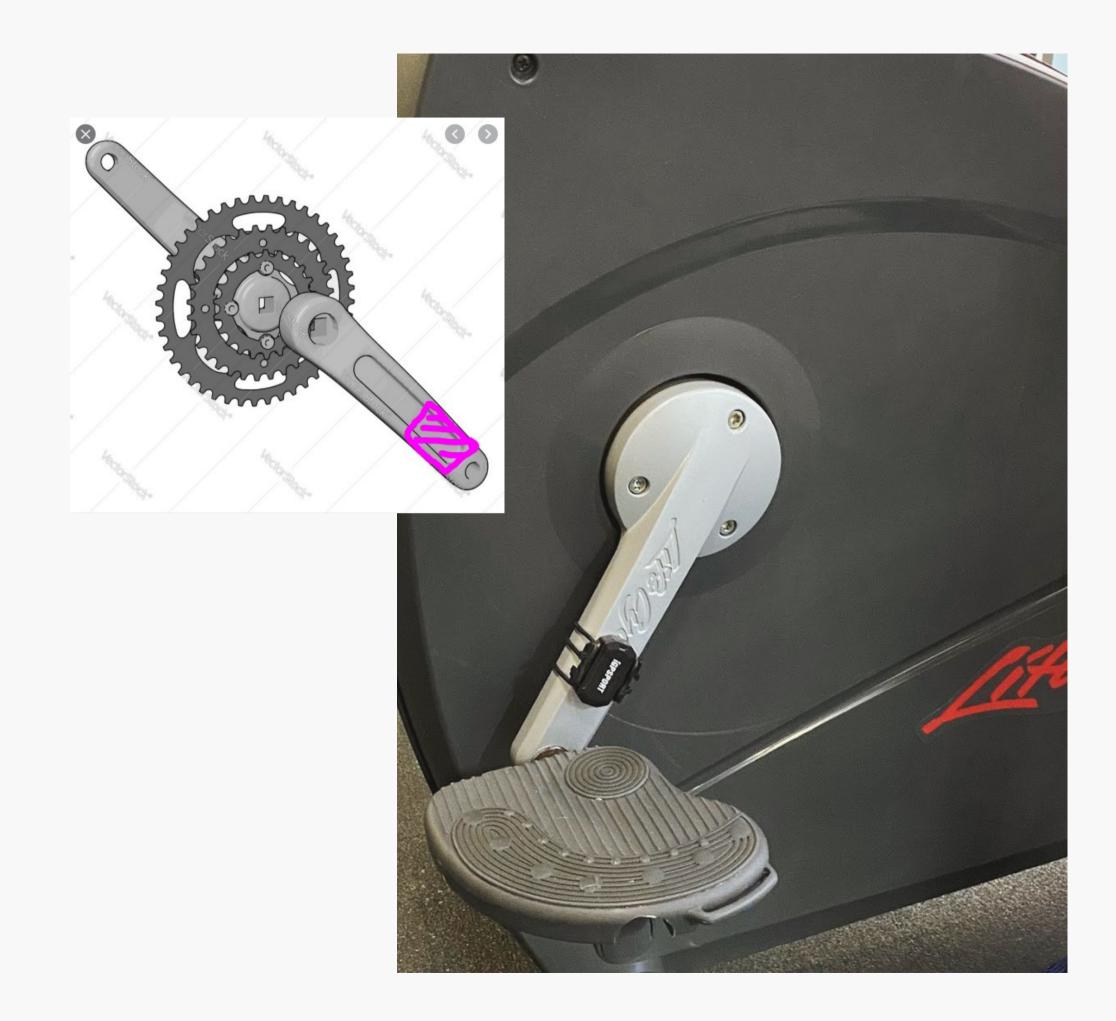
HOW TO POSITION CADENCE SENSOR



Bike

Position the cadence sensor on the pedal crank. Get as near to the pedal as possible.

Make sure that the sensor doesn't touch your feet or other parts of the bicycle while cycling.



Elliptical

There are three places where you can position the sensor on an elliptical.

Keep in mind that the first option works best. The third is only the last resort.

1) On the outer edges of the wheel (if the wheel spins) 2) On another part of the spinning wheel 3) On the back of the pedal



