



## **EMS RESISTANCE SYSTEM**

The electromagnetic resistance system (EMS) allows a very precise, progressive and immediate regulation of intensity.



## CONNECTIVITY

It has an FTP test to calculate the watt threshold, a 5KHz Polar telemetric pulse receiver and a Bluetooth FTMS module that enables full compatibility with leading cycling simulators.



## INTEGRATED SHIFTING

Handlebar shifting has a practical function: giving the user the ability to change resistance without changing their posture.



## GEOMETRY

The V-frame design allows the bike to fit sizes from S to XL, ensuring the highest degree of performance during exercise.



## BHFITNESS

REF: **H9365** EAN: **8431284966478** 









#### Instantaneous values

The first screen displays instant exercise data.

## Percentage values

The second screen shows percentages for the FTP test.



## Average values

A third screen shows the average values for the current session.

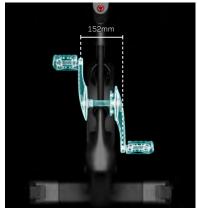


## Maximum values

The last screen offers the user the maximum values obtained during training.

## **Q FACTOR**

The Exercycle has a Q factor of 152 which allows the position of the legs during pedalling to be the same as that of the road bike, while allowing the user to generate maximum force with each pedal stroke.



#### ADJUSTABLE CRANK

Adjustable bracket crank allowing the three positions for pedal mounting.



# **BH**FITNESS

42 cm

Length	140-144 cm
Width	61 cm
Height	114-136 cm
Weight	48,6 Kg
Flywheel	11 Kg EMS
Resistance System	Electromagnetic EMS
Connectivity Compatible wi	th iOS, Mac OS and Android Bluetooth FTMS
Compatible Apps	A 2 K
Transmission	Heavy duty belt with automatic tensioner
Gradient	0-25%
Maximum Watts	1500W real*
Resistance levels	24

\*Watts obtained in realistic developments.

## Size and measurements

Q Factor	152 mm	
Power adjustment	2 positions	
Shifting	Electronic sequential shifting on levers and monitor	
Saddle	BH ergo-g ng afm cromo	
Pedals	Wellgo wpd 981 mixed	
Interchangeable pedals and saddle Yes		
Adjustable cranks	Yes	
Transport wheels	Rollers	
Max user weight	150 Kg	
Use fr <b>e</b> quency	Intensive	
Tablet/mobile holder	Up to 12,9"	
Emergency Button	Yes	

Handlebar width

