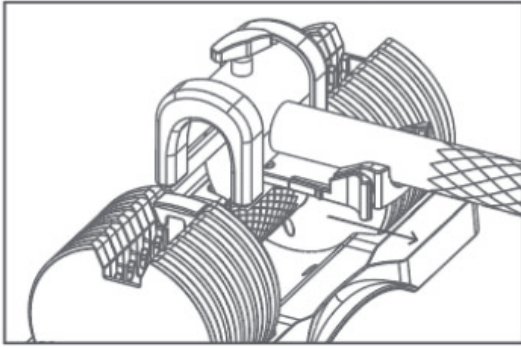
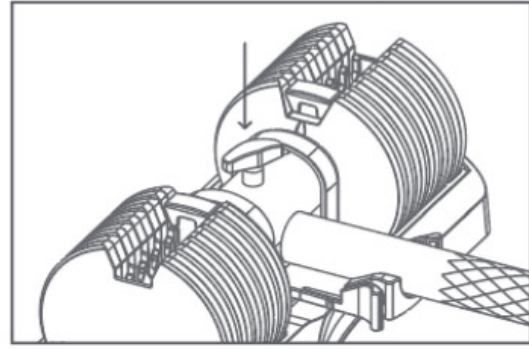


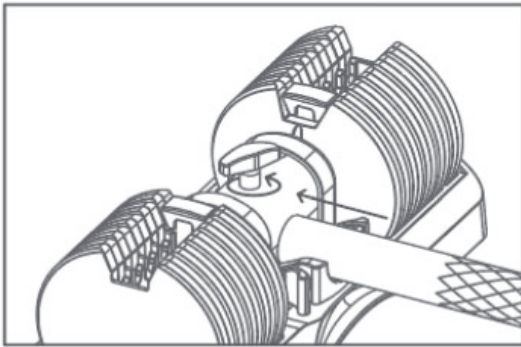
## Easy Bar



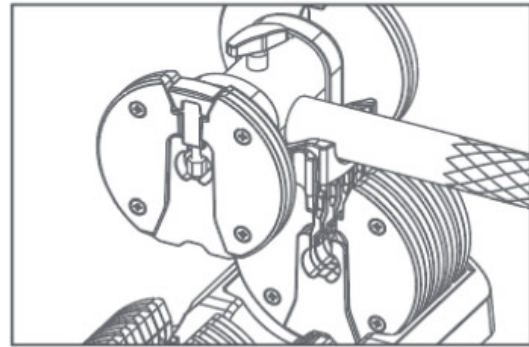
1



2



3



4



### CAUTION

The Easy Bar must be secured to both dumbbells.

1. Place the Easy Bar on top of the dumbbell handle.
2. Pull the plate back by pressing it together.
3. Press the wing bolt down to latch the Easy Bar onto the handle.
4. Tighten the wing bolt.
5. Lift the Easy Bar straight up.

## 8.6 Parts List

BM-EZBAR

No.	Name	Qty.
1	EZ bar	1
2	Hook	1
3	Screw M5x12L	2

## 8.7 Exploded Drawing

BM-EZBAR

