

SPEEDIANCE

GYM MONSTER 2S

Interactive Multi-Media DigitalFitness Equipment

Product manual



Strength Training, Now at a New Level.

OWN IT.

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Safety Warnings

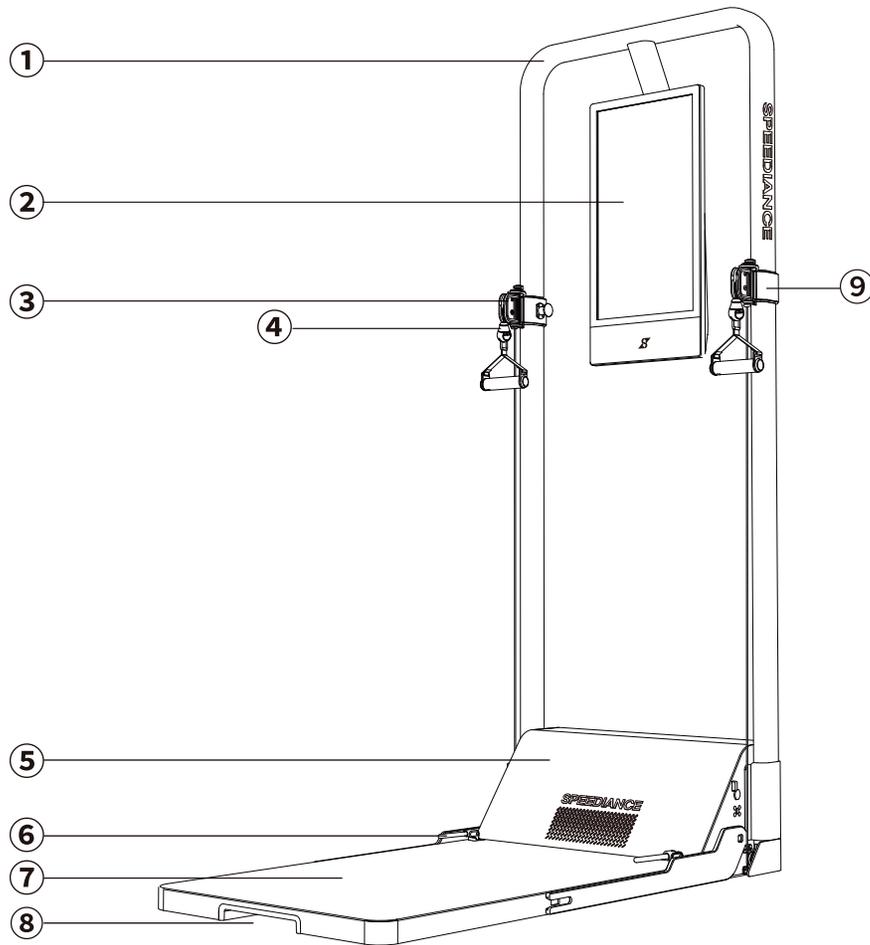


[Warning] Before using or operating this product, please read and comply with the following precautions to ensure optimal performance and prevent hazardous or unlawful situations.

1. This product emits radio waves and contains magnets that may impair the operation of implanted or personal medical devices such as pacemakers, cochlear implants or hearing aids. If you use such medical devices, please consult the manufacturer for any restrictions that may apply to the use of this product.
2. When using this product, maintain a distance of at least 15cm from implanted medical devices (such as pacemakers and cochlear implants).
3. Emergency procedures in the event of a gas leak: In the event of a gas leak, immediately close the gas supply valve and quickly open doors and windows to ventilate the room. Do not unplug this product or any other electrical appliances, as this may generate sparks that could cause an explosion or fire.
4. Risk of electric shock: Always unplug the power supply before performing any cleaning or maintenance work. Do not spray or rinse the product with water or place it in damp or splash-prone environments, as this may cause an electric shock or damage the product.
5. Child safety: This product is not a toy. Do not allow children to approach or use the product without supervision. To prevent accidents, do not allow children to pull on cables, touch mechanical parts or operate the power switch.
6. Battery safety (risk of ingestion!): This product contains button cells or small batteries. Do not swallow the batteries—risk of chemical burns!
7. Dispose of batteries in accordance with local regulations. Do not place them in household waste. Improper disposal may cause an explosion or pollute the environment.
8. Power cord and connection: Use the original power cord supplied with the product. Do not use the power cord for other appliances. Ensure that the plug is fully inserted and the socket is properly grounded; failure to do so may cause a fire. When unplugging the product, hold the plug firmly and pull it out from the wall socket. Do not pull on the power cord.
9. Power cord and product status: Do not use the power cord if the cord is damaged or the plug is worn. Do not disassemble or modify the product or tamper with its internal electronic components (such as circuit boards). All repairs must be carried out by authorized or qualified service personnel. In the event of a malfunction, please contact Speediance Customer Service.
10. Power supply specifications: This product uses a 110–230V, 50/60Hz AC power supply. Warning: If the input voltage exceeds 230V (especially at voltages above 260V), the product may malfunction or be damaged.

11. Restart interval: After a power outage or cleaning, unplug the power supply and wait at least 30 seconds before plugging it back in to prevent damage to the motor or electronic components from repeated startups.
12. Placement: The product must be placed on a sturdy, level surface. To ensure proper ventilation and safe operation, make sure that there are no obstacles above or either side of the product, and maintain a clearance of at least 10cm from any walls to the rear.
13. Maneuvering: The casters are intended only for movement on level surfaces. Do not use the casters to move the product on stairs, slopes or uneven surfaces.
14. Temperature range: Use this product at an ambient temperature of 0°C to 40°C. Store the product at a temperature of -20°C to +50°C.
15. Before using the product, make sure that the secure handle is locked in position.
16. Prohibited items: Do not place, use or spill flammable/explosive/highly corrosive substances, liquids or other combustible materials on or near the product, as these may cause a fire or damage the product.
17. Before first use, remove all packaging materials, including the outer carton, foam, tape and plastic bags. If the product is covered with a protective film, peel it off before use. After turning on the product, allow it to run idle for 5–10 minutes. Carefully inspect the exterior for signs of damage and check for any abnormal noises. In the event of any abnormalities, switch off the power supply immediately and contact Speediance Customer Service.
18. Before each use, make sure that the product is positioned securely (the platform should be completely level) and that the surroundings comply with requirements. (See 10, 11, 12 and 13). Check whether the connectors, secure handle and adjustable pulley holder are loose or abnormal, and check that the connectors and accessories are securely connected. In the event of any abnormalities, do not use the product and contact Speediance Customer Service for assistance.
19. Placement of objects: Do not place any objects on the product other than those expressly recommended by the manufacturer.
20. Product status: After use, make sure that the product is turned off or in standby mode.
21. Risk of trapped fingers: Be aware of narrow gaps on the product during operation. To avoid injury, do not insert your fingers into the gaps.
22. Use of accessories: After using accessories with moving parts or weights, return them to their original position slowly to prevent pinching or impact injuries. (Accessories include cables, Speediance Tricep Rope, Speediance Ankle Straps, Speediance handles, hooks, Speediance Adjustable Barbell, Speediance Bluetooth ring, bench, Speediance Skiing Handles, Speediance PowerGrip and angle adapter, but exclude complimentary gifts).
23. Platform safety: When folding the platform, ensure that it is fully folded and locked in place to prevent it from accidentally dropping out of position and causing injury or damage.
24. Disposal: When the product has reached the end of its life, promptly dispose of it at a designated recycling point and keep it out of the reach of children to prevent accidents.
25. Check the product regularly for signs of rust, corrosion or excessive wear. Inspect all bolts and screws for signs of rust or damage.
26. After powering on, double check that the surrounding environment meets the requirements for use (in particular, there should be no flammable materials, the room should be well ventilated and the product should be placed on a level surface).
27. After completing the above checks, you can proceed to use the product.

Product Diagram



- | | |
|----------------------------|----------------------------|
| ① Main Frame | ⑤ Motor Compartment Cover |
| ② Touchscreen | ⑥ Secure Handle |
| ③ Detachable Pulley System | ⑦ Platform |
| ④ Ball-shaped Connector | ⑧ Finger Groove |
| | ⑨ Adjustable Pulley Holder |

EN

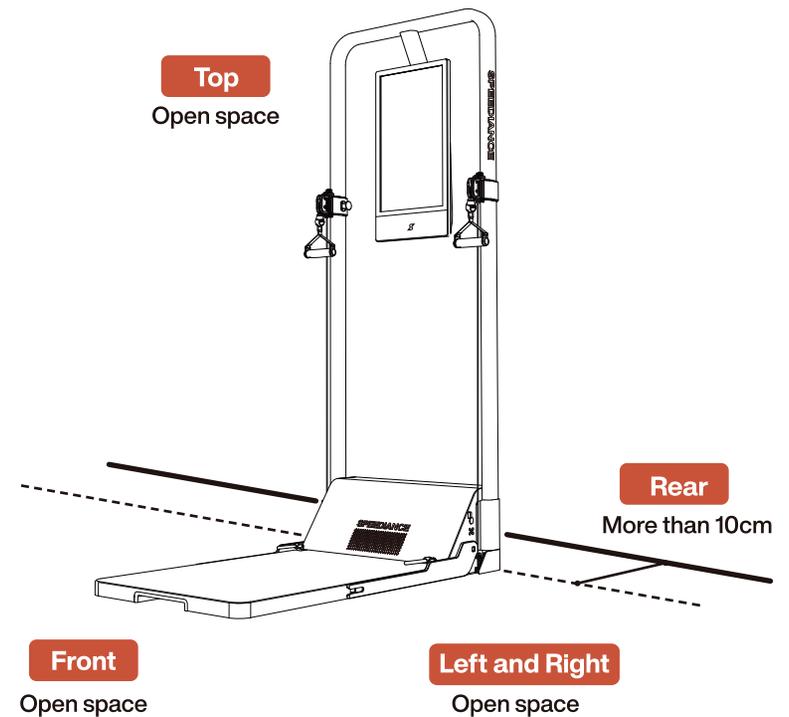
First Use

Before first use, remove all packaging materials including outer carton, PE foam and gummed paper bag, etc., and tear off the protective film on the product, if any.

Place the product in an indoor well-ventilated place with flat and solid ground.

Keep the product away from heat sources and prevent it from being exposed to direct sunlight. Do not place it in wet or watery places, so as to prevent rust or degradation of insulation effect.

Placement Precautions

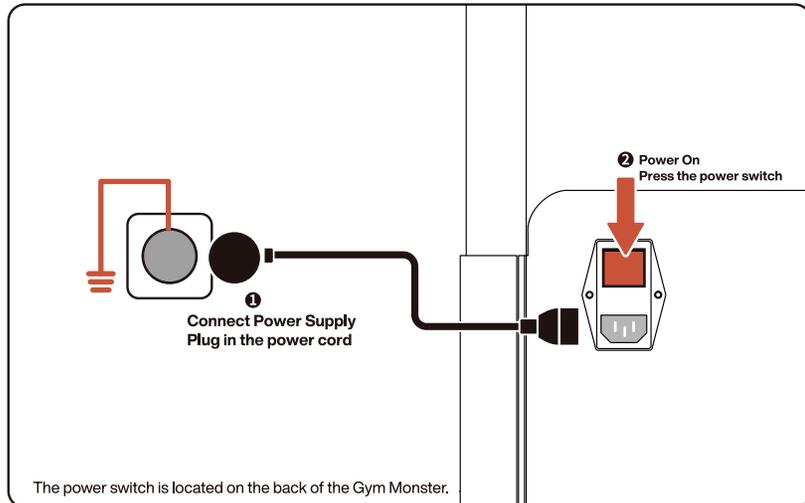


4. The product must be placed on the floor. Keep the top of the product unobstructed, leave a clearance of a least 10cm between the back of the product and the wall, and ensure both sides remain unobstructed.

5. Except for the back of the product, the areas to the front, left, right, and top must remain unobstructed to ensure uninterrupted operation and prevent injury.

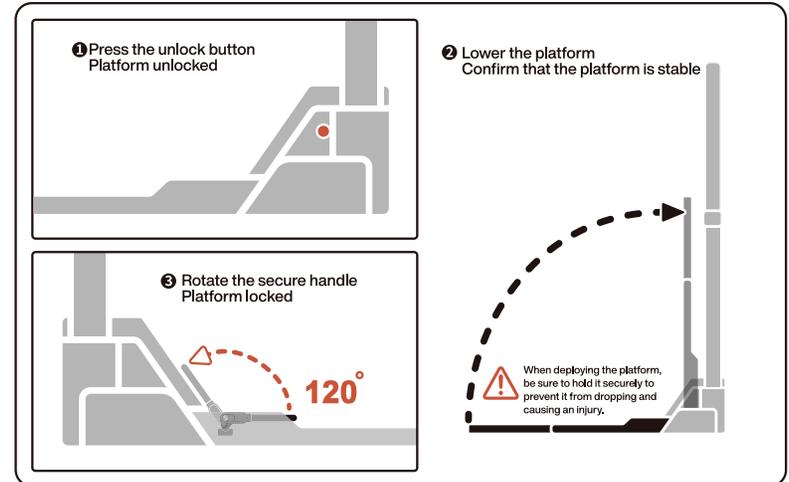
6. Place the product in a dry environment. Do not use it outdoors.

Connecting the Power and Turning On the Product



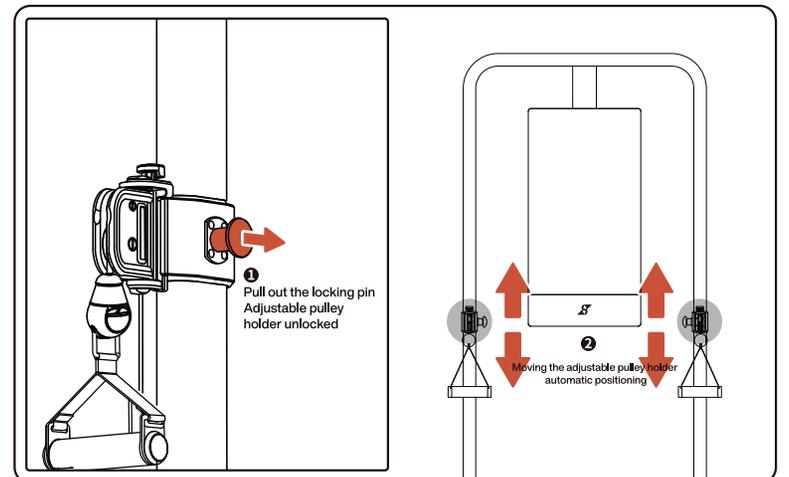
1. Use a grounded three-prong outlet and ensure it is properly grounded.
2. After connecting the power for the first time and turning on the product, let it sit for 5–10 minutes to check whether the exterior is damaged or if there are abnormal noises during operation. If you notice anything unusual, turn off the power immediately and contact Speediance Customer Service.
3. After powering on, double check that the ambient conditions meet the usage requirements and that the platform is completely flat.
4. After completing the above checks, you can proceed to use the product.

Deploying/Retracting the Platform

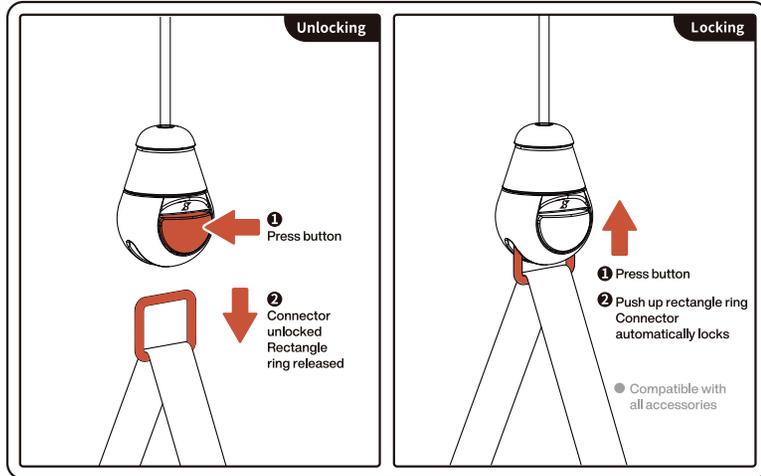


1. The same steps apply for both deploying and retracting the platform.
2. Before deploying the platform, make sure the area is clear of any objects to avoid uneven placement that could cause safety risks.
3. After retracting the platform, confirm that the unlock button is in the locked state to prevent the platform from dropping unexpectedly and causing injury or damage.

Moving the Adjustable Pulley Holder



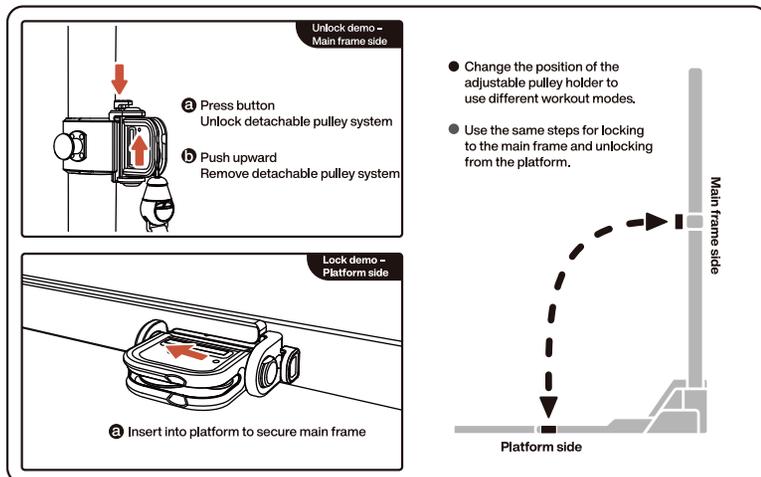
Replacing Accessories



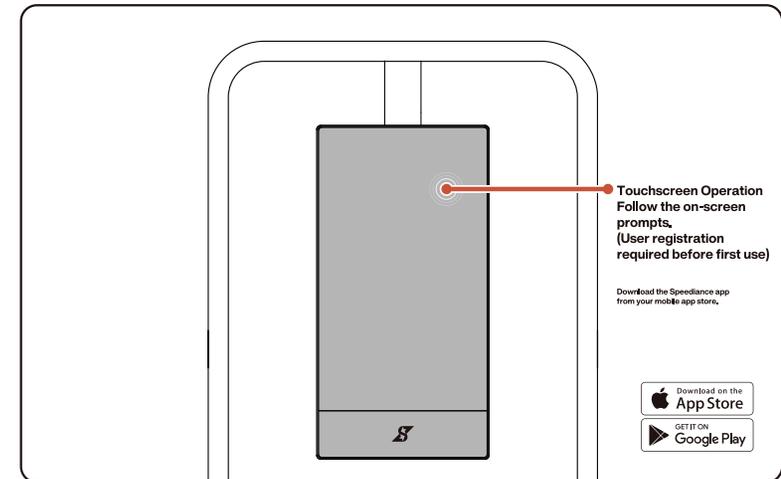
The connector is compatible with all accessories (handle, ankle straps, tricep rope, barbell bar, etc.).

If the connector becomes loose, discontinue use immediately and contact Speediance Customer Service.

Unlocking the Adjustable Pulley Holder



User Registration



Confirm that the display shows content correctly and that the touchscreen functions normally.

After verifying that the display is functioning correctly, you can proceed with strength training.

Parameters

Note:

The parameters in this table are for reference only and may vary from those indicated on the nameplate.

Parameters of main unit

Name	Interactive Multi-Media DigitalFitness Equipment
Overall dimensions(unfolded)	1.24*0.69*1.85m(L*W*H)
Overall dimensions(folded)	0.39*0.69*1.85m(L*W*H)
Weight	82kg
Maximum Input Power	900W
Input Voltage	100V~230V 50Hz/60Hz
Resolution	1920*1080
Bluetooth	bluetooth5.0
WLAN Frequency	2.4GHZ/5GHz
Speakers	Stereo 2.1 Two full-range speakers: 2*5W (RMS) One subwoofer: 20W (RMS)

Cleaning and Maintenance

⚠ Note

Unplug the power cord before cleaning the product.

Cleaning

1. Regularly clean the dust from the back of the product and the floor to improve heat dissipation and maintain energy efficiency.
2. When cleaning the product, use a soft cloth or sponge dipped in clean water or a non-corrosive neutral detergent. Wipe with clean water afterward, then dry with a dry cloth. Allow the product to dry completely before reconnecting the power.
3. When cleaning, do not allow water to enter the gaps in the product, as this may cause a short circuit or damage the components.
4. When cleaning accessories, use a soft cloth or sponge dipped in clean water or a non-corrosive neutral detergent. Wipe with clean water afterward, then dry with a dry cloth. Allow the accessory to dry completely before using it again.
5. If the product will not be used for a long time, unplug the power cord to prevent it from aging and causing an electric shock or fire.

Troubleshooting

Troubleshooting Steps

⚠ Note

If the issue persists after performing the troubleshooting steps, disconnect the product from power and contact Speediance Customer Service.

Troubleshooting Common Issues

Issue	Possible Cause	Solution
Product not working	<ul style="list-style-type: none"> · Power not connected or plug not securely inserted · Voltage too low, power outage, or circuit breaker tripped 	<ul style="list-style-type: none"> · Ensure the power plug is securely inserted · Contact qualified service personnel for electrical issues
Cable not moving smoothly or making abnormal noises	<ul style="list-style-type: none"> · Motor winding issue 	<ul style="list-style-type: none"> · Enter Free Workout mode, set the weight to 5–7kg, pull until maximum resistance is reached, and then slowly return to the starting position.
Accessory connection unstable after replacement	<ul style="list-style-type: none"> · Incorrect operation method 	<ul style="list-style-type: none"> · First, make sure the connector is fully pressed to the bottom, then insert the buckle securely into the connector.
Fan continues running after use	<ul style="list-style-type: none"> · High ambient temperature, long cooling time · High temperature after use 	<ul style="list-style-type: none"> · This is normal and the fan will stop automatically after a few minutes
Machine shaking	<ul style="list-style-type: none"> · Uneven ground · Platform not locked or not secured 	<ul style="list-style-type: none"> · Place product on a flat and stable surface · Push locking lever down to the lowest position
Platform cannot be retracted or deployed	<ul style="list-style-type: none"> · Obstruction at the pivot point · Platform not unlocked 	<ul style="list-style-type: none"> · Remove obstacles · Unlock platform according to instructions
Accessory cannot connect via Bluetooth	<ul style="list-style-type: none"> · Accessory battery depleted 	<ul style="list-style-type: none"> · Try charging the accessory
Compartment temperature is high	<ul style="list-style-type: none"> · High ambient temperature, long usage time 	<ul style="list-style-type: none"> · This is normal and does not indicate a fault · Place in a well-ventilated area
Pulley system cannot be removed	<ul style="list-style-type: none"> · Pulley system lock not released · Device still operating, cannot be removed 	<ul style="list-style-type: none"> · Unlock according to instructions · Pause operation using accessory button or screen

For software issues, refer to the troubleshooting steps in "Personal Center."

Scope of warranty:

The limited warranty provided by Speediance is restricted exclusively to the repair or replacement of products with material or production defects. This warranty does not cover any indirect losses, including but not limited to loss of data, property damage not solely and directly caused by a product defect, personal injury not solely and directly caused by a product defect, loss of work, or loss of business opportunities.

Speediance warrants that the products you purchased are free from defects. During the warranty period, if a malfunction occurs during the normal use, operation and maintenance of the product in accordance with the user manual, Speediance will provide a free warranty service. If the warranty has expired or Speediance determines that the product was damaged due to misuse or human error, you may choose to have the product repaired at your own expense. All warranty and repair services will be provided in accordance with Speediance's after-sales warranty policy, quality standards and production processes. Speediance's limited warranty applies only to Speediance products purchased through official Speediance channels or authorized dealers. Second-hand Speediance products or products purchased through other third-party channels are not covered by Speediance's limited warranty. The after-sales warranty provided by Speediance is limited in scope and does not constitute an assumption of unlimited liability. You are advised to read this warranty policy carefully in order to understand the warranty duration, conditions, applicable circumstances, cost burden, risks and other relevant terms of Speediance's repair services. The limited warranty provided by Speediance is restricted exclusively to the repair or replacement of products with material or production defects.** This warranty does not cover any indirect losses, including but not limited to loss of data, property damage not solely and directly caused by a product defect, personal injury not solely and directly caused by a product defect, loss of work, or loss of business opportunities.

Warranty term:

The warranty validity period comes into effect at 0:00 on the day of delivery, and it terminates at 24:00 on the day before the product's expiration date. If the user/logistics provider is unable to provide a specific date of receipt/delivery, the warranty validity period will come into effect on the date that the invoice was issued, or on the date the order was placed. If the user is unable to produce a valid purchase invoice or other proof of purchase, the warranty validity period will come into effect from the day the product leaves the factory, and will be in effect for 30 days.

- The standard warranty period for the main unit is 24 months, and the standard warranty period for accessories is 12 months (pre-installed cables and other items are considered accessories).

- Any parts replaced or repaired during the warranty term shall become the property of Speediance (the user is responsible for returning these parts to Speediance). Any parts replaced or repaired outside the warranty period shall remain the property of the user.

Prerequisites for free warranty service:

1. The product is a Speediance product purchased from an official Speediance channel or authorized dealer.
2. During the specified warranty period, the product is used under normal conditions and is affected by a performance-related fault not attributable to misuse.
3. The product was purchased primarily for personal or household use (if the product is intended for commercial use, rental or other non-personal/household purposes, a separate procurement agreement must be concluded with Speediance stating the applicable warranty terms). This clause does not affect consumer rights under applicable law.
4. The user must provide valid proof of purchase (such as the order number, invoice or receipt) together with the product serial number.

Warranty exclusions:

The Speediance warranty does not apply to any non-Speediance branded hardware products or any software (even if packaged, sold or distributed together with Speediance hardware). Speediance shall not be liable for damage resulting from failure to follow the usage instructions for Speediance products, nor for any loss or corruption of data caused by the product. The warranty does not cover the following:

1. Damage caused by factors unrelated to manufacturing, including but not limited to incorrect installation, usage or disassembly, or by failure to follow official instructions or manuals.
2. Direct or indirect damage caused by installation or removal of the product, such as damage to personal property, walls or flooring.
3. Damage caused by regular use or factors unrelated to manufacturing, such as wear, metal rusting, and decline in functionality or appearance (including but not limited to scratches, dents and discoloration of the plastic).
4. Damage caused by age or damage to parts by caused by mandatory training.
5. Damage caused by unauthorized alterations, disassembly, servicing or non-Speediance technical support (such as unsuitable third-party operators, product set-up or installation).
6. Damage caused by unauthorized alterations to the electrical circuit, improper use of the battery charger or external power supplies, and by operating the product on an insufficiently powered or defective battery.
7. Damage caused by reliability or compatibility issues when using unauthorized third-party parts.
8. Damage caused intentionally or by unauthorized modifications (including tampering with product operating data).
9. Damage caused by exposure to extreme conditions (such as high temperatures or corrosive environments).
10. Damage caused by electromagnetic interference or interference from other wireless devices.
11. Damage caused by force majeure events, such as fires, flooding, earthquakes or electrical accidents.