



Read these safety instructions carefully before using the bellicon for the first time and familiarise other users of the mini-trampoline with these instructions.

1.

Installation site

Make sure there is enough space when setting up the bellicon. During training, sweeping movements in all directions are possible, which can also extend beyond the edge of the apparatus or towards the ceiling. Never exercise near furniture with sharp edges or other furnishings, including hanging objects such as lamps. The bellicon should always stand on a solid surface with all six legs. Any unevenness in the floor must be compensated for by a suitable, non-slip material.

On wooden floors, the abrasion of moving rubber caps may cause discoloration. If the bellicon has been standing on an oiled/waxed wooden floor in the same place for a longer period of time, discoloration may occur due to a reaction with the applied sealant or wood care products. Please follow the manufacturer's instructions for use. The mat must never be used when wet.

2.

Jumping zone

Only one person is allowed to exercise on the bellicon at a time. Always stand and exercise within the colored decorative ring on the standard mat. The area outside this ring does not serve as a workout area. The comfort mat with padded edge can be used as a workout surface. However, jumping on the very edge of the mat should be avoided here as well, so that you don't accidentally slip into the bungee ropes.

WARNING: Never attempt somersaults or high jumps (jumps from a height of > 30 cm with an extended posture and > 50 cm with bent legs) on the mini-trampoline! You risk serious injury and will strain the trampoline.

3. Weight load

The recommended maximum user weight depends on the bungee ring strength:

- Light: User weight max. 60 kg
- Medium: User weight max. 90 kg
- Strong: User weight max. 120 kg
- Extra strong: User weight max. 150 kg
- Ultra strong: User weight max. 200 kg

Exercising with additional weights > 2 kg (e.g. dumbbells, weight cuffs or balls) is at your own risk and discretion. Since the total weight of the load increases with the use of additional accessories and the bungee rings are stretched more, a stronger bungee ring strength may be required to avoid hitting the ground with your feet.

4. Temperature

The trampoline must not be placed near heat sources such as stoves, radiators or fires. Ensure a distance of at least 2 m between the trampoline and heat sources. The bungee ropes become less elastic at very low temperatures and wear out more quickly. Therefore, do not use the bellicon in cold temperatures. We recommend an ambient temperature for the trampoline of minimum 10°C to maximum 40°C.

5. Humidity and sunlight

The trampoline is not suitable for storage or use in water or rain. The mat and bungee rings are not permanently weather resistant (e.g. rain or sun). If you have chosen a trampoline with a stainless steel frame, the frame is protected against rust, but it is not suitable for use underwater or in a swimming pool. Both the steel and stainless steel frames are not protected against chemicals such as chlorine. Chlorine also corrodes the bungee ropes and mats and reduces their durability.

6. Warranty

The warranty periods start from the conclusion of the contract and are for the individual trampoline components:

Frame: 7 years | Mats: 3 years | Bungees: 2 years

For all components and accessories not mentioned above, the statutory warranty applies.