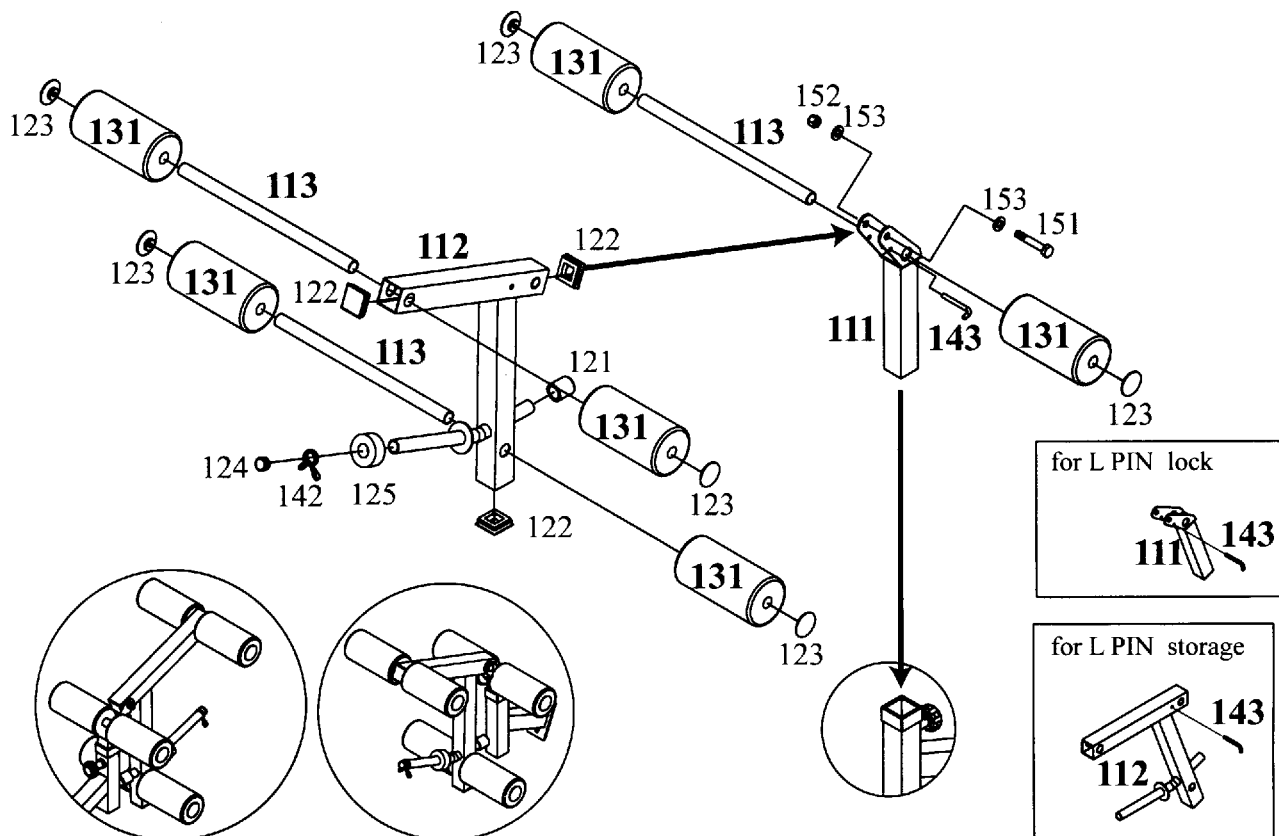


BodyCraft

LEG EXTENSION / CURL ASSEMBLY INSTRUCTION MANUAL MODEL: F611

ASSEMBLE

1. Attach LEG WEIGHT HOLDER(112) onto ADJUST TUBE(111), using HEX HEAD BOLT(151), two 1/2" WASHER(153) and NYLON NUT(152).
2. Insert FOAM ROLLER HOLDER(113) into the ADJUST TUBE(111) and LEG WEIGHT HOLDER(112).
3. Slide FOAM ROLLER(131) onto each side of FOAM ROLLER HOLDER(113).
4. Attach END PLUGS(123) to FOAM ROLLER HOLDER(113) and attach 50 SQ. END PLUG(122) to ends of LEG WEIGHT HOLDER(112).
5. Slide RUBBER BUMPER(125) onto WEIGHT HOLDER(112). The SPRING CLIP(142) is used to hold weight plates on WEIGHT HOLDER(122).
6. L PIN(143) is used to lock LEG WEIGHT HOLDER(112).



Thank you for purchasing the Bodycraft Leg Extension / Curl Attachment. If You have any questions, please call your local BodyCraft dealer or call our customer service department at 800-990-5556.

BodyCraft

LEG EXTENSION / CURL ASSEMBLY INSTRUCTION MANUAL MODEL: F611

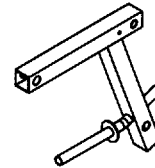
PARTS CHART

NO.	DESCRIPTION	QTY.
-----	-------------	------

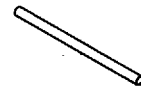
111	ADJUST TUBE	1
112	LEG WEIGHT HOLDER	1
113	FOAM ROLLER HOLDER	3



(111)



(112)



(113)

NO.	DESCRIPTION	QTY.
-----	-------------	------

121	1" ROUND CAP	1
122	50 SQ. END PLUG	3
123	1" ROUND END PLUG(LARGER)	6
124	1" ROUND END PLUG(SMALLER)	1
125	RUBBER BUMPER	1



(121)



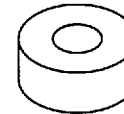
(122)



(123)



(124)



(125)

NO.	DESCRIPTION	QTY.
-----	-------------	------

131	FOAM ROLLER	6
-----	-------------	---



(131)

NO.	DESCRIPTION	QTY.
-----	-------------	------

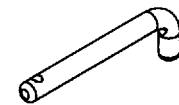
141	BUSHING	2
142	SPRING CLIP	1
143	L PIN	1



(141)



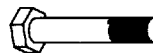
(142)



(143)

NO.	DESCRIPTION	QTY.
-----	-------------	------

151	1/2" X 3-1/8" HEX HEAD BOLT	1
152	1/2" X 12 MM NYLON NUT	1
153	1/2" WASHER	2



(151)



(152)



(153)

