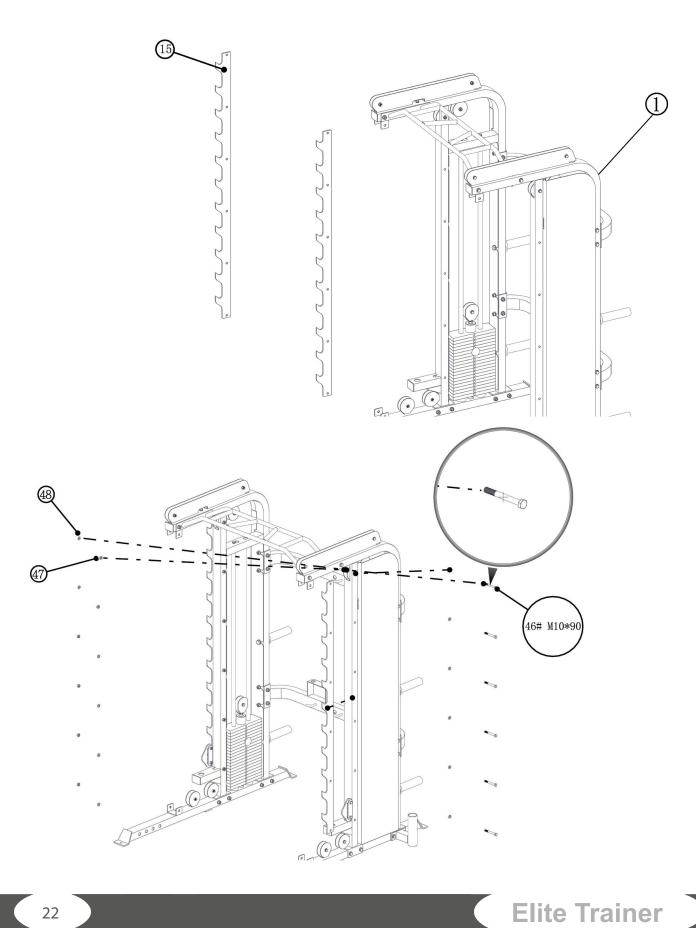
- 2. Place the plates of the weight stack (11) onto the guide bars (9) one by one. Insert the top weight stack (10) into the weight stack (11).
- 3. Fix the pulley plate (12) to the slot of the top weight stack (10).
- 4. Mount each guide bar (9) to the main frame (1) with one Φ 10 washer (48) and one M10*70 hexagon bolt (45).
- 5. Insert the magnetic T pin (14) into the slot of the top weight stack (10).
- 6. Repeat steps 1 to 5 for the other side.





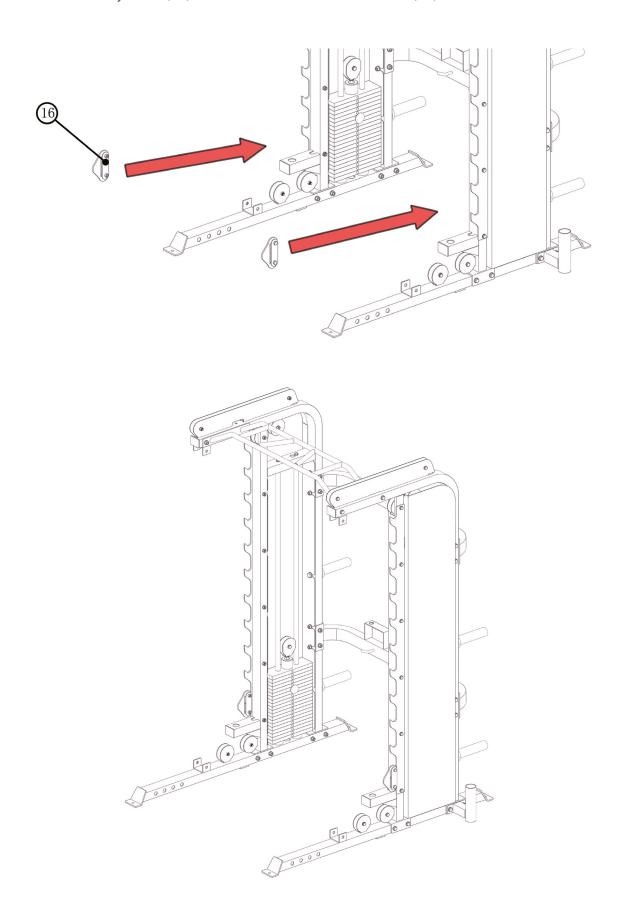
Step 7: Assembly of the Barbell Hooks

Mount the two parts of the barbell hooks (15) on both sides of the main frame (1) using six M10*90 heaxgon bolts (46), twelve Φ10 washers (48) and six M10 safety nuts (47) for each side.



Step 8: Assembly of the Safety Hooks

Attach one safety hook (16) to each side of one barbell hook (15).



Step 9: Assembly of the Barbell Bar

1. Insert the barbell bar (18) into the designated slots of the sliding sleeves (17). Shove the sliding sleeves (17) over the guide bars (19).

(i) NOTICE

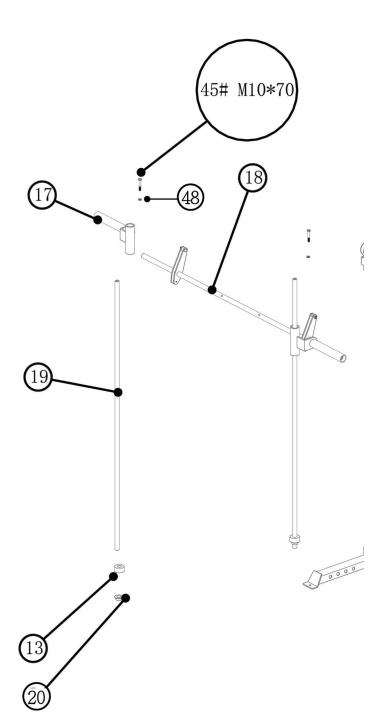
Ensure that the internal threads of the guide bars (19) are on the upper side.

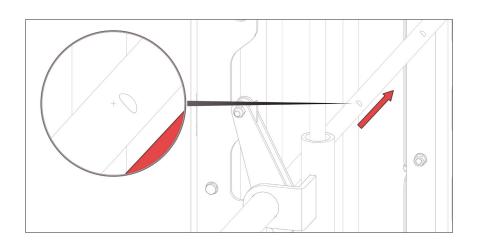
- 2. Shove one rubber cushion (13) over each ending of the guide bars (19).
- 3. Place the socket set (20) on the main frame (1) and insert the guide bars (19) into the socket set (20).

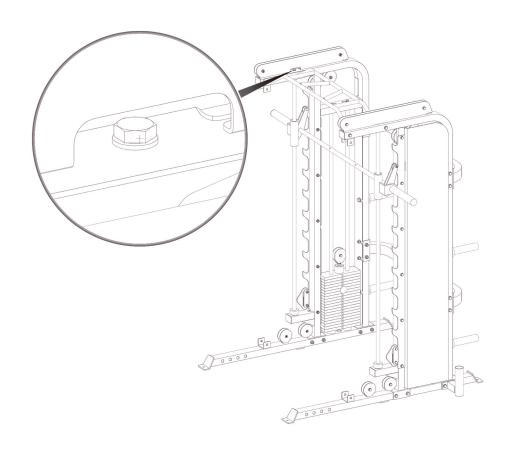
(i) NOTICE

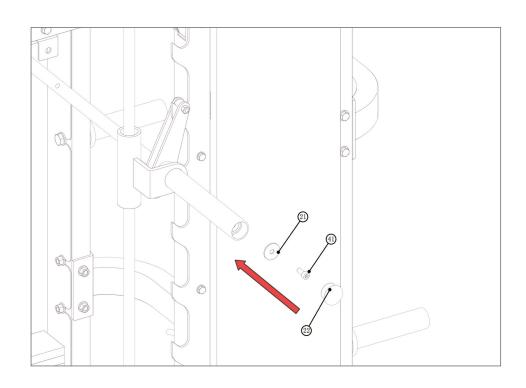
Ensure that the postion of the barbell bar (18) is the same as shown in the figure below.

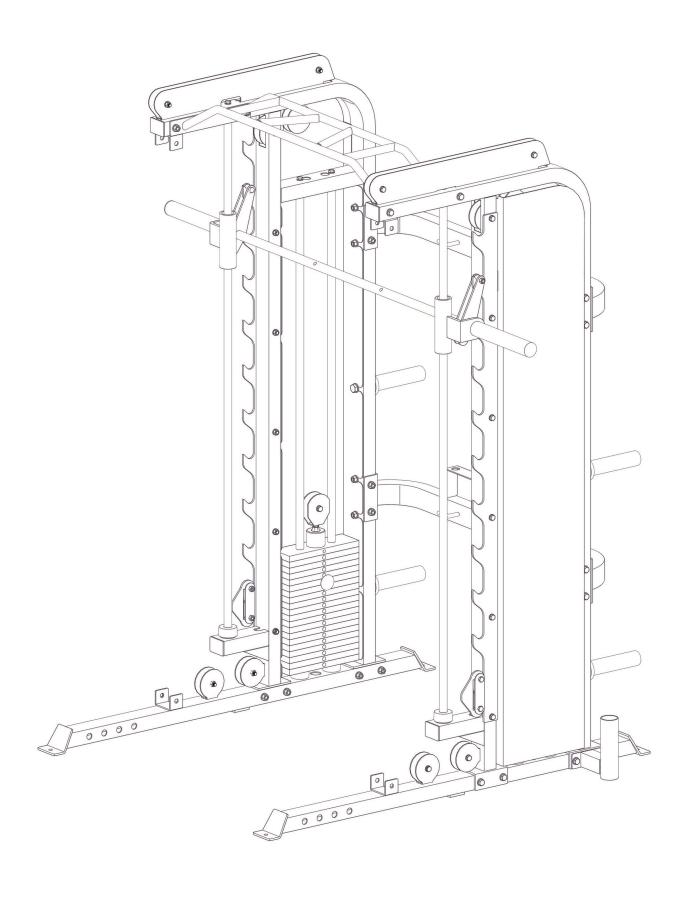
- Mount the guide bars (19) on to the main frame (1) using one Φ10 waher (48) and one M10*70 hexagon bolt (45) for each side.
- 5. Fix the barbell bar (18) on both sides of the sliding sleeves (17) with each one inner washer (21), one hexagon bolt (41) and one end cap (22).





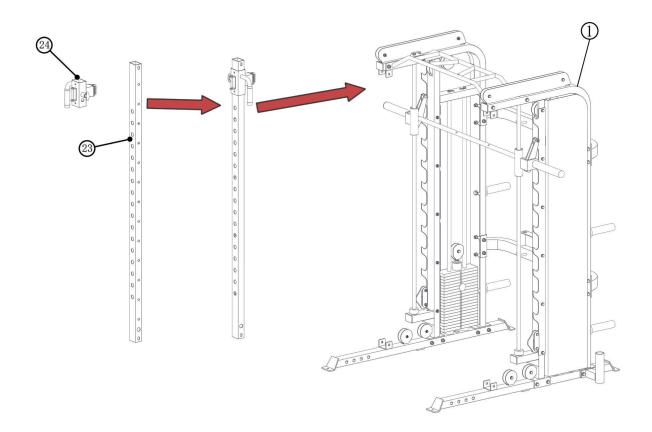


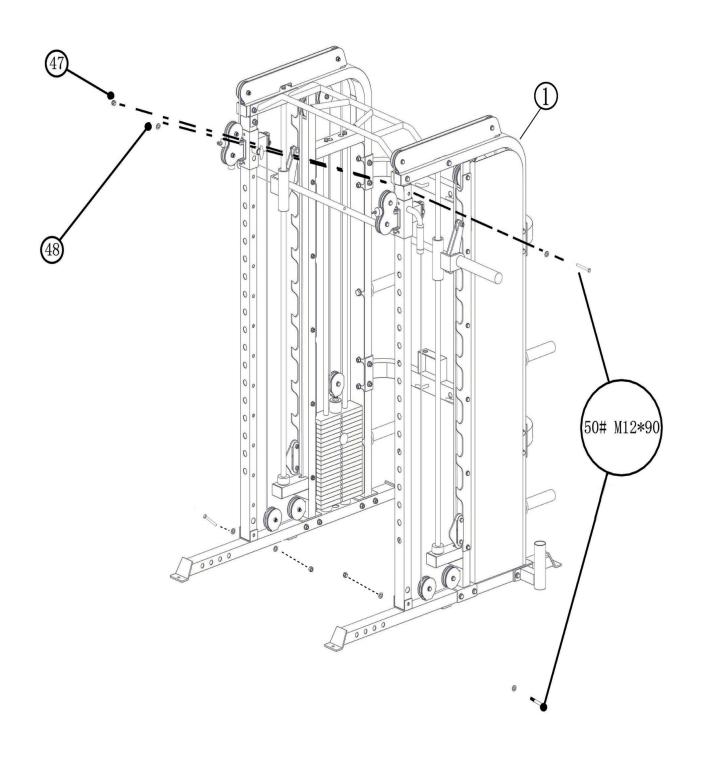




Step 10: Assembly of the Adjustable Handle Parts

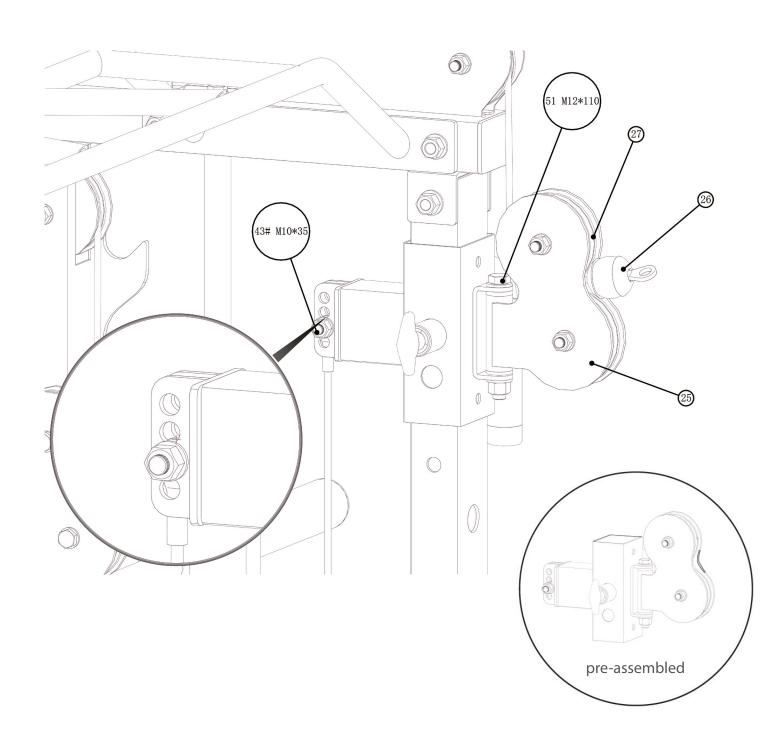
- 1. Mount the two handles (24) on to the adjustable tube (23) by removing the pin on the side and shoving the handles (24) over the adjustable tube (23).
- 2. Fix the height of the handles (24) by inserting the pin in one of the designated slots on the adjustable tube (23).
- 3. Mount the two adjustable tubes (23) on the main frame (1) using two M12*90 hexagon bolts, four Φ 12 washers (54) and two M12 safety nuts (53).

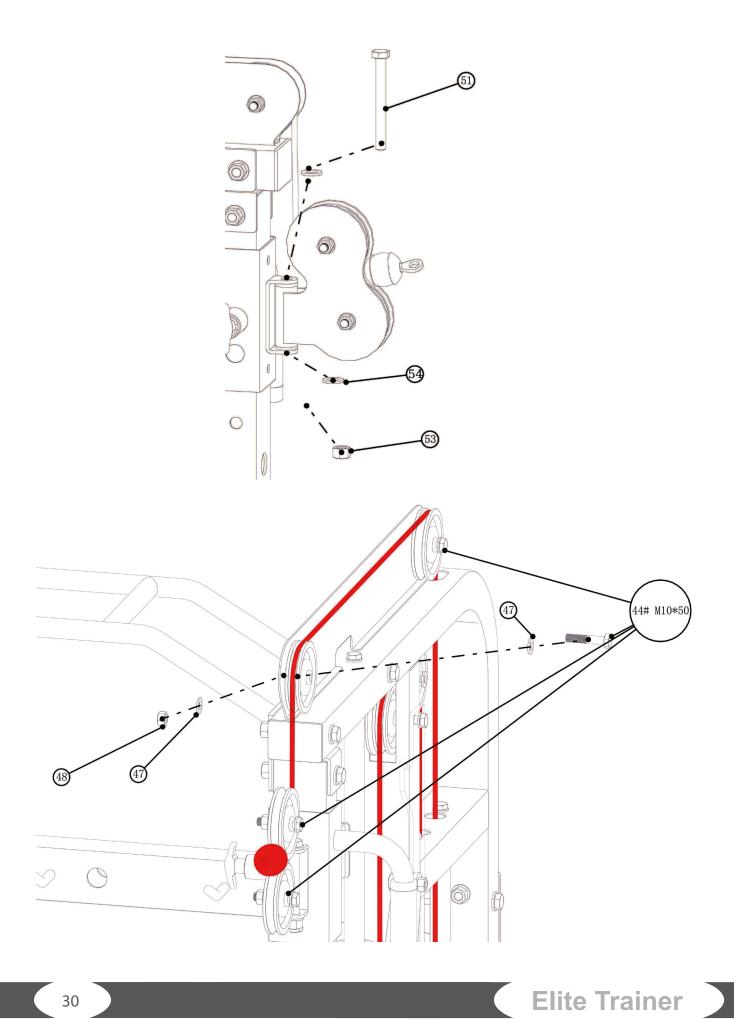


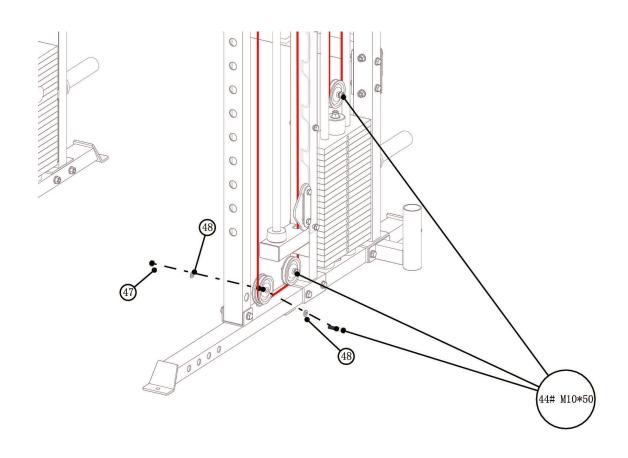


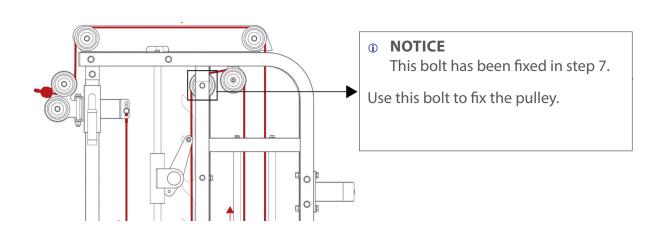
Step 11: Assembly of the Pulleys

- 1. Mount each one double sided pulley plate (25) on an adjustable handle (24) using one M12*110 hexagon bolt (51), two Φ 12 washers (54) and one M12 safety nut (53).
- 2. Fix each 90mm pulley (27) inside of the plates using one M10*50 hexagon bolt (44), two Φ 10 washers (48) and one M10 safety nut (47).



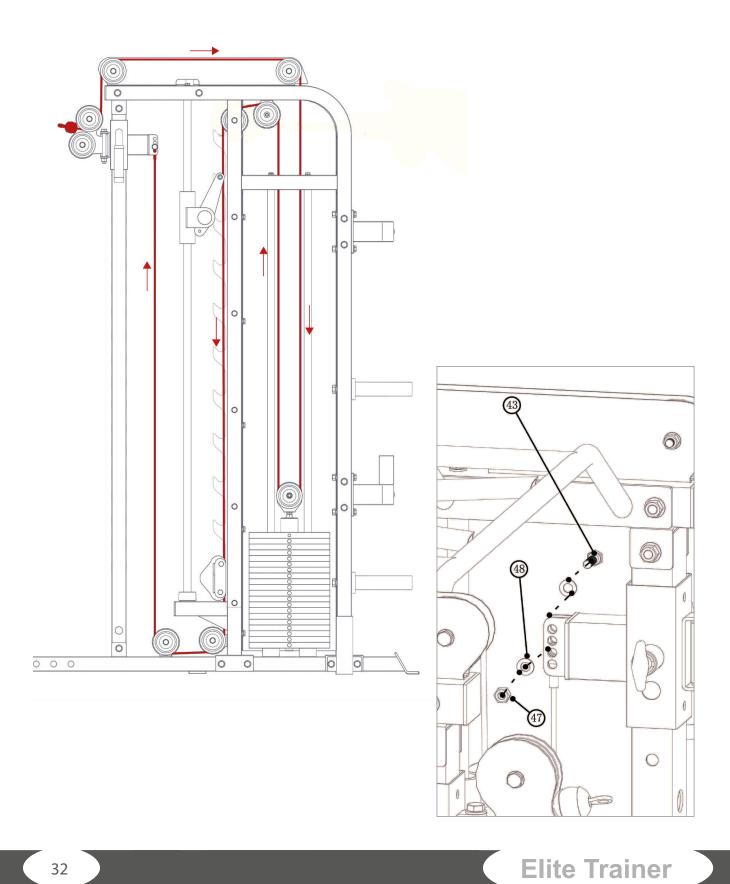






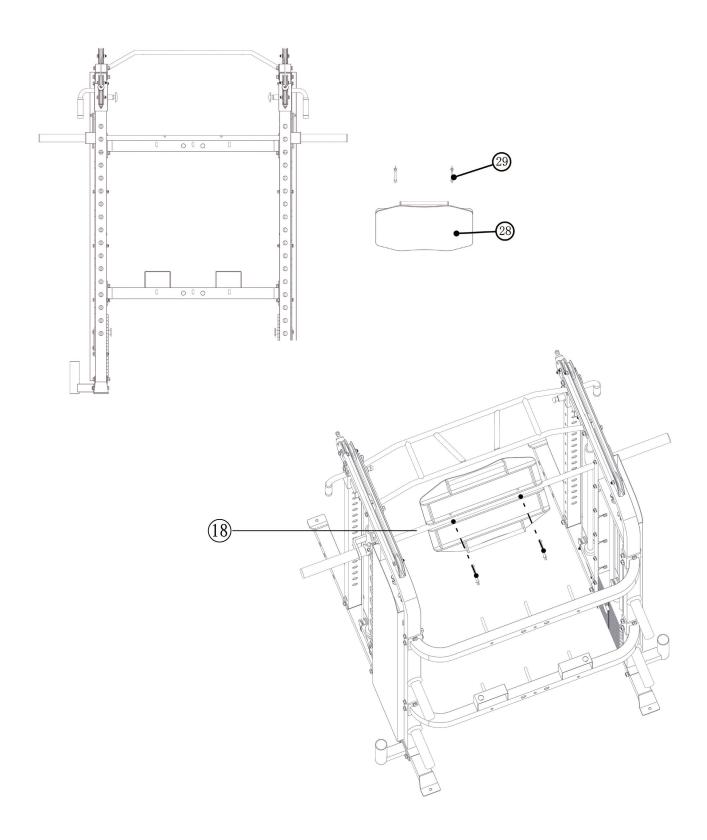
Step 12: Assembly of the Cables

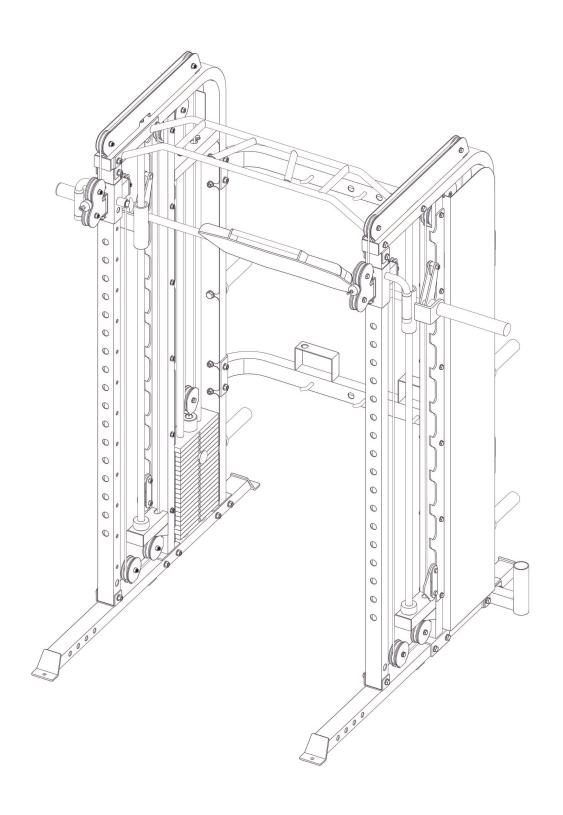
- 1. Guide the cable (26) on both sides trough the pulleys according to the figure.
- 2. Fix the end of the cable on the back of the adjustable handles (24) on the respective side using one M10*35 hexagon bolt (43), two Φ 10 washers (48) and one M10 safety nut (47) for each side.



Step 13: Assembly of the Leg Press Plate

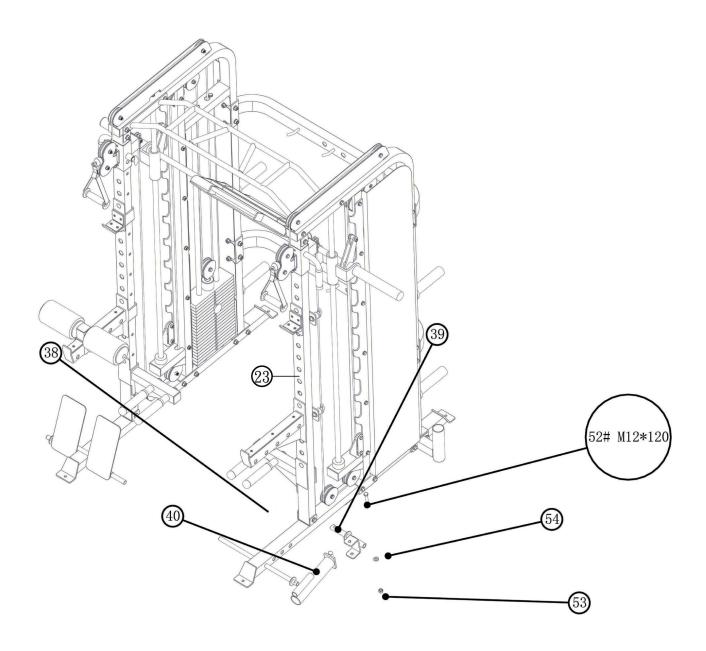
Mount the leg press plate (28) on the barbell bar (18) using two safety pins (29).





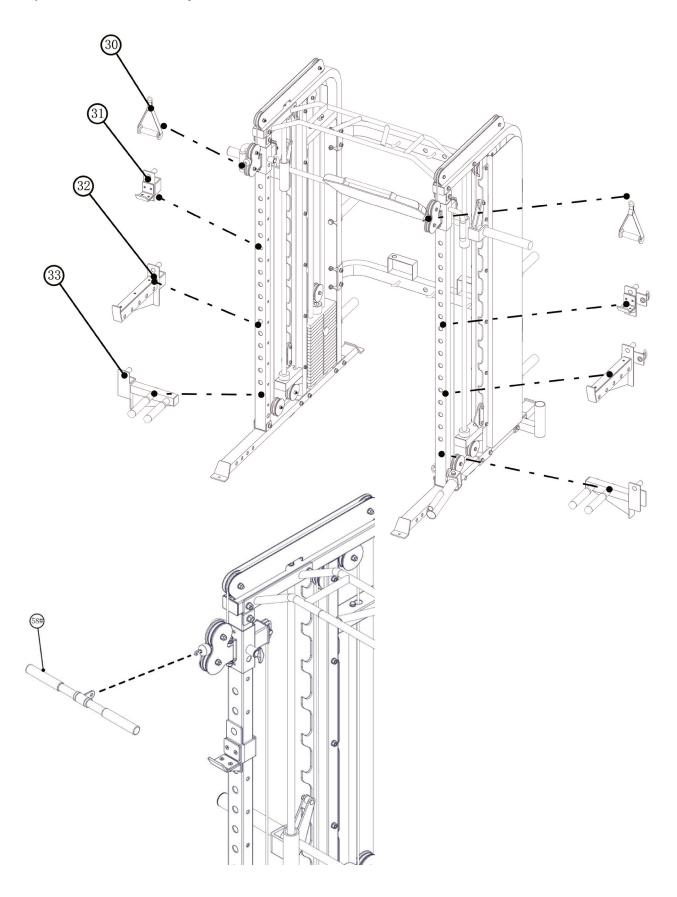
Step 14: Assembly of the Torso Trainer

- 1. Mount the torso trainer (40) on its bottom part (39) using one M12*120 heaxgon bolt (52), one Φ12 washer (54) and one M12 lock nut (53).
- 2. Fix the bottom part (39) on the adjustable tube (23) using the pin (38).



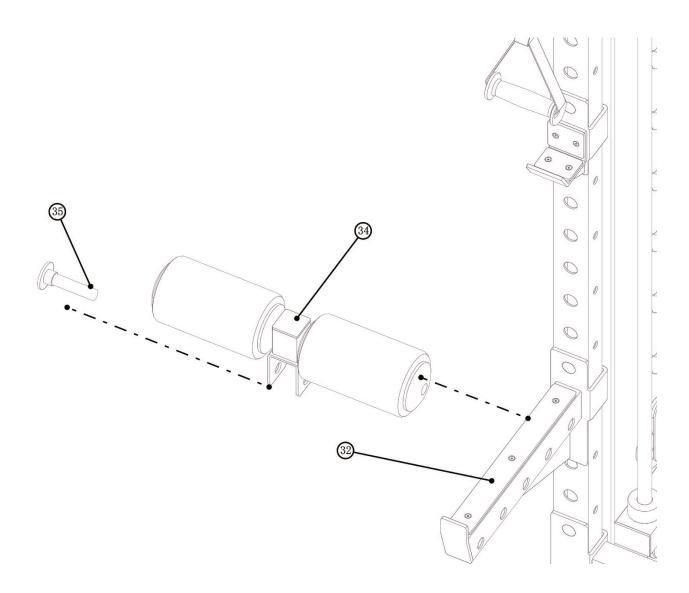
Step 15: Assembly of the Accessories

Mount the handle belts (30), short bar (58), hooks (31), long safety catch (32) and dip bar (33) on the respective areas on the adjustable tube (23).



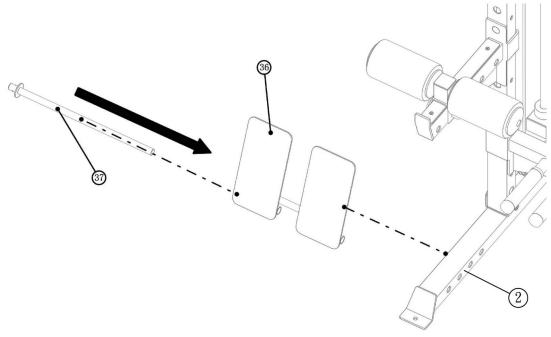
Step 16: Assembly of the Leg Press Foam

Fix the leg press foam (34) on the long safety catch (32) using the pin (35).



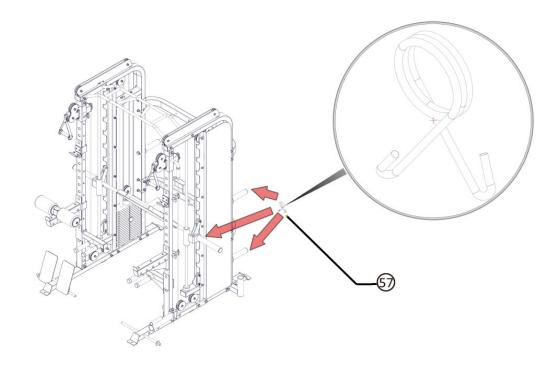
Step 17: Assembly of the Footplate

Mount the footplate (36) on the bottom tube (2) using the peg (37).



Step 18: Fixing the Weight Plates

Use the clips (57) to fix the weight plates to the weight plate holders (8) or the barbell bar (18).



Step 19: Tighten the Screws

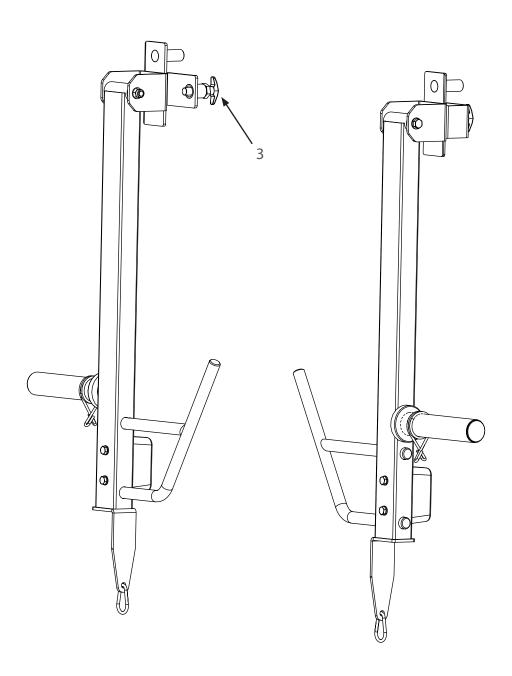
Now tighten all previously mounted screws.

2.4 Optional Jammer Arms

The jammer arms are an optional accessorry for the Smith Machine. The jammer arms are not included in the scope of delievery of the machine and must be purchased separately.

Step 1: Attaching the Jammer Arms

Insert the jammer arms into the adjustable tubes (23) and secure the jammer arms with the knobs (3).



3.1 General Instructions

↑ WARNING

- + The storage location should be chosen so that improper use by third parties or children can be prevented.
- + If your equipment does not have transportation wheels, the equipment must be disassembled before transportation.

ATTENTION

Make sure that the equipment is protected from moisture, dust and dirt in the selected storage location. The storage location should be dry and well ventilated and have a constant ambient temperature between 10°C and 35°C.

4.1 General Instructions

↑ WARNING

+ Do not make any improper changes to the equipment.

CAUTION

+ Damaged or worn components may affect your safety and the life of the equipment. Therefore, immediately replace damaged or worn components. In such a case, contact the contract partner. The equipment must not be used until it has been repaired. If necessary, use only original spare parts.

ATTENTION

In addition to the instructions and recommendations for maintenance and care given here, additional service and/or repair work may be necessary; this must only be carried out by authorised service technicians.

4.2 Faults and Fault Diagnosis

The equipment undergoes regular quality controls during production. Nevertheless, faults or malfunctions may occur. Frequently, individual parts are responsible for these disturbances, an exchange is usually sufficient. Please refer to the following overview for the most common errors and how to correct them. If the equipment still does not function properly, contact your contract partner.

Fault	Cause	Solution
Grinding noises	Cables or pulleys do not run smoothly or are damaged	 Visual inspection of the cable routing or the pulley guide If damaged, replace the defective part
Weight hanging in the air	Cable tensioned too tight	Readjust cable tension
Cable without tension	Cable too loose	+ Check cable routing+ Readjust cable tension
Squeaking & cracking noises	Screw connections loosened or too tight	+ Check or lubricate screw connections* + Check cable routing
Unit wobbles	+ Uneven ground + Loose screw connections	+ Align unit + Tighten screw connections
Heavy draught	+ Weight holders/guide rods too dry+ Faulty cable routing	+ Lubricate guide rods* + Check cable routing

^{*} With a grease-free silicone oil or silicone spray.

4.3 Maintenance and Inspection Calendar

To avoid damage from body sweat, the equipment must be cleaned with a damp towel (no solvents!) after each training session.

The following routine tasks must be performed at the specified intervals:

Part	Weekly	Monthly	Quarterly
Cables	С	I	
Screw connections		I	
Pulleys and cable routing		I	
Slide rails/Guide rods		I	
Cushions	С		
Legend: C = clean; I = inspect			

5 DISPOSAL

At the end of its operational life, this equipment cannot be disposed of in normal household waste. Instead, it must be disposed of via an recycling centre. Further information can be obtained from your local authority's recycling service.



The materials can be recycled as per their symbols. Through the reuse, recycling of materials or other forms of recovery of old equipment, you make an important contribution to the protection of the environment.

RECOMMENDED ACCESSORIES

To make your training experience even more efficient and pleasant, we recommend that you add suiting accessories to your fitness equipment. For training equipment like smith machines, weight benches or racks this could for example be a **floor mat**, which makes your fitness equipment stand more securely and also protects the floor from sweat but it could be also **additional weights**, **handles**, **foot straps** for leg exercises or **triceps ropes**. For some smith machines, there are also optional addons such as **leg presses** that make your workout even more intense and comprehensive.

Our range of accessories offers the highest quality and makes training even better. If you would like to find out more about compatible accessories, please go to the detail page of the product in our webshop (the easiest way is to enter the article number in the search field above) and go to the recommended accessories on this page. Alternatively, you can use the QR code provided. Of course, you can also contact our customer service: by telephone, e-mail, in one of our branches or via our social media channels. We will be happy to advise you!





7.1 Serial Number and Model Name

In order to provide you with the best possible service, please have the model name, article number, serial number, exploded drawing and parts list ready. The corresponding contact options can be found in chapter 9 of this operating manual.

(i) NOTICE

The serial number of your equipment is unique. It's located on a white sticker. The exact position of this sticker is shown in the following illustration.

Enter the serial number in the appropriate field.

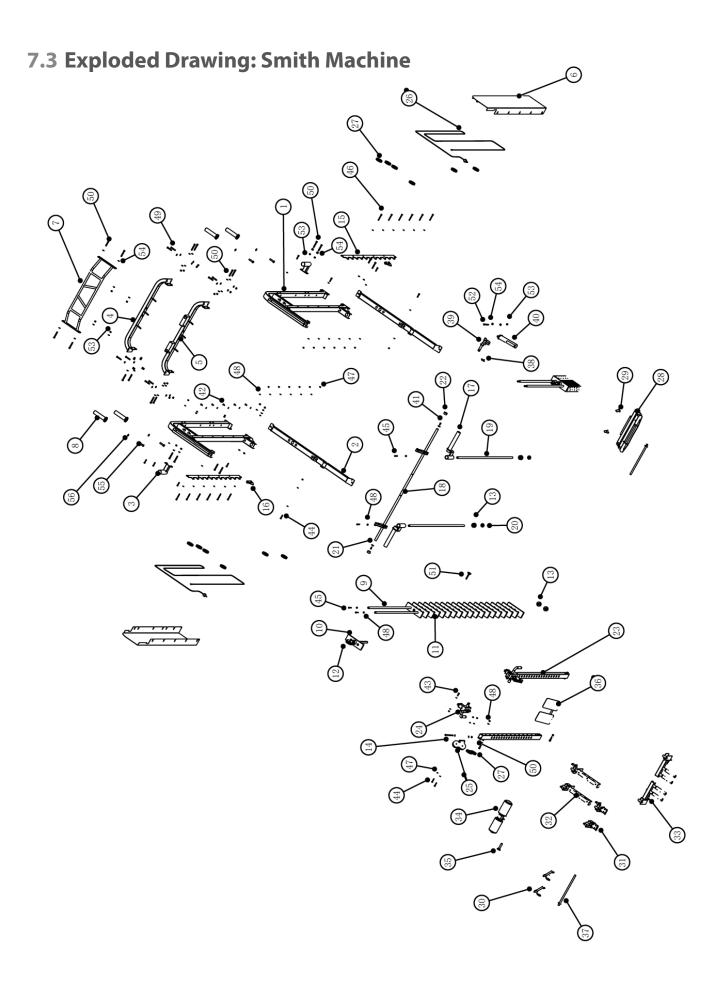


Serial number:
Brand / Category:
Taurus / multi gym
Model Name:
Elite Trainer - Multi Function Gym Rack System / Jammer Arms
SKU:
SEBR7132 / SEBR7139

7.2 Parts List: Smith Machine

No.	Name	Specification	Qty.
1	main frame	left & right	2
2	bottom tube		2
3	barbell rod cup		2
4	upper cross tube		1
5	lower cross tube		1
6	steel cover	left & right	2
7	chin up bar part		1
8	Weight plate holder		4
9	weight stack guide bar		4
10	top weight stack		2
11	weight stack		38
12	pulley plate		2
13	rubber cushion		6
14	magnetic T pin		2
15	shark fin design hook		2
16	safety hook		2
17	sliding sleeve		2
18	barbell bar		1
19	smith guide bar		2
20	socket set		2
21	barbell inner washer		2
22	barbell end cap		2
23	adjustable tube	left & right	2
24	adjusted handle part	left & right	2
25	2 side pulley plate		2
26	cable		2
27	pulley	90mm	18
28	leg press plate		1
29	"D" safety pin		2
30	handle belt		2
31	J hook	left & right	2
32	long safety catch	left & right	2

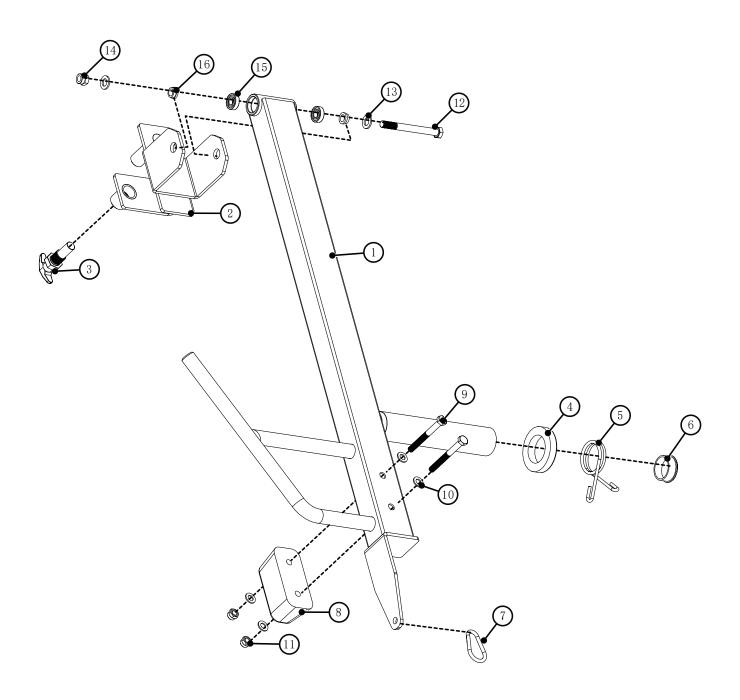
33	dip bar	left & right	2
34	leg press foam		1
35	leg press foam pin	M20	1
36	footplate		1
37	peg		2
38	Torso trainer fixed pin		1
39	torso trainer bottom part		1
40	torso trainer		1
41	hexagon socket button head bolt	M10*20	2
42	hexagon bolt	M10*20	2
43	hexagon bolt	M10*35	2
44	hexagon bolt	M10*50	16
45	hexagon bolt	M10*70	6
46	hexagon bolt	M10*90	12
47	lock nut	M10	30
48	washer	Ф10	76
49	hexagon bolt	M12*70	8
50	hexagon bolt	M12*90	24
51	hexagon bolt	M12*110	2
52	hexagon bolt	M12*120	1
53	lock nut	M12	35
54	washer	Ф12	70
55	hexagon bolt	M16*80	4
56	washer	Ф16	4
57	clip		6
58	short bar		1
59	Lat pull bar		1



7.4 Parts List: Jammer Arms

No.	Name	Qty.
1	Main frame	1
2	Fixing tube	1
3	Knob	1
4	Rubber pad	1
5	Spring collar	1
6	End cap	1
7	Snap hook	1
8	Protection pad	1
9	M10*80Screw	2
10	φ10 Washer	4
11	M10 Lock nut	2
12	M12*120 Screw	1
13	φ12 Washer	2
14	M12 Lock nut	1
15	Bearing	2
16	Spacer sleeve	2

7.5 Exploded Drawing: Jammer Arms



Training equipment from Taurus® is subject to strict quality control. However, if a fitness equipment purchased from us does not work perfectly, we take it very seriously and ask you to contact our customer service as indicated. We are happy to help you by phone via our service hotline.

Error Descriptions

Your fitness equipment is developed for long-term, high-quality training. However, should a problem arise, please first read the operating instructions. For further assistance, please contact your contract partner or call our service hotline. To ensure your problem is solved as quickly as possible, please describe the defect as exactly as possible.

In addition to the statutory warranty, we provide a warranty for every fitness equipment purchased from us according to the following provisions.

Your statutory rights are not affected.

Warrantee

The warrantee is the first/original buyer.

Warranty periods

The following warranty periods begin on delivery of the fitness equipment.

Warranty period

The warranty periods, shown on our web shop, begin on delivery of the fitness equipment. The respective warranty periods for your equipment can be found on its product website.

Repair Costs

According to our choice, there will either be a repair, a replacement of individual damaged parts or a complete replacement. Spare parts, that have to be mounted while assembling the equipment, have to be replaced by the warrantee personally and are not a part of repair. After the expiration of the warranty period for repair costs, a pure parts warranty applies, which does not include the repair, installation and delivery costs.

The terms of use are defined as follows:

- + Home use: solely for private use in private households up to 3 hours per day
- + Semi-professional use: up to 6 hours per day (e. g. rehabilitation centres, hotels, clubs, company gyms)
- + Professional use: more than 6 hours per day (e. g. commercial gyms)

Warranty Service

Within the warranty period, equipment which develops faults as a result of material or manufacturing defects, will be repaired or replaced at our discretion. Ownership of equipment or parts of equipment which have been replaced is transferred to us. The warranty period is not extended nor does a new warranty period begin following repair or replacement under the warranty.

Warranty Conditions

For the warranty to be valid, the following steps must be taken:

Please contact our customer service by email or phone. If the product under warranty has to be sent in for repair, the seller bears costs. After expiry of the warranty, the buyer bears the costs of transport and insurance. If the fault is covered by our warranty, you will receive a new or repaired equipment in return.

Warranty claims are invalid in case of damage resulting from:

- + misuse or improper handling
- + environmental influences (moisture, heat, electrical surge, dust, etc.)
- + failure to follow the current safety measures for the equipment
- + failure to follow the operating instructions
- + use of force (e. g. hitting, kicking, falling)
- + interventions which were not carried out by one of our authorized service centres
- + unauthorised repair attempts

Proof of Purchase and Serial Number

Please make sure that you are able to provide the appropriate receipt when claiming on your warranty. So that we can clearly identify the model of your equipment, and for the purposes of our quality control, you will need to give the serial number of your equipment, when contacting the service team. Where possible please have your serial number and your customer number ready when you call our service hotline. It will help us to deal with your request swiftly.

If you cannot find the serial number on your fitness equipment, our service team is at your disposal to offer further information.

Service outside of the Warranty Period

We are also happy to issue an individual cost estimate if there is a problem with your fitness equipment after the warranty has expired, or in cases which do not fall under the terms of the warranty, e. g. normal wear and tear. Please contact our customer service team to find a quick and cost-effective solution to your problem. In such a case you will be responsible for the delivery costs.

Communication

Many problems can be solved just by speaking to us as your specialist supplier. We know how important it is to you as a user of the fitness equipment to have problems solved quickly and simply, so you can enjoy working out with minimal interruption. For that reason, we also want to resolve your queries quickly and in a straightforward manner. Thus, please always keep your customer number and the serial number of the faulty equipment handy.

DE	DK	FR
TECHNIK	TEKNIK OG SERVICE	TECHNIQUE & SERVICE
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& 0800 20 20277	PL	BE
(kostenlos) 04621 4210 - 0 info@sport-tiedje.de Offfnungszeiten entnehmen Sie unserer Homepage.	DZIAŁ TECHNICZNY I SERWIS 22 307 43 21 +49 4621 42 10-948 info@fitshop.pl Godziny otwarcia można znaleźć na stronie głównej.	TECHNIQUE & SERVICE 02 732 46 77 +49 4621 4210 933 info@fitshop.be Vous trouverez les heures d'ouverture sur notre site Internet.
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CUSTOMER CARE POWERHOUSE +44 141 737 2249 or +44 141 876 3972 customercare@powerhouse- fitness.co.uk You can find the opening hours on our homepage.	TECHNISCHE DIENST & SERVICE	TECHNICAL SUPPORT & SERVICE +49 4621 4210-944 service-int@sport-tiedje.de You can find the opening hours on our homepage.

Please find a detailed overview including address and opening hours for all stores of Powerhouse Fitness in the UK on the following website:

www.powerhouse-fitness.co.uk/storelocator

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WEBSHOP AND SOCIAL MEDIA

The Sport-Tiedje Group is Europe's largest specialist for home fitness equipment with currently 70 stores and one of the world's most renowned online mail order companies for fitness equipment.

Powerhouse Fitness is part of the Sport-Tiedje Group. Private customers order via the 25 web shops in the respective national language or have their desired equpiment assembled on site. In addition, the company supplies fitness studios, hotels, sports clubs, companies and physio practices with professional equipment for endurance and strength training.

The Sport-Tiedje group offers a wide range of fitness equipment from renowned manufacturers, high-quality in-house developments and comprehensive services, such as a build-up service and sports scientific advice before and after the purchase. The company employs numerous sports scientists, fitness trainers and competitive athletes.

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