

Attention:
Please read all
instructions carefully
before using the
product.

Contents

Safety Information

Components-Parts

Assembly Instructions

Computer Operation

Parts List

Model:
PEGASUS
CAMARB-170R

Retain this
manual for
reference

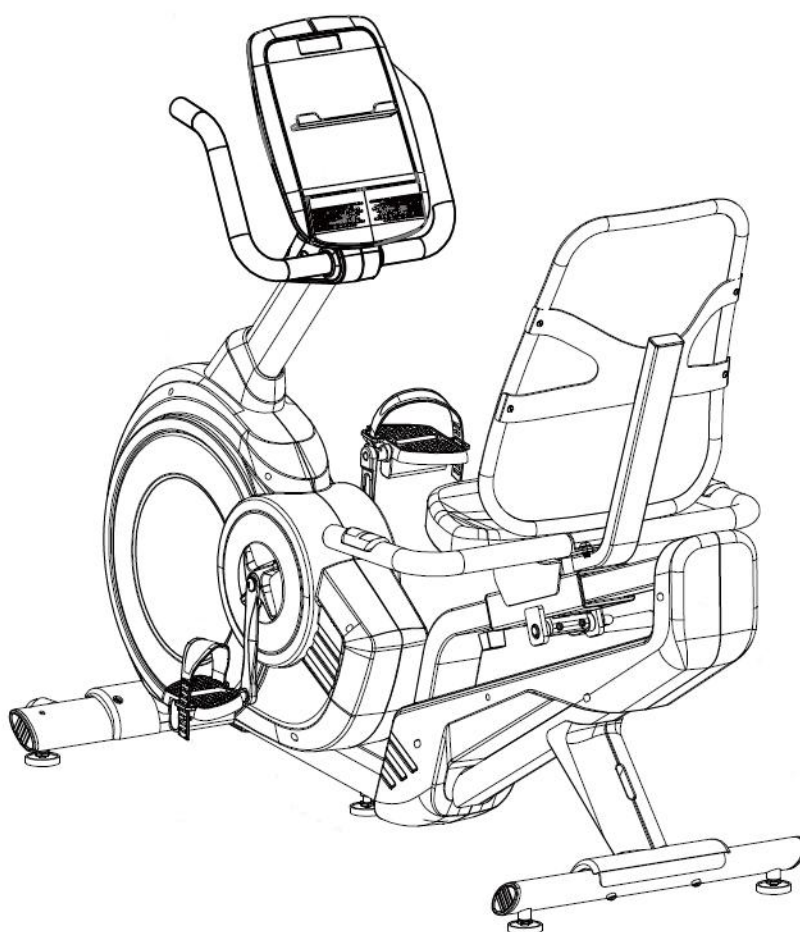
2019-10-25

**OWNER'S
MANUAL**



PEGASUS 170R

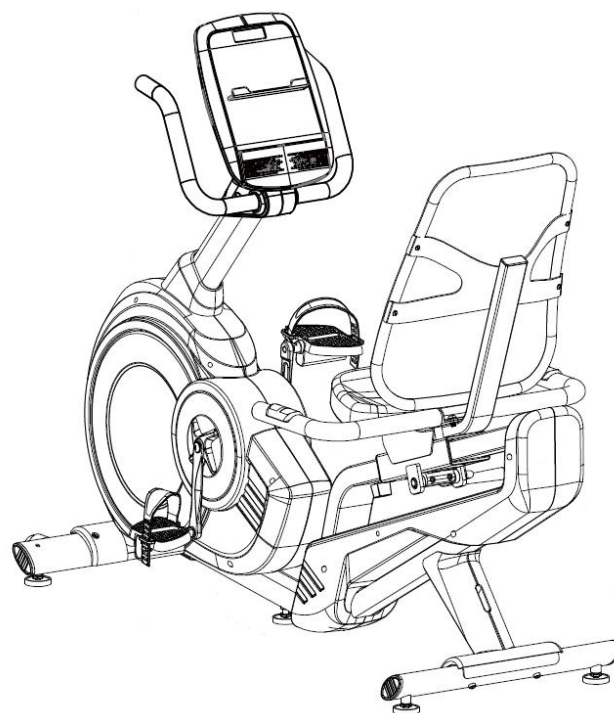
Recumbent Bike



Pure-Tec Limited
www.puretecfitness.com
Email: service@puretecfitness.com

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Safety Information

1. Please read the entire instruction before starting using this machine.
2. It is the responsibility of the owner of this machine to inform all users of all preventive measures. Follow the instruction strictly.
3. Please place this machine on a flat ground, away from moisture and dust. Place a mat under the machine to protect the floor and carpet. For safety reasons, make sure you keep at least 0.5m of free space around your equipment.
4. Before use, please make sure that all screws and nuts are locked tightly, and tighten the screws immediately after routine inspection and assembly of all parts.
5. Children should not be near the device. Don't leave your child unattended in a room with a stationary bike.
6. Please wear appropriate sportswear when using this machine. Do not wear loose clothing to avoid getting involved in the machine.
7. If you feel pain or dizziness while exercising, stop exercising immediately and do some soothing exercises.
8. Pulse sensors are not medical devices. Many factors, including exercise, may affect the heart rate display. The pulse sensor is only used as an auxiliary device to measure the approximate heart rate.



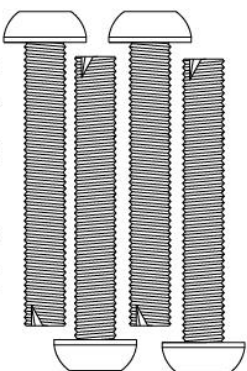
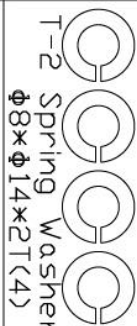
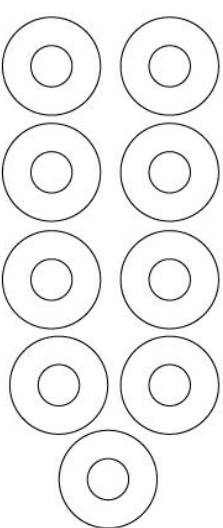
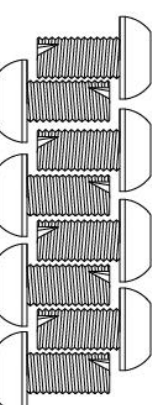
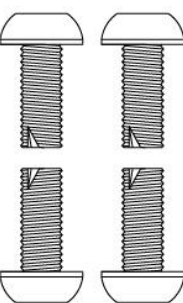
WARNING:

This exercise bike is designed and constructed to meet safety standards. However, some precautions should be taken when using sports equipment. Read the instructions and the following safety precautions thoroughly before installing and using the rowing machine.

1. Two or more people are not allowed to use this device at the same time.
2. If you feel unwell, please use it under the guidance of a doctor.
3. The heart rate data is for reference only, not for medical use.
4. Children, disabled person and pets should keep away from this equipment to avoid accidents.

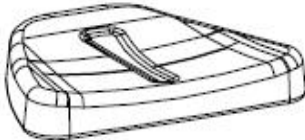
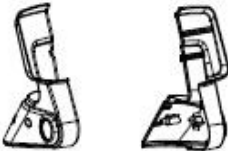
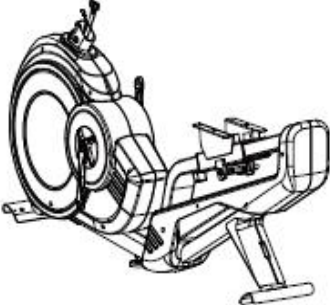
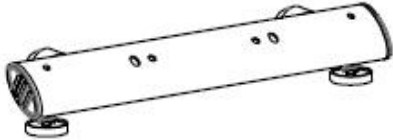
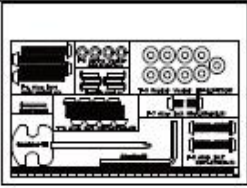
Components - Parts

Please check you have all parts listing below

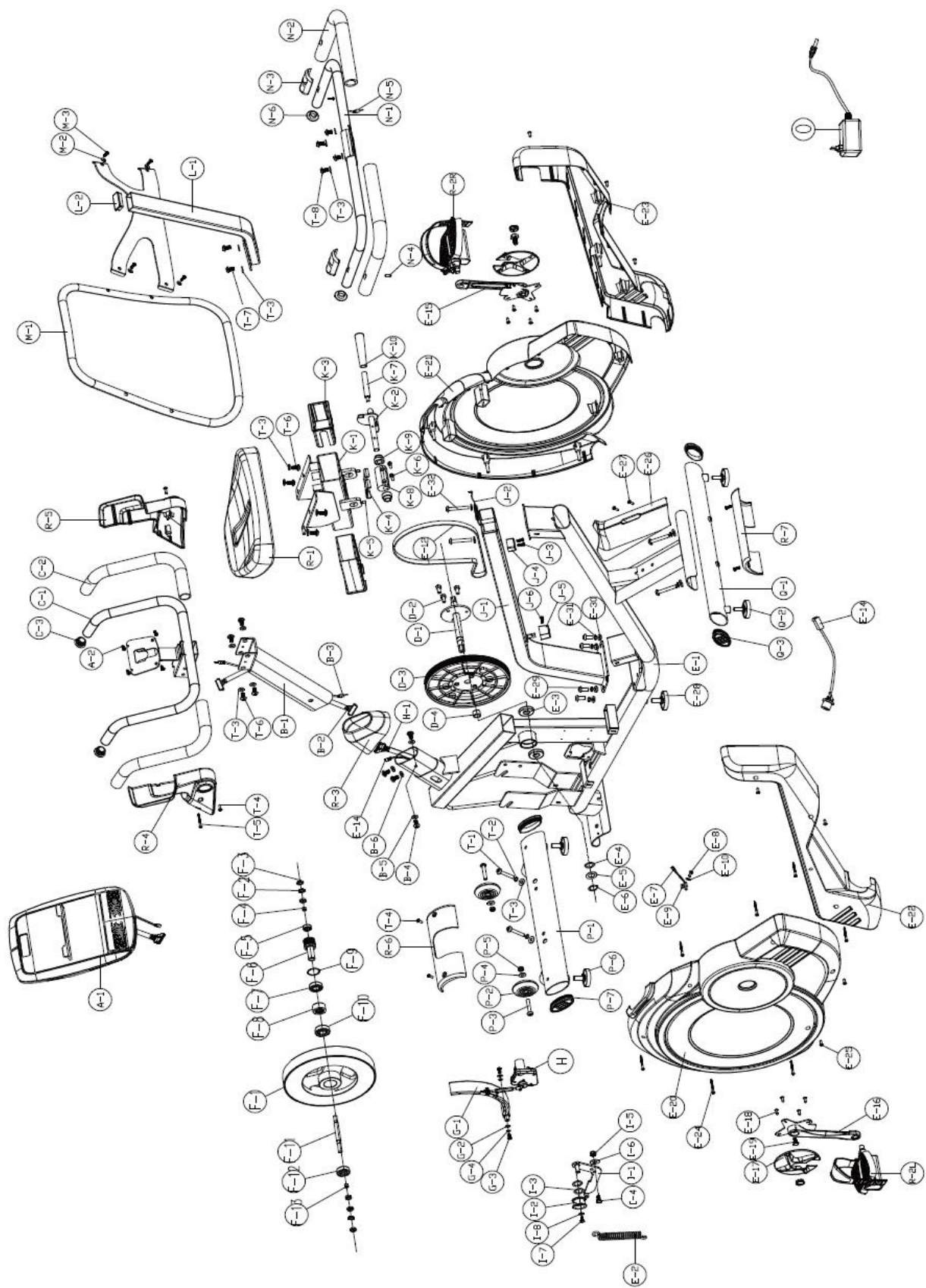
 T-1 Allen Bolt M8*P1.25*55L(4)		 T-2 Spring Washer φ8*φ14*2T(4)		 T-3 Regular Washer φ8*φ19*2t(18)		
 T-5:SCREW M6*30L(1)	 T-6 Allen Bolt M8*P1.25*16L(8)		 T-7 Allen Bolt M8*P1.25*16L(2)		 T-8 Allen Bolt M8*P1.25*20L(4)	
 Screwdriver (1)		 Box Spanner(1)		 Allen Key(1)		

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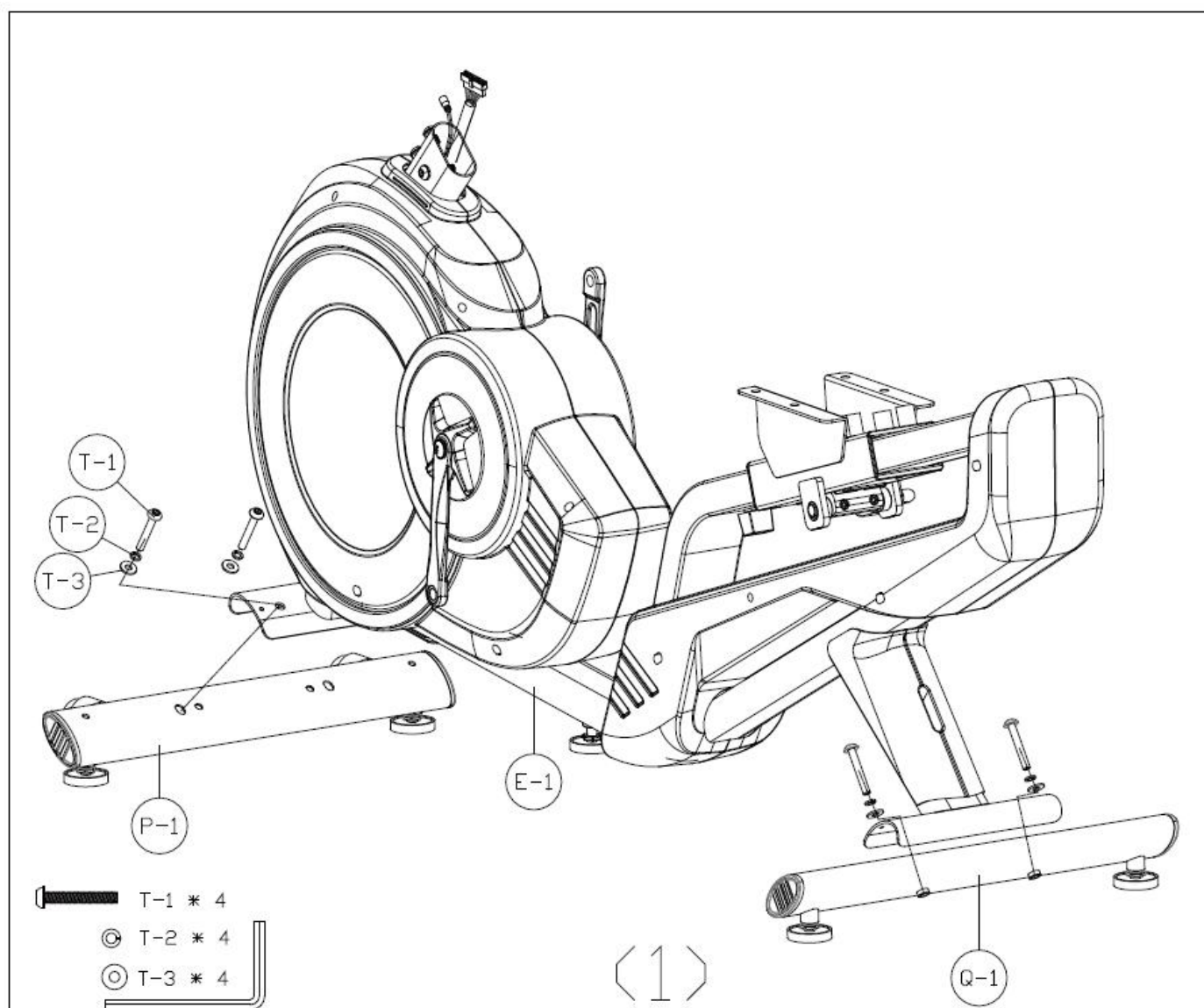
Components - Parts

	A		R-1
	B		R-2
			R-3
	C		R-4 R-5
	E		P
	M L		Q
			K-7
	N		T
	R-6		
	R-7		0

Components - Parts



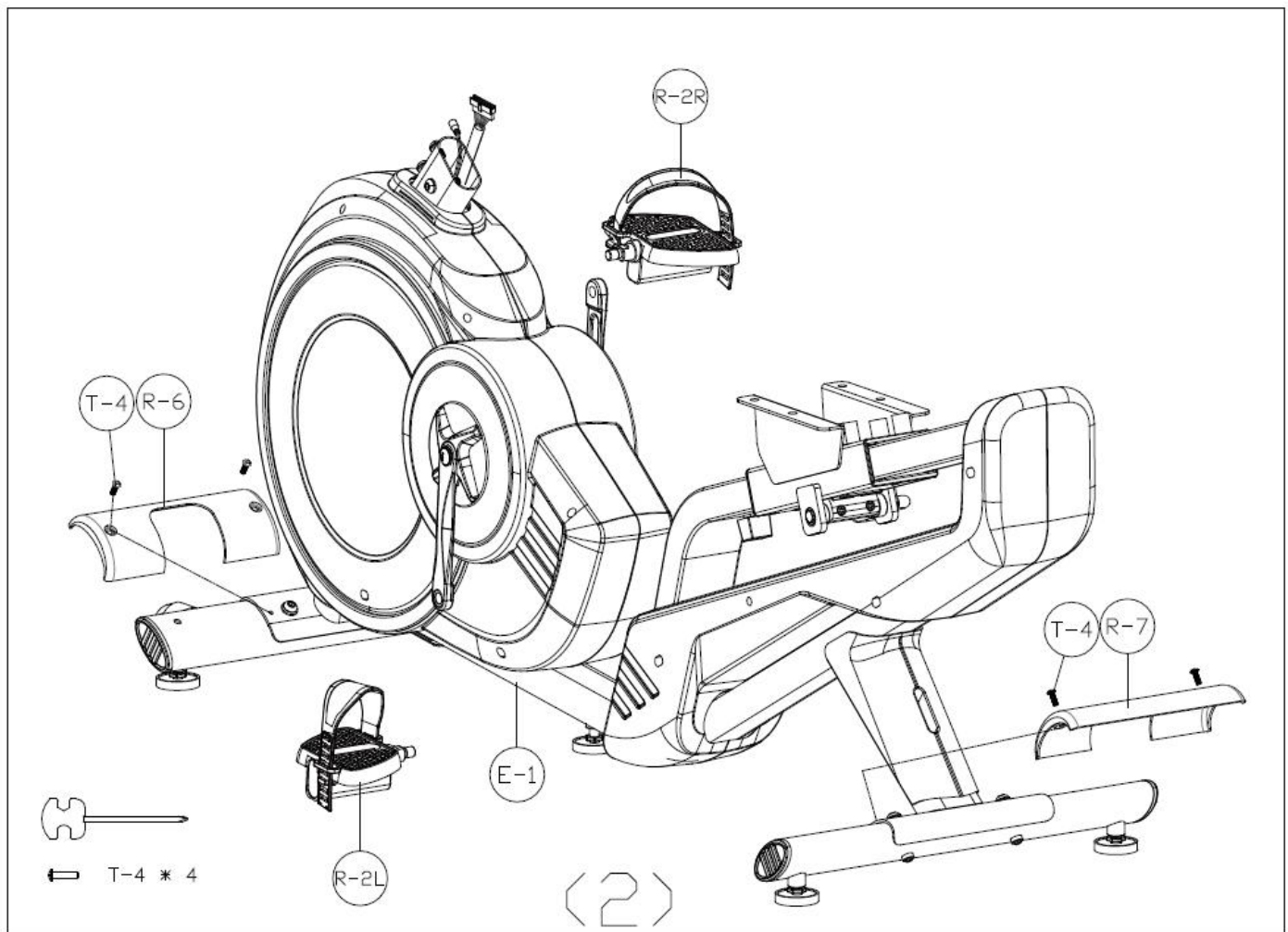
Assembly Instructions



Step 1

1. Attach (**P-1**) to the Main Frame (**E-1**) and secure by using (**T-1**), (**T-2**), (**T-3**).
2. Attach (**Q-1**) to the Main Frame (**E-1**) and secure by using (**T-1**), (**T-2**), (**T-3**).

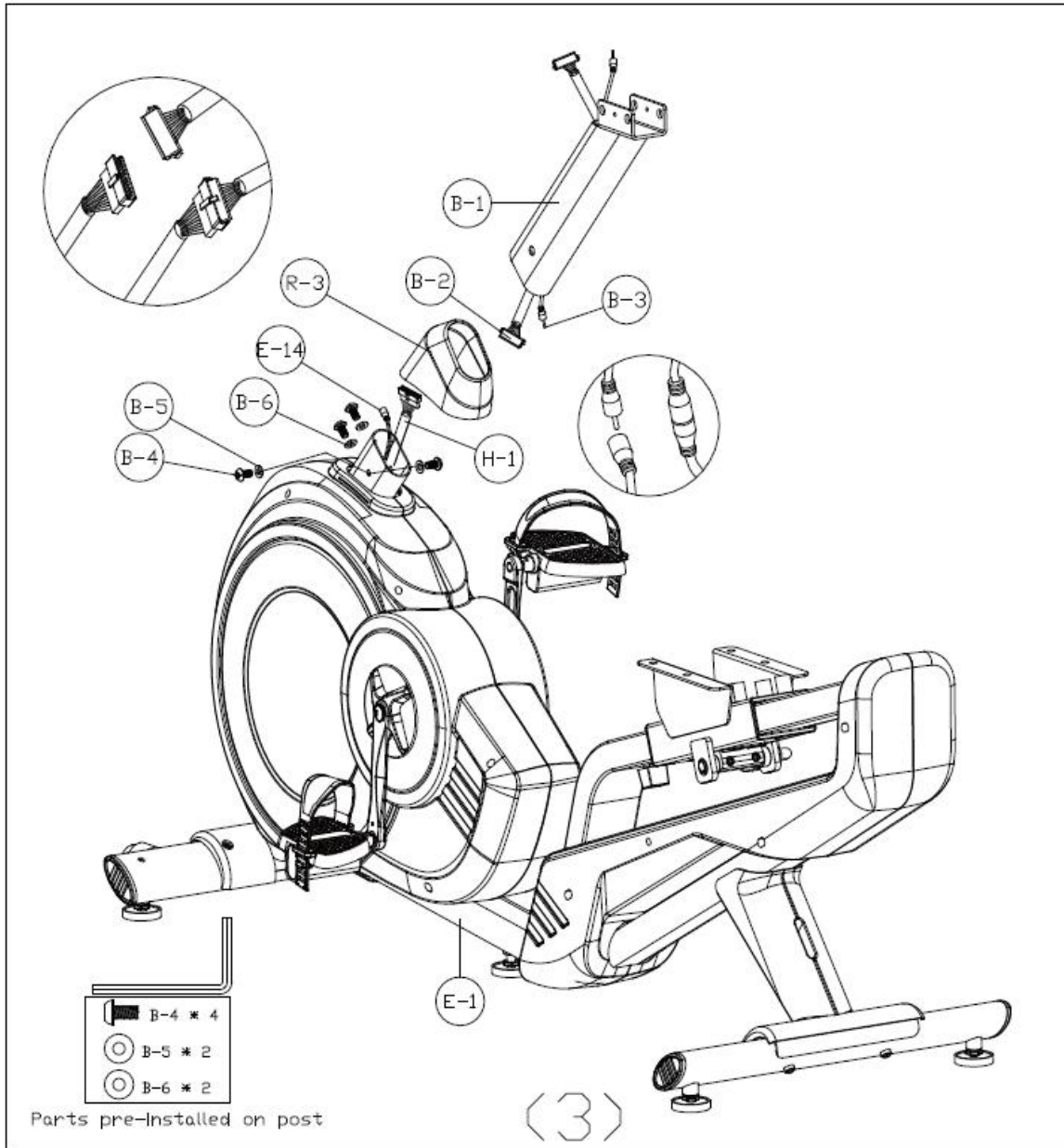
Assembly Instructions



Step 2

1. Attach (R-6) to (P-1) and then secure by using (T-4).
2. Attach (R-7) to (Q-1) and then secure by using (T-4).
3. Respectively attach (R-2L) and (R-2R) to the Main Frame (E-1).

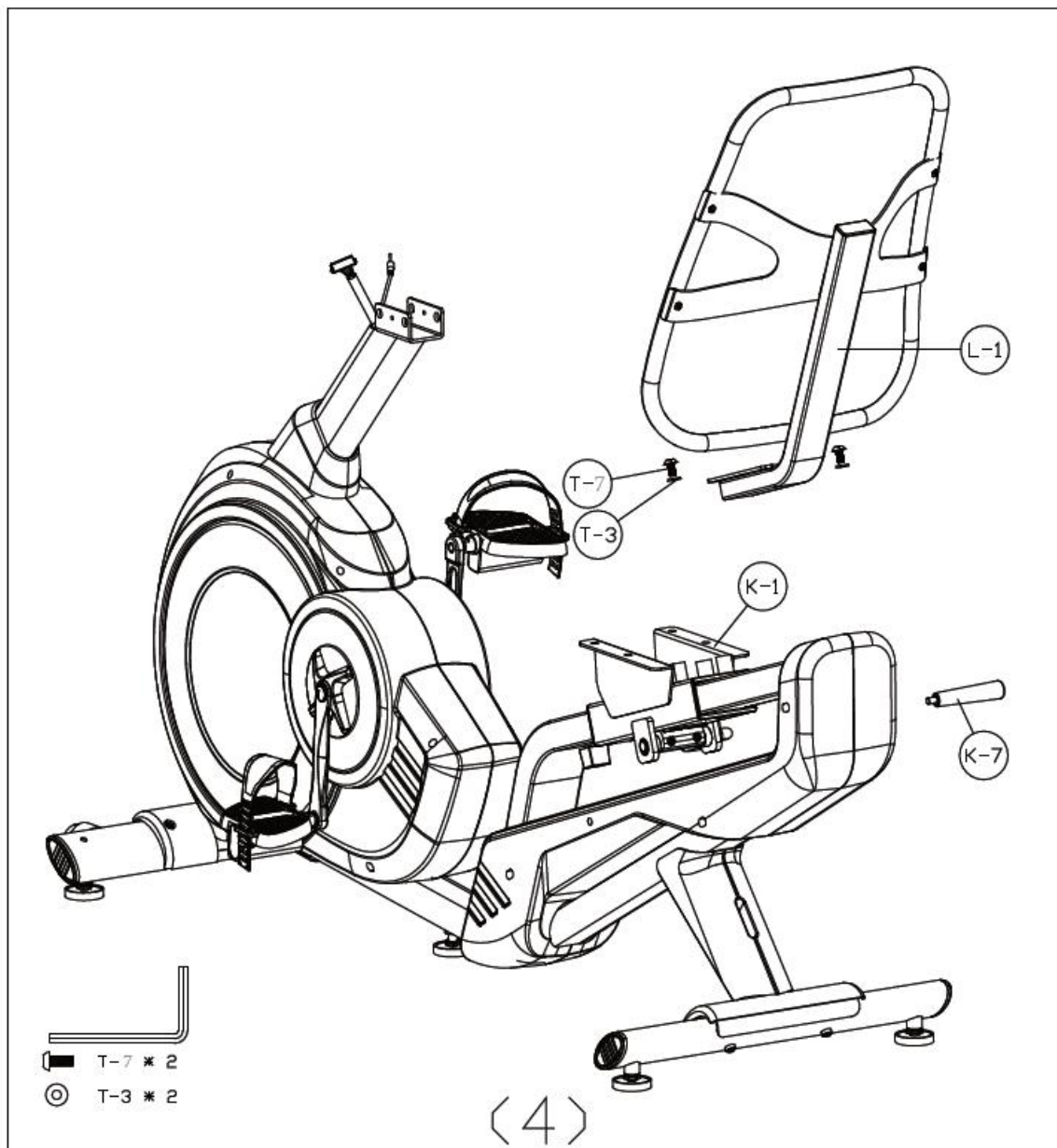
Assembly Instructions



Step 3

1. Connect the Wire (**B-3**) with the Wire (**E-14**).
2. Connect the Wire (**B-2**) with Wire (**H-1**).
3. Attach (**B-1**) and (**R-3**) to the Main Frame (**E-1**) and secure by using (**B-4**), (**B-5**) and (**B-6**).

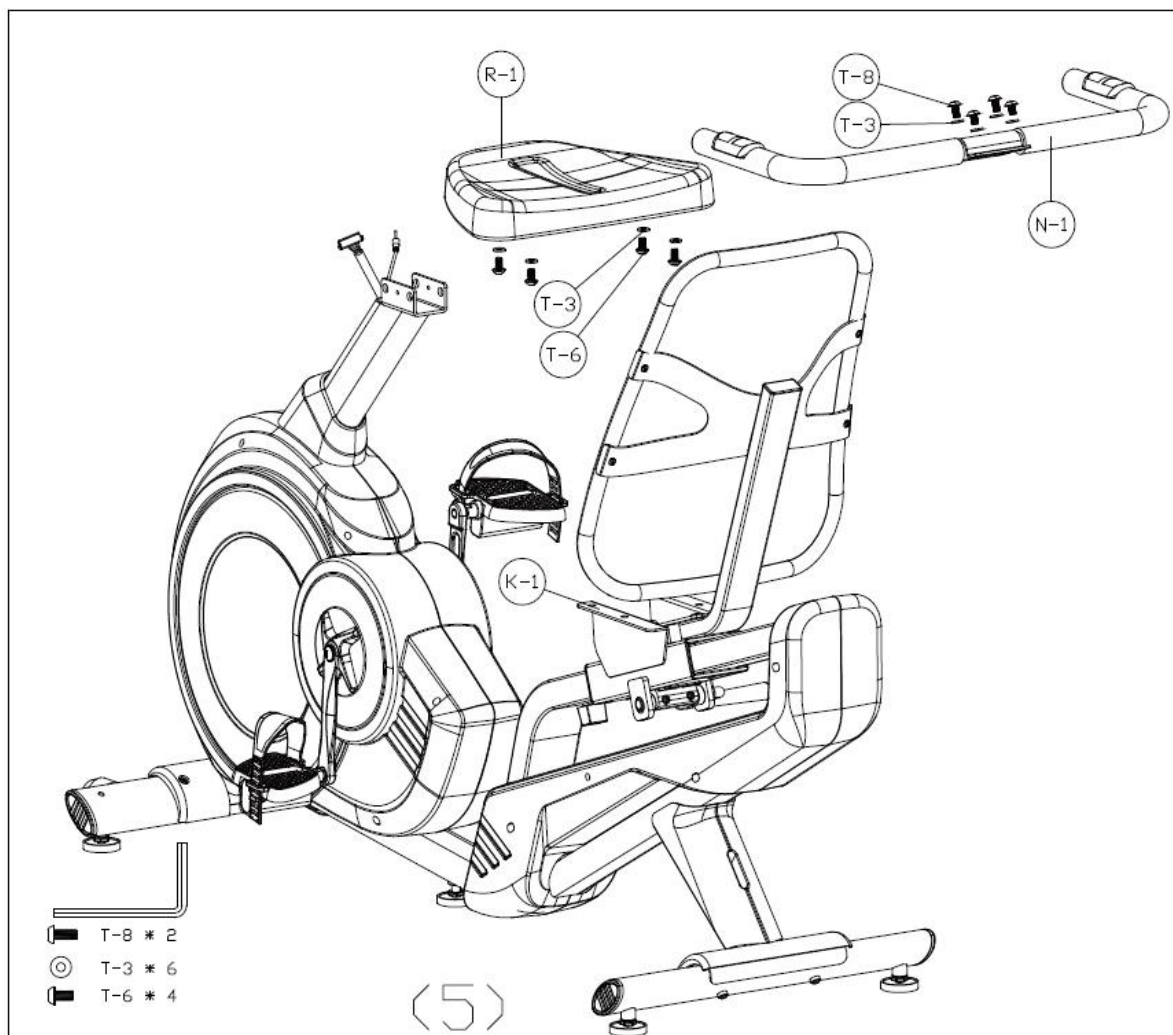
Assembly Instructions



Step 4

1. Attach the (L-1) to the (K-1) using (T-3) and (K-7) .
2. Tighten the (K-7) in clockwise direction to lock.

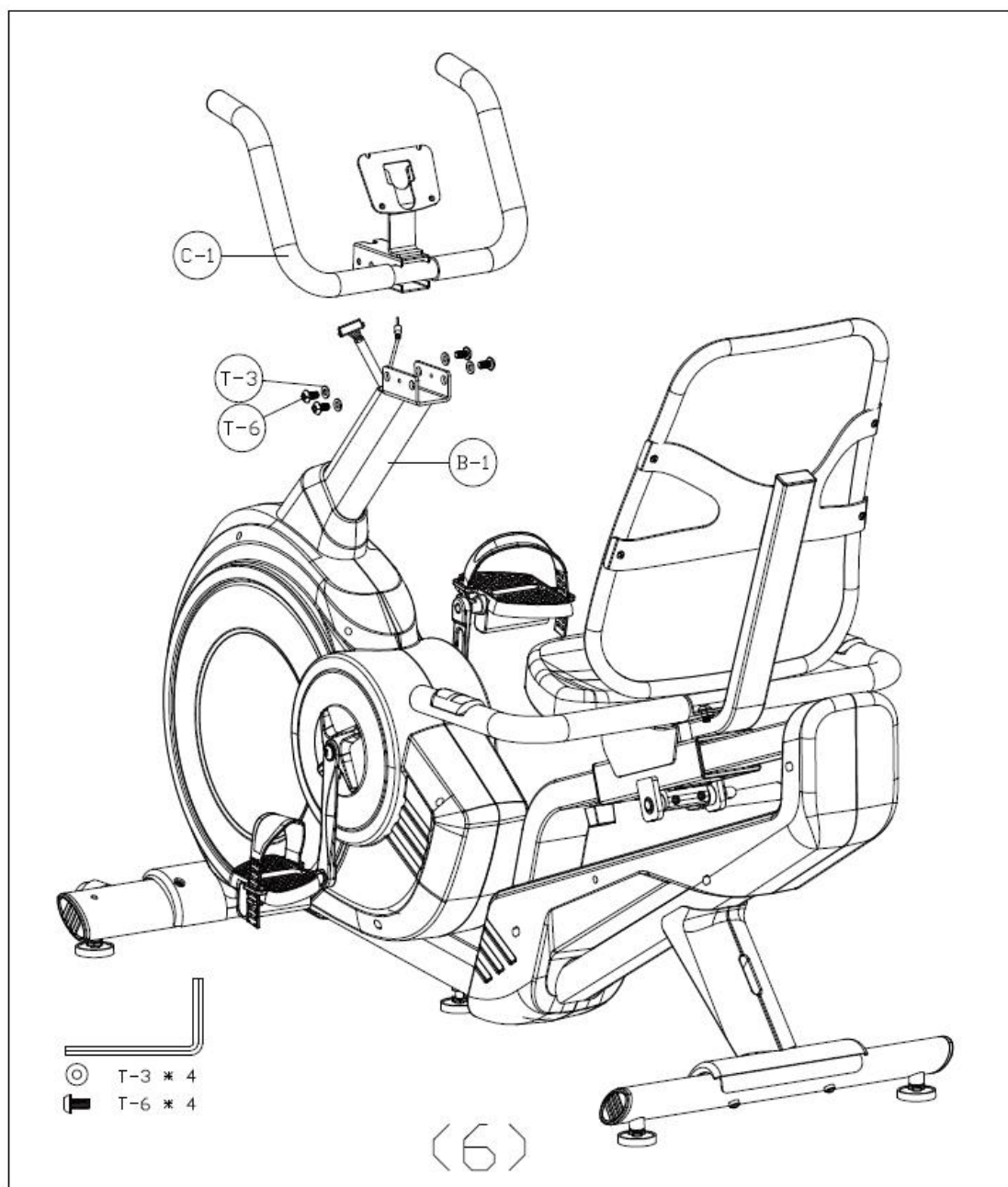
Assembly Instructions



Step 5

1. Attach (R-1) to (K-1) using (T-3) and (T-6).
2. Attach (N-1) to (K-1) using (T-3) and (T-8).

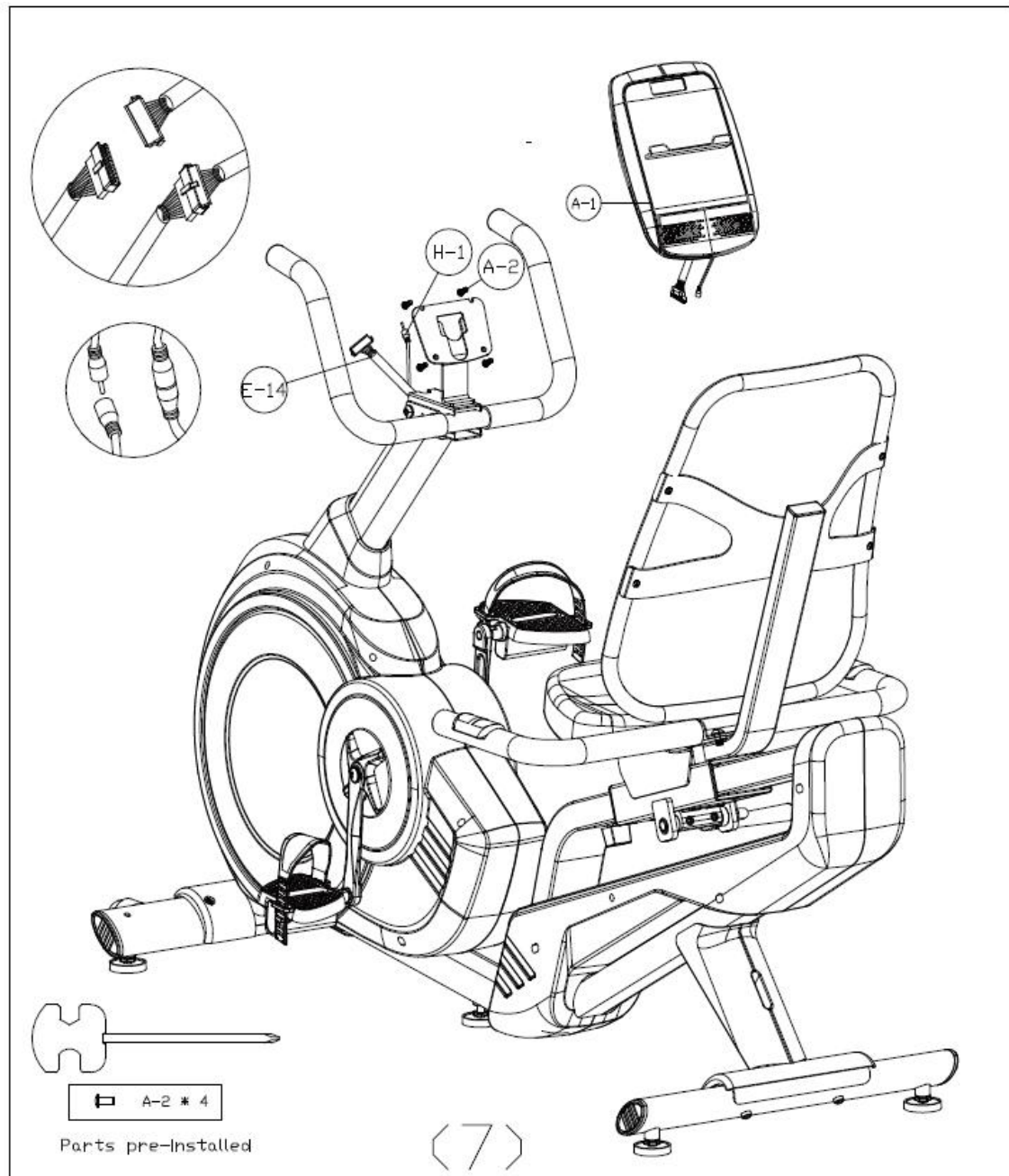
Assembly Instructions



Step 6

Attach (C-1) to (B-1) using (T-3) and (T-6).

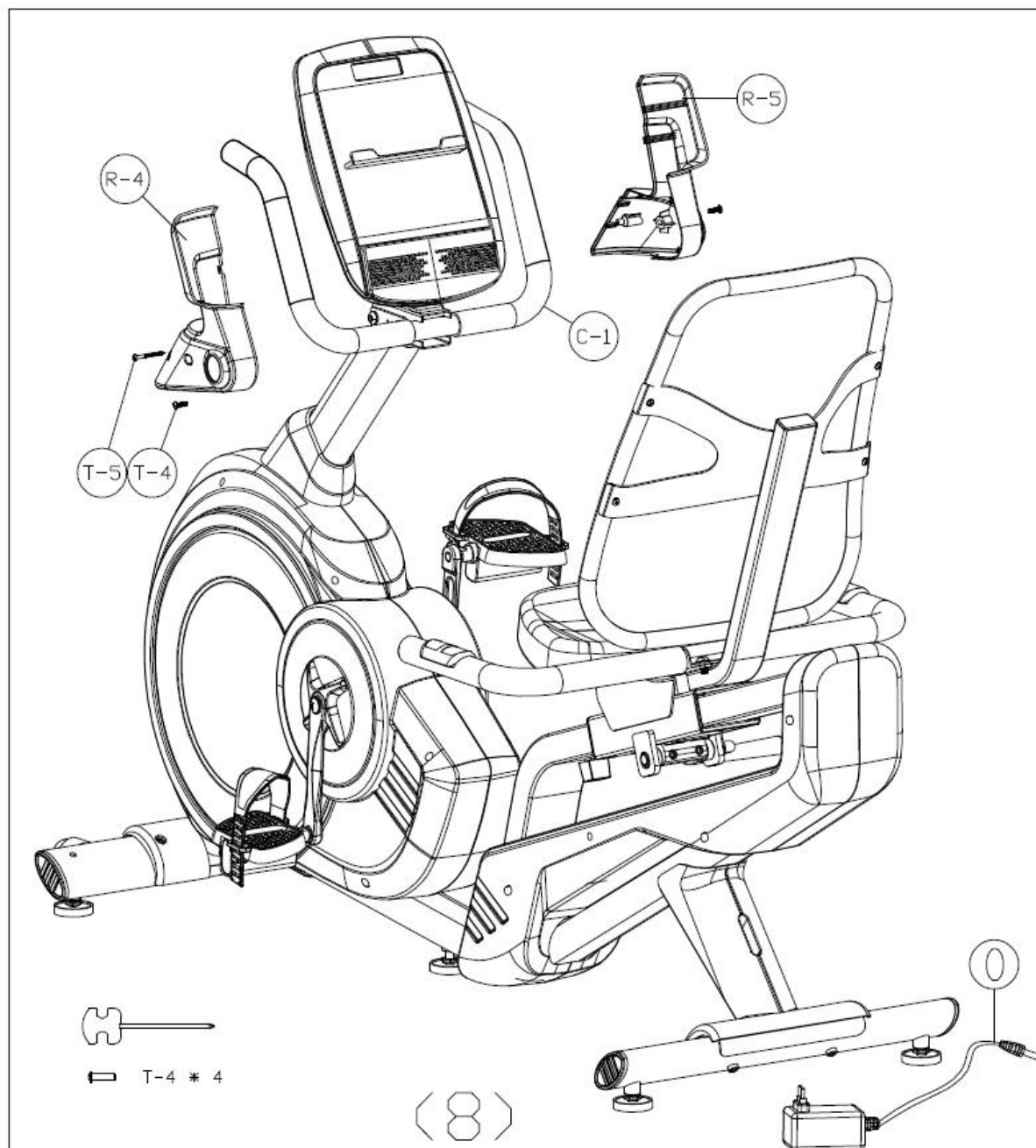
Assembly Instructions



Step 7

1. Connect the wire from (A-1) to the wire (E-14).
2. Connect the wire from (A-1) to the wire (H-1).
3. Attach (A-1) to (C-1) using (A-2).

Assembly Instructions



Step 8

Attach (R-4) and (R-5) to (C-1) using (T-4) and (T-5).

Computer Instruction

A) Function Description:

1. MANUAL: Basic training, you can set the TIME、CAL、DIST、PULSE target manually.
2. PROGRAM: P1~P12 , 12 sets of different programs
3. CALORIES PROGRAM: Low, Medium, High, three different levels of target Calories program
4. INTERVAL: 3 sets of different Interval programs
5. WATT PROGRAM: 3 sets of different Watt programs
6. WATT CONSTANT: Manual setting for Watt training
7. H.R.C.: 55%、75%、90%、3 different TARGET setting of heart rate mode, use heart rate to control LOAD auto-adjustment.
8. USER PROGRAM: User can set multiple LOAD setting

B) Button Description:



: Confirm function, settings



: During pause, select workout mode by short press the key, restart the system by extended press the key



: Pause



: Start



: Turn up the value / resistance level



: Turn down the value / resistance level



MANUAL QUICK KEY: Under the workout mode, press the button and enter MANUAL mode



PROGRAM QUICK KEY: Under the workout mode, press the button and enter PROGRAM mode



CALORIES PROGRAM QUICK KEY: Under the workout mode, press the button and enter CALORIES PROGRAM mode



INTERVAL QUICK KEY: Under the workout mode, press the button and enter INTERVAL mode。



WATT PROGRAM QUICK KEY: Under the workout mode, press the button and enter WATT PROGRAM mode。

Computer Instruction



WATT CONSTANT QUICK KEY: Under the workout mode, press the button and enter WATT



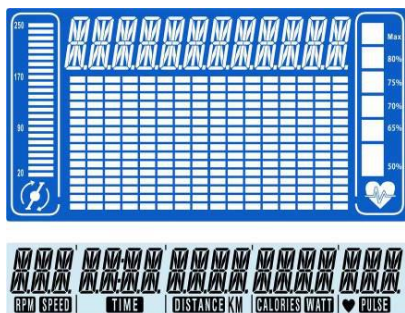
H.R.C. QUICK KEY: Under the workout mode, press the button and enter H.R.C. mode。



USER PROGRAM QUICK KEY: Under the workout mode, press the button and enter USER PROGRAM mode。

C. Operational instruction:

1. As the system is power on, the full screen will be lightened up for 2 seconds after a long beep (Drawing1), the Wheel diameter/Metric system will appear for 1second (Drawing2), then enter the Age setting (Drawing 3). Use [Plus/Minus] to set the age, press [Enter] to enter the Workout Mode (Drawing 4)
2. After entering Workout Mode, use [Plus/Minus] to select the workout program, including MANUAL、PROGRAM、CALORIES、INTERVAL、WATT PROGRAM、WATT、H.R.C.、USER PROGRAM. Press [enter] or [Function quick key] to confirm the program.



Drawing 1



Drawing 2



Drawing 3

3. Manual Mode: use [Plus/Minus] to select the Manual Mode, press [enter] to enter the Manual Mode (Drawing 4). You can also press [Manual] button to enter the mode directly, and set TIME、DIST、CAL、PULSE value accordingly. (Drawing 5~8). Use [Plus/Minus] to adjust the value, and press [Enter] to enter the next value. Press [Start] to start the training after you finish the setting. During the workout, press [Plus/Minus] to adjust Level. The workout program will be stopped after pressing [Stop] or when you reach the target. Press [Reset] to exit the mode.

Computer Instruction



Drawing 4



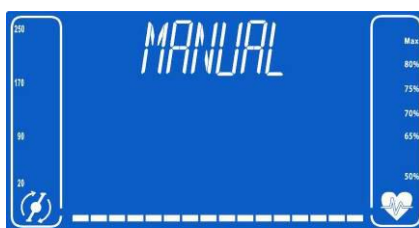
Drawing 5



Drawing 6



Drawing 7



Drawing 8

4. Program Mode: use [Plus/Minus] to choose the Program(Drawing 9) , press [enter] to enter the Program Mode. You can also press [Program] button to enter the mode directly. Firstly choose Program pattern(Drawing 10), there are 12 sets of different Program patterns. Press [Enter] to confirm the pattern, and set Time (Drawing 11). Use [Plus/Minus] to adjust the value. Press [Start] to start the training. During the workout, press [Plus/Minus] to adjust Level. The workout program will stop after pressing [Stop] or when you reach the target. Press [Reset] to exit the mode.



Drawing 9



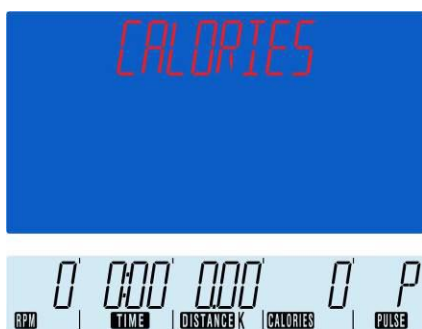
Drawing 10



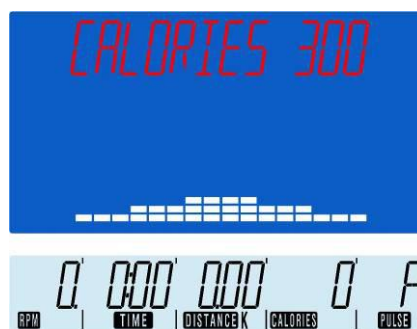
Drawing 11

5. CALORIES Mode: use [Plus/Minus] to choose the CALORIES mode(Drawing 12) , press [enter] to enter the CALORIES Mode. You can also press [CALORIES] button to enter the mode directly. Firstly choose CALORIES Program pattern(Drawing 13), there are 3 sets of different CALORIES Program targets (300, 600, 900). Press [Start] to start the training. When the CALORIES target was reached the program will proceed to next level. The workout program will stop after pressing [Stop] or when you reach the target. Press [Reset] to exit the mode.

Computer Instruction

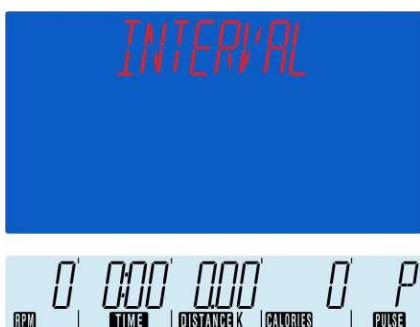


Drawing 12

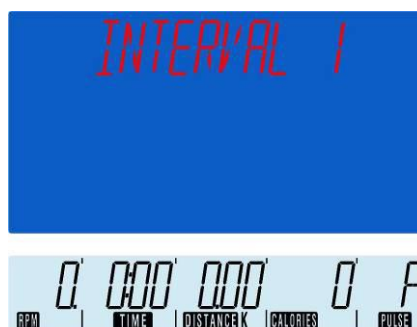


Drawing 13

6. Interval Mode: use [Plus/Minus] to choose the Interval (Drawing 14) , press [enter] to enter the Interval Mode. You can also press [Interval] button to enter the mode directly. Firstly choose Interval (Drawing 15), there are 3 sets of different Interval. In Interval 1 & 2, press [Start] to start the workout, In Interval 3, press [Enter] to set Interval time and Cycles. Press [Start] to start the training after you finish the setting. There will be 3 minutes of warm up after starting the workout, the Interval will start after the warm up. Use [Plus/Minus] to adjust the level. The workout program will stop after pressing [Stop] or when the cycle is complete. Press [Reset] to exit the mode.

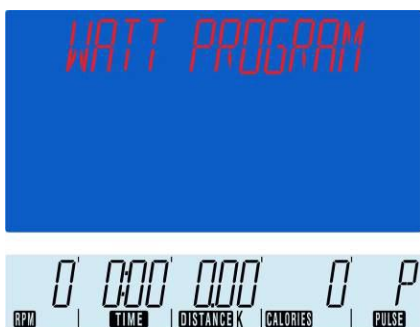


Drawing 14



Drawing 15

7. Watt Mode: use [Plus/Minus] to choose the Watt Program (Drawing 16) , press [enter] to enter the Watt Program. You can also press [Watt] button to enter the mode directly. Firstly choose Watt Program pattern(Drawing 17), there are 3 sets of different Watt Program patterns. Press [Enter] to enter time setting. Use [Plus/Minus] to adjust Watt value. The level will change accordingly. The workout program will stop after pressing [Stop] or when time runs out. Press [Reset] to exit the mode.



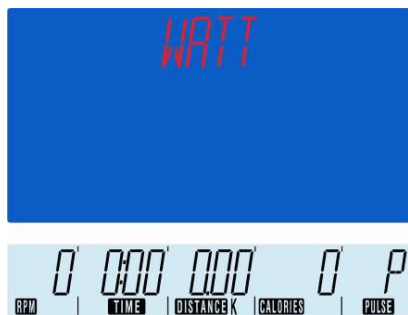
Drawing 16



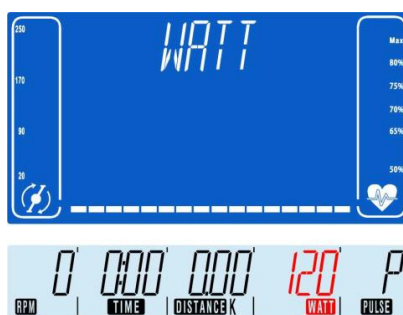
Drawing 17

Computer Instruction

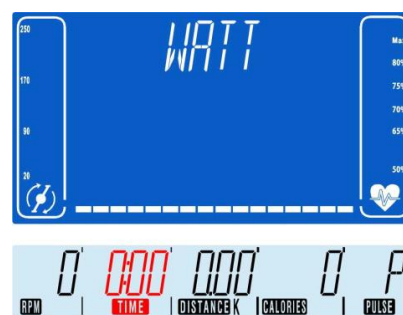
8. Watt Constant Mode: use [Plus/Minus] to choose the Watt Constant (Drawing 18) , press [enter] to enter the Watt Constant Program. You can also press [Watt Constant] button to enter the mode directly. Use [Plus/Minus] to adjust value. Press [Enter] to enter time setting. During the training, press [Plus/Minus] to adjust the Watt LOAD. The workout program will stop after pressing [Stop] or when time runs out. Press [Reset] to exit the mode.



Drawing 18



Drawing 19



Drawing 20

9. H.R.C Mode: use [Plus/Minus] to choose the H.R.C mode(Drawing 21) , press [enter] to enter the H.R.C Mode. You can also press [H.R.C] button to enter the mode directly. Use [Plus/Minus] to choose among 55% (Drawing 22)、75%、90%、TAG. TAG means you can set the H.R.C value manually. Press [enter] to enter the H.R.C Mode and set the time. Press [Start] to start the training. The Load will change according to the Heart Rate. The workout program will stop after pressing [Stop] or when time runs out. Press [Reset] to exit the mode.



Drawing 21



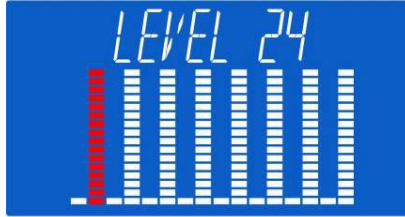
Drawing 22

10. User Mode: use [Plus/Minus] to choose the User Program (Drawing 23) , press [enter] to enter the User Program. You can also press [User] button to enter the mode directly. You can set the Level Pattern manually (16 options), the word Level will appear during the setting. (Drawing 24) Press [Enter] to enter the next line, there are 16 cycles. After finishing Level setting, extended press [Enter] to enter Time setting (Drawing 25). Press [Start] to start the training. During the workout use [Plus/Minus] to adjust Level. The workout program will stop after pressing [Stop] or when time runs out. Press [Reset] to exit the mode.

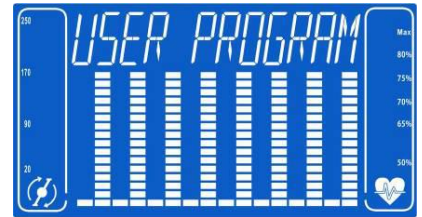
Computer Instruction



Drawing 23



Drawing 24



Drawing 25

D、Remarks

1. Program Patterns:



P1



P2



P3



P4



P5



P6



P7



P8



P9



P10



P11



P12

2. Calories Patterns:



C1(300 Calorie)



C2(600 Calorie)



C3(900 Calorie)

Computer Instruction

3. Watt Patterns:



W1

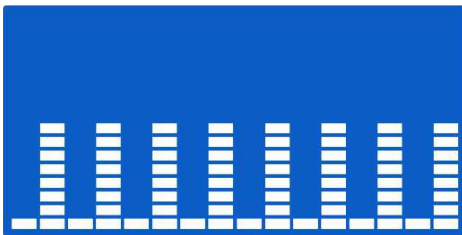


W2



W3

4. Stage Mode Default Patterns:



Stage Mode Description:

- (1).INTERVAL1: Intense work out for 25 seconds/Rest for 15 seconds, continue for 8 cycles
- (2).INTERVAL2: Intense work out for 60 seconds/Rest for 75 seconds, continue for 12 cycles
- (3).INTERVAL3: Custom mode, you can set the Intensity/Rest/Cycle value

Noted:

- 1. After 4 minutes without pedaling or pulse input, console will enter into power saving mode. Press any key may wake the console up.
- 2. When computer act abnormal, please plug out the adaptor and plug in again.

Computer Instruction

APP



1. This console can connect APP on the smart device by Bluetooth or Tunelinc.
2. Once console is connect to smart device via Bluetooth or Tunelinc, the console will power off.
3. **Down load and install app**

IOS system please search " IC + Training APP" at Apple Store.

Android system please search " Iconsole + Training" at Google Play.

Or Scan the QR code and down load app and install to your mobile phone or tablet.

iConsole Global



Maintenance

1. Regularly check whether the bolts and nuts of each part are fastened, whether the adjusting knob is locked, whether the rotating part is flexible, and whether there are any worn or damaged parts. These parts are in good condition, the safety of the equipment can be guaranteed;
2. Any worn or damaged parts should be immediately removed or sent to the maintenance center for replacement.
3. Keep the equipment clean, but do not wipe it with acidic, alkaline or organic solutions.

Failure and trouble shooting:

Failure	Root cause	Solutions
Base un-flat	1. Ground is not flat or has sundries 2. The base was not leveled when the frame was assembled.	1. Eliminate sundries 2. Loosen the rack connection bolt to level the base, then tighten the bolt 3. Adjust eccentric foot cover of bottom tube
Handle unstable	Screw is loosen	Tighten the screw
Rotating parts have abnormal sound	Gap disturbance	Open the shroud to adjust
Low resistance	1. Reluctance gap increases 2. The spinner is damaged 3. Belt slip	1. Open the shroud to adjust; 2. Replace; 3. Open the shroud to adjust

Parts List

A	Console Assembly	1	E-20	Left cover (upper)	1
A-1	Console	1	E-21	Right cover (lower)	1
A-2	M5*10L Phillips Screw	4	E-22	Left rear cover (upper)	1
B	Hand Post Assembly	1	E-23	Right rear cover (upper)	1
B-1	Hand Post	1	E-24	M4x50L Phillips screw	6
B-2	Main wire	1	E-25	M5x16 Phillips screw	10
B-3	Wire	1	E-26	Rear support cover	1
B-4	M8xP1.25x16L Phillips screw	4	E-27	M5xP0.8x20L Phillips screw	2
B-5	φ 8x φ 19x2t Flat washer	2	E-28	Foot level	1
B-6	φ 8x φ 19x2t Arc washer	2	E-29	M8xP1.25x20L Phillips screw	4
C	Front Handle assembly	1	E-30	φ 8x φ 19x2t Flat washer	6
C-1	Front handle	1	E-31	φ 8* φ 14*2T Spring washer	4
C-2	End cap	2	E-32	M8xP1.25x50L Phillips screw	2
C-3	Handle grip	2	F	Flywheel assembly	1
D	Belt pulley assembly	1	F-1	Flywheel	1
D-1	Axis	1	F-2	φ 10x φ 17x1t Star washer	2
D-2	M8xP1.25x12Lx5t hex screw	3	F-3	3/8"-26x4.5t nut	5
D-3	Belt pulley	1	F-4	Sleeve	1
D-4	Sleeve	1	F-5	6900RS Bearing	1
E	Main frame assembly	1	F-6	Groove Pulley	1
E-1	Main frame	1	F-7	6003RS Bearing	1
E-2	Tension spring	1	F-8	One-way ball bearing ratchet	1
E-3	6203 Bearing	2	F-9	φ 30x φ 34x1t Flat washer	1
E-4	φ 17.5x φ 25x0.3t Wave washer	1	F-10	6203 (RS) Bearing	1
E-5	φ 17.5x φ 25x0.3t Flat washer	1	F-11	Flywheel mandrel	1
E-6	C-type ring	1	F-12	6300RS Bearing	5
E-7	Sensor wire	1	F-13	Flywheel sleeve	1
E-8	M4x10L Screw	1	G	Magnet assembly	1
E-9	Sensor support	1	G-1	Magnet	1
E-10	φ 5x φ 10x1t Flat washer	1	G-2	φ 6x φ 13x1 Flat washer	2
E-12	Poly V-belt	1	G-3	M6xP1.0*16L hex screw	2
E-13	2300 wire	1	G-4	φ 6 Spring washer	2
E-14	750mm wire	1	H	Gear box	1
E-15	Right crank	1	H-1	Motor wire	1
E-16	Left crank	1	I	Idle Wheel Assembly	1
E-17	Crank cap	2	I-1	Bracket	1
E-18	M3x8 Phillips screw	8	I-2	Idle Wheel	1
E-19	M8xP1.0x20L hex screw	2	I-3	φ 10.5x φ 15x0.3t Wave washer	2

I-4	M8xP1.25x18L hex screw	1	N-5	Wire	1
I-5	M8 Nylon nut	1	N-6	End cap	2
I-6	φ 8.5x φ 25x1t Flat washer	1	O	Rectifier	1
I-7	M6xP1.0x12L hex screw	1	P	Front stabilizer assembly	1
I-8	φ 6x φ 12x1t Flat washer	1	P-1	Front stabilizer	1
J	Adjust tube assembly	1	P-2	Transportation wheel	2
J-1	Seat sliding tube	1	P-3	M8xP1.25x45L Phillips screw	2
J-2	Wire	1	P-4	φ 8x φ 19x2t Flat washer	4
J-3	M5x35L Phillips screw	2	P-5	M8 Nylon nut	2
J-4	RM300 Stop Block	1	P-6	Foot level	2
J-5	RK2000 Stop Block	1	P-7	Foot cap	2
J-6	M5xP0.8x10L Phillips screw	1	Q	Rear stabilizer assembly	1
K	Seat sliding weldment assembly	1	Q-1	Rear stabilizer	1
K-1	Seat sliding support	1	Q-2	Foot level	2
K-2	Rocker	1	Q-3	Foot cap	2
K-3	Bushing	2	R	Packaging material assembly	1
K-4	Lock plate	1	R-1	Seat	1
K-5	M6xP1.0x9L Hexagon Socket Screw	2	R-2	Foot pedal	1
K-6	M6xP1.0x20L Hexagon Socket Screw	2	R-3	Handle support cover	1
K-7	Hand lever	1	R-4	Left tray (lower)	1
K-8	Lock block	1	R-5	Right tray	1
K-9	Bushing	2	R-6	Front stabilizer cap	1
K-10	Sleeve	1	R-7	Rear stabilizer cap	1
L	Backrest rail assembly	1	T	Hardware pack	1
L-1	Backrest rail assembly	1	T-1	M8xP1.25x55L Phillips screw	4
L-2	End cap	1	T-2	φ 8* φ 14*2T Spring washer	4
M	Backrest pad assembly	1	T-3	φ 8x φ 19x2t Flat washer	18
M-1	Backrest pad	1	T-4	M5x20L Phillips screw	6
M-2	M5xP0.8x16L Phillips screw	4	T-5	M4x30L Phillips self tapping screw	1
M-3	φ 6x φ 13x1t Flat washer	4	T-6	M8xP1.25x16L Socket head slotted back screw	8
N	Seat handle assembly	1	T-7	M8xP1.25x12L Socket head slotted back screw	2
N-1	Seat handle	1	T-8	M8xP1.25x20L Socket head slotted back screw	4
N-2	Handle grip	2	T-9	Harpoon wrench	1
N-3	Handle heart rate receiver	2	T-10	Allen Wrench	1
N-4	M4x20L Phillips self tapping screw	2			

Warranty

Pure-Tec Limited warrants this product to be free from defects in workmanship and material, under normal use and service conditions. Please refer to www.puretecfitness.com for warranty terms. This warranty extends only to the original purchaser and is valid for home use only.

Pure-Tec's obligation under this Warranty is limited to replacing damaged or faulty parts at Pure-Tec's option.

All returns must be pre-authorised by Pure-Tec. This warranty does not extend to any product or damage to a product caused by or attributable to freight damage, abuse, misuse, improper or abnormal usage, purchasers own repairs or for products used for commercial or rental purposes. No other warranty beyond that specifically set forth above is authorised by Pure-Tec. Pure-Tec is not responsible or liable for indirect, special or consequential damages arising out of or in connection with the use or performance of the product or other damages with respect to any economic loss, loss of property, loss of revenues or profits, loss of enjoyments or use, costs of removal, installation or other consequential damages or whatsoever natures.

The warranty extended hereunder is in lieu of any and all other warranties and any implied warranties of merchantability or fitness for a particular purpose is limited in its scope and duration to the terms set forth herein.

Your statutory rights are not affected.

ORDERING REPLACEMENT PARTS

Replacement parts can be ordered by contacting our Customer Solutions Department, Monday to Friday, 8am – 5pm GMT:

Pure-Tec Limited
www.puretecfitness.com
Tel: +44 (0) 1482 212098
Email: service@puretecfitness.com
Monday - Friday 0800 - 1700GMT

When ordering replacement parts, please give the following information,

1. Model
2. Description of Parts
3. Part Number
4. Date of Purchase