

NordicTrack™

RW300

Rower

TECHNOLOGY

iFit® Bluetooth Smart (BLE) Enabled

5" High Contrast Multi-Color Display

Adjustable Console Angle

COMFORT

SpaceSaver® Design

Dual 2" Speakers

Front-mounted Transport Wheels

ENGINEERING

Ergonomic Molded Seat

Oversized Sliding Seat

Soft Touch™ Ergonomic Handle

Oversized Pivoting Pedals with Adjustable Nylon Foot Straps

Inertia-enhanced Flywheel

24 with SMR™ Silent Magnetic Resistance,

20 Preset Workout APps

QUALITY

115 kg Weight Capacity

Loading: - / 120 / 158



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